

Sunday, February 23, 2025

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

- Excel Swimming: 9 am-10:30 am = Lanes 5-10
- “Learn to Dive”: 9 am-10 am = Platform only
10 am-11 am = 1 meter & 3 meter boards only
11 am-12 pm = Platform only
- Nassau LG test: 10 am-1 pm = Dive lanes 1-4
- St. Bernard’s CYO: 10:30 am-12 pm = Lanes 5-10
- Long Island Diving: 12 pm-3 pm = All boards
- SCUBA: 1 pm-3:30 pm = Dive lanes 1-4
- Swim Meet: 2:30 pm-5:30 pm = Lanes 1-10**
- High Dive Champions: 4 pm-5 pm = 1 meter boards only
5 pm-6 pm = 1 & 3 meter boards only

D	D	D	D	D	D	D	D	1	LANE 10	2	P	P	P	P	P	P	P	P				
I	I	I	I	I	I	I	I	B U L K H E A D	LANE 9	B U L K H E A D S	U	U	U	U	U	U	U	U				
V	V	V	V	V	V	V	V		LANE 8		L	L	L	L	L	L	L	L	L	L	Moveable Floor Section	
E	E	E	E	E	E	E	E		LANE 7		I	I	I	I	I	I	I	I	I	I		
L	L	L	L	L	L	L	L		LANE 6		C	C	C	C	C	C	C	C	C	C		
A	A	A	A	A	A	A	A		LANE 5		L	L	L	L	L	L	L	L	L	L		
N	N	N	N	N	N	N	N		LANE 4		A	A	A	A	A	A	A	A	A	A		
E	E	E	E	E	E	E	E		LANE 3		N	N	N	N	N	N	N	N	N	N		
									LANE 2		E	E	E	E	E	E	E	E	E	E		
									LANE 1													
8	7	6	5	4	3	2	1						#1	#2	#3	#4	#5	#6	#7	#8		RAMP

Public/Member swim lane availability:

- 9 am-10 am = **14 lanes available** (Lanes 1-4, DL 1-4 & 6 public lanes available)
- 10 am-12 pm = **10 lanes available** (Lanes 1-4 & 6 public lanes available)
- 12 pm-2:30 pm = **16 lanes available** (Lanes 1-10 & 6 public lanes available)
- 2:30 pm-6 pm = **6 lanes available** (6 public lanes available)

All times, availability and lane assignments are subject to change.

Please note: the dive pool, jacuzzi & suana are closed 2:30pm-6pm