

PTSD:HELP

Meet Veterans with PTSD who want to help you turn your life around at AboutFace. AboutFace is a video gallery of Veterans who tell how PTSD changed their lives, and how treatment has helped them get back on track.

http://www.ptsd.va.gov/public/about_face.html

“I was afraid of being labeled that I had mental problems.” Navy Veteran Richard Adams overcame this concern, got help for PTSD, and is better for it. He now says: “The help’s there and you deserve it.” Watch him on AboutFace. This online gallery with video profiles of Veterans who have turned their lives around through PTSD treatment was created by the National Center for PTSD. Share the voices of these Veterans.

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If you think you might have PTSD, you may feel like you’re the only one out there who knows how much it hurts. Hear from others who talk about living with PTSD. Learn how they have turned their lives around through PTSD treatment at AboutFace. You are not alone. http://www.ptsd.va.gov/public/about_face.html

For some people, it takes a crisis to make the decision to get into PTSD treatment. For others, they slowly come to realize it’s the right thing to do. How about you? Find out if you or someone you know should be seeking treatment now. Hear from Veterans with PTSD at AboutFace. PTSD treatment can help.

http://www.ptsd.va.gov/public/about_face.html

Post targeted to providers

Show your clients how Veterans with PTSD have turned their lives around. AboutFace, an interactive online gallery of candid testimonials can be a useful educational tool. Hear from those who have been there.

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Tweets:

Learn about #PTSD from Veterans who have been there and turned their lives around: AboutFace.

<http://owl.li/d9Sql>

Hear stories from trauma survivors like you. #AboutFace can help you turn your life around. <http://owl.li/d9Sql>

#PTSD can be hard on your family. Meet Veteran Sara Humphries who knows how hard. Yet she turned her life AboutFace. <http://owl.li/d9Sql>

Trauma survivors can make an #AboutFace: View US Veterans talking about getting help & overcoming PTSD.

<http://owl.li/d9Sql>

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