



**April 2025**  
**Glen Cove Senior Center**  
**130 Glen Street, Glen Cove, NY 11542**  
**516-759-9610**



**Nassau County Office for the Aging**  
This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging, the U. S. Administration on Aging and the City of Glen Cove

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b><u>MARK YOUR CALENDARS:</u></b> <b>4/1 – PAJAMA DAY</b> <b>4/7 – MOLLOY COMMUNITY CARE CLINIC</b> <b>4/10 – INTERGENERATIONAL DISCUSSIONS</b> <b>4/15 – SPORT DAY</b> <b>4/18 – APRIL BIRTHDAY'S CELEBRATION</b> <b>4/21 – EASTER LUNCHEON</b> <b>4/22 – EARTH DAY SEA LIFE TOUCH TANK</b> <b>4/30 – DOMINOES TOURNAMENT</b>	<b>PAJAMA DAY</b> 9:05 – Brain Booster Club 10:00 – Painting & Drawing w/ Chuck 11:00 – Bereavement with COMHPS 11:00 – Trivia 11:00 – Total Body Fitness w/ Marvin 1:00 – Canasta, Mahjong, & Bridge <b>1:00 – JEOPARDY GAME SHOW</b> 2:00 – Bingo & Ping Pong	9:05 – Seniorobics w/ Fran 9:05 – Crocheting with Friends <b>10:00 – 12:00 – TECH ASSISTANCE W/Smart Van</b> 10:15 – Stretching & Strength Training w/ Nick 11:00 – Rummikub Club <b>1:00 – HOMECARE WORKSHOP W/ Q&amp;A</b> 1:00 – Chair Yoga w/ Nilo 1:00 – Canasta, Mahjong, & Bridge 2:00 – Bingo	9:05 – Brain Booster Club 10:00 – Card & Board Games 10:30 – Exercise w/ YMCA <b>10:30 – CC Board Meeting</b> <b>11:30 – DRUM CIRCLE</b> 1:00 – Canasta & Mahjong 1:15 – Food Shopping <b>1:30 – Centre Club</b> 2:00 – Billiards Club	9:05 – Seniorobics w/ Fran 9:05 – Crocheting w/ Friends <b>10:30 – SITE COUNCIL MEETING</b> <b>11:00 – BOOK CLUB</b> 11:00 – Trivia 11:00 – Rummikub Club 11:00 – Stretching & Meditation w/ Nick 1:00 – Bingo & Canasta 1:15 – Line Dancing 2:30 – Tai Chi w/ Spencer
9:05 – Brain Booster Club 9:05 – Crocheting w/ Friends <b>10:00-12:00 – MOLLOY COMMUNITY CARE CLINIC</b> 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club 1:00 – Bingo, Canasta, Mahjong, & Bridge 1:00 – Bingo 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:30 – Tai Chi w/ Spencer	9:05 – Brain Booster Club 10:00 – Painting & Drawing w/ Chuck 11:00 – Trivia 11:00 – Total Body Fitness w/ Marvin <b>1:00 – NUTURING HEARTS &amp; MINDS LECTURE</b> Sponsored By: <b>COMMUNITY MINDS</b> 1:00 – Canasta, Mahjong & Bridge <del>2:00 – Ping Pong</del> 2:00 – Bingo <b>2:00 – CREATIVE WRITING w/ Evelyn</b> <b>2:30 – INTERACTIVE LIVE TOUR: MEXICO</b>	<b>MACBETH &amp; SHEN YUN TRIP</b> 9:05 – Seniorobics w/ Fran 9:05 – Crocheting with Friends 10:15 – Stretching & Strength Training w/ Nick 11:00 – Rummikub Club 1:00 – Chair Yoga w/ Nilo 1:00 – Canasta 1:00 – Mahjong & Bridge 1:00 – Bingo	9:05 – Brain Booster Club <b>10:00 – INTERGENERATIONAL DISCUSSIONS FA</b> 10:30 – Exercise w/ YMCA <b>11:00 – American Legion Meeting</b> <b>1:00 – RETRO FITTING HOUSING WORKSHOP</b> 1:15 – Canasta 1:00 – Mahjong 1:15 – Food Shopping 2:00 – Billiards Club	9:05 – Seniorobics w/ Fran 9:05 – Crocheting w/ Friends <b>10:15 – BALANCE &amp; FALL PREVENTION WORKSHOP w/ Northwell Health</b> 11:00 – Trivia 11:00 – Rummikub Club 11:00 – Stretching & Meditation w/ Nick 1:00 – Bingo & Canasta 1:15 – Line Dancing 2:30 – Tai Chi w/ Spencer
9:05 – Brain Booster Club 9:05 – Crocheting w/ Friends 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club <b>11:15 – VIDEO MEDITATION</b> 1:00 – Canasta, Mahjong, & Bridge <b>1:00 – NUTRITION LECTURE</b> 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:00 – Bingo 2:30 – Tai Chi w/ Spencer	<b>SPORT DAY</b> 9:05 – Brain Booster Club 10:00 – Painting & Drawing w/ Chuck <b>10:45 – MINISERIES</b> 11:00 – Bereavement with COMHPS 11:00 – Trivia 11:00 – Total Body Fitness w/ Marvin <b>1:00 – RECYCLING CRAFT PROJECT AGE FRIENDLY</b> 1:00 – Bingo, Canasta, Mahjong & Bridge 2:00 – Ping Pong	9:05 – Seniorobics w/ Fran 9:05 – Crocheting with Friends <b>10:00 – 12:00 – TECH ASSISTANCE W/Smart Van</b> 10:15 – Stretching & Strength Training w/ Nick 11:00 – Rummikub Club <b>11:00 – INTERACTIVE LIVE TOUR: CROATIA</b> 1:00 – Chair Yoga w/ Nilo 1:00 – Bingo, Canasta, Mahjong & Bridge <b>1:00 – LILA</b>	<b>9:00 – WALK WITH A DOC – Boys/Girls Club</b> 9:05 – Brain Booster Club <b>9:30 – 12:00 – SNAP By Appointment</b> <b>10:00 – INTERACTIVE LIVE TOUR: FRANCE</b> <b>10:30 – CC Board Meeting</b> 10:30 – Exercise w/ YMCA 1:00 – Canasta & Mahjong 1:15 – Food Shopping <b>1:30 – Centre Club</b> 2:00 – Billiards Club	<b>9:05 – 12:00 HEALTH ASSESSMENTS</b> 9:05 – Seniorobics w/ Fran 9:05 – Crocheting w/ Friends <b>10:00-11:30 – SEWING CLUB w/ Stephanie</b> 11:00 – Trivia 11:00 – Rummikub Club 11:00 – Stretching & Meditation w/ Nick <b>12:45 – APRIL BIRTHDAY'S CELEBRATION</b> 1:15 – Canasta 1:15 – Line Dancing 1:15 – Bingo 2:30 – Tai Chi w/ Spencer
9:05 – Brain Booster Club 9:05 – Crocheting w/ Friends 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club <b>12:00 – EASTER LUNCHEON</b> <b>1:15 – MOCKTAIL &amp; MINGLE</b> Sponsored By: <b>SUNRISE OF GLEN COVE</b> 1:00 – Canasta, Mahjong, & Bridge 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:00 – Bingo 2:30 – Tai Chi w/ Spencer	9:05 – Brain Booster Club 10:00 – Painting & Drawing w/ Chuck 11:00 – Trivia 11:00 – Total Body Fitness w/ Marvin 1:00 – Canasta, Bridge, & Mahjong <b>1:00 – EARTH DAY SEA LIFE TOUCH TANK</b> Sponsored By: <b>PARKER JEWISH HEALTH &amp; REHAB</b> 2:00 – Bingo <del>2:00 – Ping Pong</del> <b>2:00 – CREATIVE WRITING w/ Evelyn</b>	<b>BOTANICAL GARDENS TRIP</b> 9:05 – Seniorobics w/ Fran 9:05 – Crocheting with Friends 10:15 – Stretching & Strength Training w/ Nick 11:00 – Rummikub Club 1:00 – <b>THEFT PREVENTION LECTURE</b> w/ <b>NYS Consumer Protection</b> 1:00 – Chair Yoga w/ Nilo 1:00 – Canasta, Mahjong, & Bridge 2:00 – Bingo	9:05 – Brain Booster Club 10:00 – Card & Board Games 10:30 – Exercise w/ YMCA <b>10:30 – ARTS &amp; CRAFTS CLUB w/ Marjorie</b> 1:00 – Canasta 1:00 – Mahjong <b>1:00 – MOVIE</b> 1:15 – Food Shopping 2:00 – Billiards Club	9:05 – Seniorobics w/ Fran 9:05 – Crocheting w/ Friends <b>10:15 – FUNday</b> 11:00 – Trivia 11:00 – Rummikub Club 11:00 – Stretching & Meditation w/ Nick 1:00 – Bingo & Canasta <b>1:15 – PAINT PARTY w/ Alicia</b> 1:15 – Line Dancing 2:30 – Tai Chi w/ Spencer
9:05 – Brain Booster Club 9:05 – Crocheting w/ Friends <b>10:00 – 12:00 - HAIRCUTS w/ Rose (Appt. Only)</b> 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club <b>11:15 – VIDEO MEDITATION</b> <b>1:00 – MATH IS FUN PART 9 w/ Frank DeMita</b> 1:00 – Canasta, Mahjong, & Bridge 1:15 – ZUMBA w/ Nilo 1:15 – Food Shopping 2:00 – Bingo 2:30 – Tai Chi w/ Spencer	9:05 – Brain Booster Club 10:00 – Painting & Drawing w/ Chuck <b>10:45 – MINISERIES</b> 11:00 – Trivia 11:00 – Bereavement with COMHPS 11:00 – Total Body Fitness w/ Marvin 1:00 – Canasta, Bridge, & Mahjong <b>1:00 – STROKE PREVENTION LECTURE</b> 2:00 – Bingo & Ping Pong	9:05 – Seniorobics w/ Fran 9:05 – Crocheting with Friends 10:15 – Stretching & Strength Training w/ Nick <b>10:30 – DOMINOES TOURNAMENT</b> <b>1:00 – CARING FOR CAREGIVERS LECTURE</b> 1:00 – Chair Yoga w/ Nilo 1:00 – Canasta 1:00 – Mahjong & Bridge 2:00 – Bingo	<b>TRIPS ON SALE NOW:</b> <b>5/6 – Greenwood Cemetery w/ Lunch</b> <b>5/12 – Greenwood Cemetery Trip #2</b> <b>5/14 – Fiddler on the Roof Musical</b> <b>6/4 – Half Time Musical</b> <b>6/11 – South Pacific Musical</b> <b>6/12 – NY Mets Game</b> <b>6/25 – Fishing Charter</b> <b>7/16 – Spirit of NY Cruise</b>	<b>TRIPS ON SALE NOW:</b> <b>7/30 – Music Man Musical</b> <b>8/1 – Essex Steam Train &amp; Riverboat</b> <b>8/6 – Walt Whitman w/ Lunch</b> <b>9/9 – East End Winery Trip w/ Lunch</b> <b>9/16 – Riverhead Aquarium</b> <b>9/24 – Italian American Museum</b> <b>10/9 – The Great Gatsby Broadway</b> <b>10/15 – Resorts World Show &amp; Buffet</b>