

February 2025

New Horizon Senior Community Service Center 1490 Broadway, Hewlett, NY
516-374-2670

Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><i>Meals suggested contribution: \$3.00</i> <i>Transportation suggested contribution: \$1.00</i> <i>Exercise suggested contribution: \$2.00</i></p> <p>PLEASE CALL TO RESERVE MEALS ATLEAST 24 HOURS IN ADVANCE</p>				
<p>3 9:30—Coffee, Word Puzzles and Discussion 10:00—Mahjong 101 11:00—Exercise w. Teena 12:00—Lunch 1:00—Book Club</p>	<p>4 9:30—Coffee, Word Puzzles and Discussion 10:00—Art w. Zach 10:15—Exercise w. Barrie 11:15—Trivia 11:15—Karaoke w. John 12:00—Lunch 1:00—Jewelry 1:00—Karaoke / Mahjong</p>	<p>5 9:30—Coffee, Word Puzzles, and Discussion 10:00—Karaoke w. Zach 11:00—Exercise w. Anne 12:00—Lunch 1:00—CANASTA 1:00—Painting w. Julie (Registration Required) 1:00— Movie “Love Switch”</p>	<p>6 9:30—Coffee, Word Puzzles and Discussion 9:45—Exercise with Teena 10:00— Karaoke w. John 11:00—Tai Chi 11:00—Scatagories 12:00—Lunch 1:00—Karaoke / Mahjong 2:00—Mahjong Continued</p>	<p>7 9:30-- Coffee, Word Puzzles and Discussion 10:15—Mahjong 101 Arts & Crafts, Yarn, Board Games 11-11:45—Exercise w. Marlyn 12:00— Lunch 1:15—Zumba w. Darrell</p>
<p>10 9:30— Coffee, Word Puzzles and Discussion 10:00— Art w. Zach 10:00— Mahjong 101 11:00—Exercise w. Teena 12:00—Lunch 1:00— Book Club</p>	<p>11 9:30—Coffee, Word Puzzles and Discussion 10:00—Art w. Zach 10:15— Exercise w. Barrie 11:15— You be the Judge 11:15— Karaoke w. John 12:00— Lunch 1:00— Karaoke / Mahjong</p>	<p>12 9:30— Coffee, Word Puzzles, and Discussion 10:00— Karaoke w. Zach 11:00— Exercise w. Anne 12:00— Lunch 1:00—CANASTA 1:00— Movie “Wicked”</p>	<p>13 9:30— Coffee, Word Puzzles and Discussion 9:45— Exercise with Teena 10:00— Karaoke w. John 11:00— Tai Chi 11:00— Cornell Nutrition Meeting 12:00— Lunch 1:00— Karaoke w. John 1:00—Valentine’s Art Class (Registration Required)</p>	<p>14 9:30— Coffee, Word Puzzles and Discussion 10:15—Mahjong 101 Arts & Crafts, Yarn, Board Games 12:00—2:00 Valentine’s Day Party (RSVP Required)</p>
<p>17 9:30—Coffee, Word Puzzles and Discussion 10:00—Mahjong 101 11:00—Exercise w. Teena 12:00—Lunch 1:00— Book Club</p>	<p>18 9:30—Coffee, Word Puzzles and Discussion 10:00— Art w. Zach 10:15—Exercise w. Barrie 11:00—Advisory Meeting 11:15— Karaoke w. John 12:00—Lunch 1:00—Jewelry 1:00—Karaoke / Mahjong</p>	<p>19 9:30—Coffee, Word Puzzles, and Discussion 10:00—Karaoke w. Zach 11:00—Exercise w. Anne 12:00—Lunch 1:00—CANASTA 1:00— Movie “Wicked” <i>Continued</i></p>	<p>20 9:30—Coffee, Word Puzzles and Discussion 9:45—Exercise with Teena 10:00— Karaoke w. John 11:00—Tai Chi 11:00—BINGO 12:00—Lunch 1:00—Karaoke / Mahjong</p>	<p>21 9:30—Coffee, Word Puzzles and Discussion 10:15 – Mahjong 101 Arts & Crafts, Yarn, Board Games 11-11:45—Exercise w. Marlyn 12:00—Lunch 1:15—Zumba w. Darrell</p>
<p>24 9:30—Coffee, Word Puzzles and Discussion 10:00—Art with Zach 10:00—Mahjong 101 11:00—Exercise w. Teena 12:00—Lunch 1:00—Book Club</p>	<p>25 9:30—Coffee, Word Puzzles and Discussion 10:00— Art w. Zach 10:15—Exercise w. Barrie 11:15—Karaoke w. John 12:00—Lunch 1:00—Karaoke / Mahjong</p>	<p>26 9:30—Coffee, Word Puzzles, and Discussion 10:00—Karaoke w. Zach 11:00—Exercise w. Anne 12:00—Lunch 1:00—CANASTA 1:00—Painting w. Julie (Registrants from first class) 1:00—Dance Party</p>	<p>27 9:30—Coffee, Word Puzzles and Discussion 9:45—Exercise with Teena 10:00— Karaoke w. John 11:00— Tai Chi 12:00—Lunch 1:00-- Karaoke w. John / Mahjong</p>	<p>28 9:30—Coffee, Word Puzzles and Discussion 10:15 – Mahjong 101 Arts & Crafts, Yarn, Board Games 11-11:45—Exercise w. Marlyn 12:00—Lunch 1:15—Zumba w. Darrell</p>