

February 2025

Herricks Senior Community Service Center
 999 Herricks Rd, New Hyde Park, NY 11040
 (516) 305-8976



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

<p>Carol, Angela, Lynn, Kim and Joyce WELCOME YOU to Herricks Senior Center</p>		<p>Join us for CHINESE NEW CELEBRATION with CHINESE DANCE PERFORMANCE on Feb. 10 @ 11:15</p>	<p>View Herricks SCSC calendar at www.herricks.org/more/ community</p>	<p>CLOSINGS DUE TO INCLEMENT WEATHER will be announced on Cablevision Ch .12, WNYW Ch. 5, NBC News 4 ABC Ch. 7 Website: www.herricks.org Verizon Fios Ch. 29 Radio CBS, HLI, 1010 WINS</p>
<p>3 9:15 Line Dancing w/ Amy 10:15 Herricks Singers w/ Frank 11:00 Site Council 11:30 Lunch Hot: Beef Stew Cold: Chicken Salad 12:45 Arthritis Exercise with Barrie</p>	<p>4 9:30 Aerobics w/ Doris 10:30 Bingo 11:30 Lunch Hot: Chicken Cutlet Cold: Ham on Rye 12-2 Ceramics/Painting w/Val 12:45 Chair Yoga w/ Dhara</p>	<p>5 PROGRAM CLOSED</p>	<p>6 PROGRAM CLOSED</p>	<p>7 9:00 Corn Hole, Horse shoes Knock Hockey 10:00 Chair Yoga w/ Dhara 10:00 Canasta 11:00 Nutrition Education 11:30 Lunch Hot:Ravioli/meat Sauce Cold; Tuna on Rye 12:45 Tai Chi w/ Joe</p>
<p>10 9:15 Line Dancing w/ Amy 10:15 Herricks Singers w/ Frank 11:15 Chinese Dancers Perform 11:30 Lunch Hot: TBA Cold: Tuna Salad / Rye 12:45 Arthritis Exercise with Barrie</p>	<p>11 9:30 Aerobics w/ SUB ?? 10:30 Bingo 11:30 Lunch Hot: Sausage/ Peppers/Onions/pasta Cold: Chicken Salad 12-2 Ceramics/Painting w/Val 12:45 Chair Yoga w/ Dhara</p>	<p>12 PROGRAM CLOSED</p>	<p>13 PROGRAM CLOSED</p>	<p>14 9:00 Corn Hole, Horse shoes, Knock Hockey 10:00 Chair Yoga w/ Dhara 10:00 Canasta 11:00 Entertainment by KAT 11:30 Lunch Hot:Pot Roast Cold: Egg salad/wheat 12:45 Tai Chi w/ Joe HAPPY VALENTINES DAY</p>

Monday	Tuesday	Wednesday	Thursday	Friday
17	18	19	20	21
PROGRAM CLOSED Presidents Day	9:30 Aerobics w/ SUB ?? 10:30 Bingo 11:30 Lunch Hot: Open faced Turkey/Rye w/ gravy Cold: Tuna on Rye 12-2 Ceramics/Painting w/Val 12:45 Chair Yoga w/ Dhara	PROGRAM CLOSED	PROGRAM CLOSED	9:00 Corn Hole, Horse shoes, Knock Hockey 10:00 Chair Yoga w/ Dhara 10:00 Canasta 11:00 Birthday Celebration 11:30 Lunch Hot: Chicken/Pasta w/ basil/tomato sauce Cold: Seafood Salad 12:45 Tai Chi w/ Joe
24	25	26	27	28
9:15 Line Dancing w/ SUB ?? 10:15 Herricks Singers w/ Frank 11:30 Lunch Hot: Chicken Parm/pasta/marinara Cold: Seafood Salad tortilla 12:45 Arthritis Exercise with Barrie	9:30 Aerobics w/ SUB ?? 10:30 Bingo 11:30 Lunch Hot: Beef Taco/cheese/L/T Cold: Egg Salad/wheat 12-2 Ceramics/Painting w/Val 12:45 Chair Yoga w/ Dhara	PROGRAM CLOSED	PROGRAM CLOSED	9:00 Corn Hole, Horse shoes, Knock Hockey 10:00 Chair Yoga w/ Dhara 10:00 Canasta 11:00 Laurie on piano 11:30 Lunch Hot: Breaded Fish Cold: Turkey/Rye 12:45 Tai Chi w/ Joe



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

WELCOME TO HERRICKS SCSC !! ENTER Door #10 on TALBOT ST. Ring the doorbell on brick wall to the left of Door #10. We are nondenominational open to seniors (60+) residing in Nassau County.
HOURS of Program: Monday, Tuesday, Friday 9:00-2:00. Staff 9-3

LUNCH: \$3.00 suggested contribution each meal. Avoid the waitlist by registering for lunch 4-5 days in advance either in person or by calling 305-8976. Vegetarian meals available upon advanced request.

EXERCISE/CREATIVE CLASSES: \$2.00 suggested contribution each class. **TRANSPORTATION:** \$2.00 suggested contribution ROUND TRIP from home to center from Albertson, Williston Park, East Williston, Garden City Park, Mineola, New Hyde Park, Searingtown & Roslyn

Site Council Monday 2/3 at 11:00; Chinese New Year Celebration w/ Dance Performance Mon. 2/10 at 11:00; Birthday Celebration Friday 2/21 at 11:00; Laurie on piano Friday 2/21 at 11:00