

**April 2025**

**Herricks Senior Community Service Center  
999 Herricks Rd, New Hyde Park, NY 11040  
(516) 305-8976**



**Nassau County Office for the Aging**

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Carol, Angela, Lynn, Kim and Joyce WELCOME YOU to Herricks Senior Center</p>	<p>1 <b>9:15</b> Aerobics w/ Doris 10:30 Bingo 11:30 Lunch Hot: Swedish meatballs Cold: Egg Salad on wheat 12-2 Ceramics/Painting w/Val 12:45 Chair Yoga w/ Connie</p>	<p>2  PROGRAM CLOSED</p>	<p>3  PROGRAM CLOSED</p>	<p>4 9:00 Corn Hole, Horseshoes Knock Hockey 10:00 Chair Yoga You Tube 10:00 Canasta <b>11:00 Site Council</b> 11:30 Lunch Hot: Breaded Fish Cold:Ham/Cheese on rye 12:45 Tai Chi w/ Joe</p>
<p>7 9:00 Adelphi Nurses 9:15 Dance Fitness w/Elaine 10:15 Herricks Singers w/ Frank 11:30 Lunch Hot: Chicken Francesse Cold: Tuna on Rye 12:45 Arthritis Exercise with Barrie</p>	<p>8 <b>9:15</b> Aerobics w/ Doris 10:30 Bingo 11:30 Lunch Hot: Kielbasa w/ sauerkraut Cold: Chicken salad on wheat 12-2 Ceramics/Painting w/Val 12:45 Chair Yoga w/ Connie</p>	<p>9  PROGRAM CLOSED</p>	<p>10  PROGRAM CLOSED</p>	<p>11 9:00 Corn Hole, Horseshoes Knock Hockey 10:00 Chair Yoga 10:00 Canasta <b>11:00 Birthday Entertainment</b> 11:30 Lunch Hot: Veggie Burger Cold: Seafood salad/tortilla 12:45 Tai Chi w/ Joe <b>HAPPY PASSOVER</b></p>
<p>14 9:00 Adelphi Nurses 9:15 Dance Fitness w/Elaine 10:15 Herricks Singers w/ Frank <b>11:00 Volunteer Recognition</b> 11:30 Lunch Hot: Chicken Parmigiana w/pasta Cold: Ham &amp; cheese on Wheat 12:45 Arthritis Exercise with Barrie</p>	<p>15 <b>9:15</b> Aerobics w/Doris 10:30 Bingo 11:30 Lunch Hot: Roast chicken w/gravy Cold: Tuna on Rye 12-2 Ceramics/Painting w/Val 12:45 Chair Yoga w/ Connie</p>	<p>16  PROGRAM CLOSED</p>	<p>17  PROGRAM CLOSED</p>	<p>18  PROGRAM CLOSED GOOD FRIDAY <b>HAPPY EASTER</b></p>

Monday	Tuesday	Wednesday	Thursday	Friday
<div>21</div> <p>9:00 Adelphi Nurses 9:15 Line Dancing w/Amy 10:15 Herricks Singers w/ Frank 11:30 Lunch Hot: Breaded chicken cutlet w/gravy Cold: Seafood Salad/tortilla 12:45 Arthritis Exercise with Barrie</p>	<div>22</div> <p><b>9:15</b> Aerobics w/Doris 10:30 Bingo 11:30 Lunch Hot: Sausage/Peppers/pasta/sauce Cold: Sliced Turkey /wheat 12-2 Ceramics/Painting w/Val 12:45 Chair Yoga w/ Connie</p>	<div>23</div> <p>PROGRAM CLOSED</p>	<div>24</div> <p>PROGRAM CLOSED</p>	<div>25</div> <p>9:00 Corn Hole, Horseshoes Knock Hockey 10:00 Chair Yoga 10:00 Canasta <b>11:00 Nutrition Education</b> 11:30 Lunch Hot: Chili w/beef &amp; beans Cold: Egg Salad w/ tortilla <b>11:45 Laurie on piano</b> 12:45 Tai Chi w/ Joe</p>
<div>28</div> <p>9:00 Adelphi Nurses 9:15 <b>NO</b> Line Dancing <b>NO</b> 10:15 Herricks Singers w/ Frank <b>11:00 JCC Senior Support Programs</b> 11:30 Lunch Hot: Jumbo Ravioli w/marinara Cold: Seafood salad/tortilla 12:45 Arthritis Exercise with Barrie</p>	<div>29</div> <p><b>9:15</b> Aerobics w/ Elaine 10:30 Bingo 11:30 Lunch Hot: Hamburger Cold: Ham/cheese on wheat 12-2 Ceramics/Painting w/Val 12:45 Chair Yoga w/ Connie</p>	<div>30</div> <p>PROGRAM CLOSED</p>		<p>View Herricks SCSC calendar at <a href="http://www.herricks.org/more/community">www.herricks.org/more/community</a></p>



**BRUCE A. BLAKEMAN**  
NASSAU COUNTY EXECUTIVE

**WELCOME TO HERRICKS SCSC !! ENTER** Door #10 on TALBOT ST. Ring the doorbell on brick wall to the left of Door #10. We are nondenominational open to seniors (60+) residing in Nassau County.  
**HOURS** of Program: Monday, Tuesday, Friday 9:00-2:00. Staff 9-3

**LUNCH:** \$3.00 suggested contribution each meal. Avoid the waitlist by registering for lunch 4-5 days in advance either in person or by calling 305-8976. Vegetarian meals available upon advanced request.

**EXERCISE/CREATIVE CLASSES:** \$2.00 suggested contribution each class. **TRANSPORTATION:** \$2.00 suggested contribution ROUND TRIP from home to center from Albertson, Williston Park, East Williston, Garden City Park, Mineola, New Hyde Park, Searingtown & Roslyn

**Site Council Friday 4/4 at 11:00; Birthday Entertainment w/Peter & Eileen Friday 4/11 at 11:00; Volunteer Recognition Monday 4/14 at 11:00; Nutrition Education Friday 4/25 11:00; Laurie on piano Friday 4/25 11:45.**