

March 2025

**Bethpage Senior Community Center
103 Grumman Road West, Bethpage, NY 11714
(516) 571-9910**



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>	<p>Sagamore Pioneers 9am – 1pm Retired Telephone Operators Club</p> <p>1pm Alzheimer's Association of America presents: Dementia-Related Illnesses: Beyond Signs and Symptoms</p>	<p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p>Zumba 1pm – 2pm</p> <p>Dance & Movement 2:30pm – 3:30pm</p> <p>Model A Ford Club 7:00pm</p>	<p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p>9:30am – 10:30am Chair Yoga</p> <p>11:00am Lunch & Learn *Reservations Required*</p>
10	11	12	13	14
<p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>	<p>St. Pius X Seniors 10am – 1pm Speaker/Entertainment *This club has a wait list*</p> <p>2:30pm – 3:30pm Discover Live Virtual Tour of Lima, Peru</p>	<p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p>Zumba 1pm – 2pm</p> <p>Dance & Movement 2:30pm – 3:30pm</p> <p>Capt. Kathy Mazza Lodge 2163A - 7:00pm</p>	<p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p>9:30am – 10:30am Chair Yoga</p> <p>11:30am Senior Veterans Lunch *Reservations Required*</p>
17	18	19	20	21
<p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>	<p>St. Pius X Seniors 10am – 1pm Speaker/Entertainment *This club has a wait list*</p>	<p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p>Zumba 1pm – 2pm</p> <p>Colorectal Cancer Awareness Catholic Health Presentation 2:00pm</p>	<p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p>12pm – 2:00pm Memory Café *Reservations Required*</p>

Monday	Tuesday	Wednesday	Thursday	Friday
24	25	26	27	28
<p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>	<p>Indian-American Forum 10am – 2:30pm</p>	<p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p>Zumba 1pm – 2pm</p> <p>Capt. Kathy Mazza Lodge 2163A - 7:00pm</p>	<p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p>11:30am NY Senior Softball Association (NYSSA) Luncheon</p>
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<p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>				



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE