

**April 2025**

**Hempstead Senior Community Service Center**  
**24 Clinton C Boone Place, Hempstead, NY 11550**  
**516-565-1568**



# **Nassau County Office for the Aging**

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

 <p>Best Easter Wishes</p> <p>May the gifts of Easter Cause you much delight.</p> <p>And the sun of Easter Make your pathway bright. xox</p>	<p><b>Shopping Trip to Wester Beef Supermarket</b> 1</p> <p>10:00 Social Hour, Cards, Games, Coffee <b>11:00 Chorus w/ Frank</b> 12:00 Lunch 12:30 Announcement <b>12:45 Trip to Western Beef Supermarket</b></p>	<p>2</p> <p>10:00 Social Hour, Cards, Games, Coffee <b>10:45 Tai Chi w/ John</b> 11:45 Announcements 12:00 Lunch <b>12:45 Exercise w/ Robin</b></p>	<p>3</p> <p>10:00 Social Hours, Cards Games, Coffee <b>10:45 Line Dancing w/ Sandra</b> 11:45 Announcements 12:00 Lunch <b>12:45 Yoga W/ Dominick</b></p>	<p><b>LET'S LEARN ABOUT SCAMS</b> 4</p> <p>10:00 Social Hour, Cards, Games, Coffee <b>10:30 Volunteer Program AHRC Nassau</b> <b>11:00 Exercise w/ Sandra</b> 12:00 Lunch <b>1:00 - 2:00 Presentation on Scams by Consumer Education Community Liaison</b> <b>NYS Division of Consumer Protection</b></p>
<p><b>Wear your Pajama Day</b> 7</p> <p>10:00 Social Hour, Cards, Games, Coffee <b>10:45 Yoga with Connie</b> 11:45 Announcements 12:00 Lunch <b>12:45 Sculpture Class w/ Veronica</b> <b>1:00 Hot chocolate Time</b></p>	<p><b>Island Harvest CSFP Program Delivery</b> 8</p> <p>10:00 Social Hour, Cards, Games, Coffee <b>11:00 Chorus w/ Frank</b> 12:00 Lunch 12:30 Announcement <b>1:00 Exercise w/ Sheila</b></p>	<p>9</p> <p>10:00 Social Hour, Cards, Games, Coffee <b>10:45 Tai Chi w/ John</b> 11:45 Announcements 12:00 Lunch <b>12:45 Exercise w/ Robin</b></p>	<p>10</p> <p><b>Let's Celebrate Spring at Lynbrook Restorative therapy &amp; Nursing</b></p> <p>10:00 Social Hours, Cards Games, Coffee <b>11:00 – 1:30 Spring Flowers Luncheon, music, Dancing</b></p>	<p><b>CORNEL</b> 11</p> <p>10:00 Social Hour, Cards, Games, Coffee <b>10:30 Volunteer Program AHRC Nassau</b> <b>11:00 Exercise w/ Sandra</b> 12:00 Lunch <b>1:00 -2:00 CORNELL Nutrition Myths VS. Facts</b></p>
<p><b>ARTS &amp; CRAFTS DAY</b> 14</p> <p>10:00 Social Hour, Cards, Games and Coffee <b>10:45 Yoga w/ Connie</b> 11:45 Announcements 12:00 Lunch <b>12:30 – 2 Sculpture w/ Veronica</b> <b>1:00 Arts &amp; Crafts OR Game with Debra from Community Mental Health Promotion and Support</b></p>	<p><b>Trip to Flamming Grill Buffet Lunch</b> 15</p> <p>10:00 Social Hour, Cards, Games, Coffee <b>11:00 Chorus w/ Frank</b> <b>11:45 – 2:00 Trip to Flamming Grill Restaurant</b></p>	<p>16</p> <p>10:00 Social Hour, Cards, Games, Coffee <b>10:45 Tai Chi w/ John</b> 11:45 Announcements 12:00 Lunch <b>12:45 Exercise w/ Robin</b></p>	<p>17</p> <p>10:00 Social Hours, Cards Games, Coffee <b>10:45 Line Dancing w/ Amy</b> 11:45 Announcements 12:00 Lunch <b>12:45 Yoga W/ Dominick</b></p>	<p><b>HAPPY BIRTHDAY!</b> 18</p> <p><b>BINGO with Dennise</b></p> <p>10:00 Social Hour, Cards, Games, Coffee <b>10:30 Volunteer Program AHRC Nassau</b> <b>11:00 Exercise w/ Sandra</b> 12:00 Lunch <b>1:00 - 2:00 bingo W/ Denisse Lynbrook Restorative</b></p>

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Spanish Lesson</b> 21 <b>Breakfast Time</b> 10:00 Social Hour, Cards, Games, Coffee <b>and Parfaits</b> <b>10:45 Yoga with Connie</b> 11:45 Announcements 12:00 Lunch <b>12:45 Sculpture Class w/ Veronica</b> <b>1:00 Spanish w/ Olga</b>	<b>Shopping Trip to Target</b> 22 10:00 Social Hour, Cards, Games, Coffee <b>11:00 Chorus w/ Frank</b> 12:00 Lunch 12:30 Announcement <b>12:45 Shopping Trip to Target</b>	23 10:00 Social Hour, Cards, Games, Coffee <b>10:45 Tai Chi w/ John</b> 11:45 Announcements 12:00 Lunch <b>12:45 Exercise w/ Robin</b>	24 10:00 Social Hours, Cards Games, Coffee <b>10:45 Line Dancing w/ Sandra</b> 11:45 Announcements 12:00 Lunch <b>12:45 Yoga W/ Dominick</b>	<b>SITE COUNCIL</b> 25 <b>Karaoke Time</b> 10:00 Social Hour, Cards, Games, Coffee <b>10:30 Volunteer Program</b> <b>AHRC Nassau</b> <b>10:30 Site Council Meeting</b> <b>11:00 Exercise w/ Sandra</b> 12:00 Lunch <b>1:00 Karaoke Time</b>
<b>Spanish Lesson</b> 28 <b>Breakfast Time</b> 10:00 Social Hour, Cards, Games, Coffee <b>and Parfaits</b> <b>10:45 Yoga with Connie</b> 11:45 Announcements 12:00 Lunch <b>12:45 Sculpture Class w/ Veronica</b> <b>1:00 Spanish w/ Olga</b>	29 10:00 Social Hour, Cards, Games, Coffee <b>11:00 Chorus w/ Frank</b> 12:00 Lunch 12:30 Announcement <b>1:00 Exercise w/ Sheila</b>	30 10:00 Social Hour, Cards, Games, Coffee <b>10:45 Tai Chi w/ John</b> 11:45 Announcements 12:00 Lunch <b>12:45 Exercise w/ Robin</b>	<b>FOR YOUR INFORMATION</b> <b>Pajama Day 4/6</b> <b>Palms Sunday 4/12</b> <b>Good Friday 4/18</b> <b>Easter 4/20</b> <b>Earth Day 4/22</b> <b>Spanish Language Day 4/23</b>	<b>Happy Birthday to all April Birthdays</b> 



**BRUCE A. BLAKEMAN**  
NASSAU COUNTY EXECUTIVE

Hours of Operation: **8:30- 4:00**

Meals suggested contribution: **\$3.00**

Transportation suggested contribution: **\$1.00**

Exercise suggested contribution: **\$2.00**

Site Council Meeting: **4/25/25**

Birthdays Celebration: **4/18/25**

**RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.**