

# Monday, January 20, 2025

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming: 7:15 am-8:45 am = Dive lanes 4-10  
 Staff training: 9 am-2:30 pm = Public lanes #1-2  
 Hope Fitness: 3 pm-7 pm = Public lane #5  
 Manhasset HS: 5 pm-6:30 pm = Lanes 5-10

Dive Lane 10	2 B U L K H E A S	LANE 10	1 B U L K H E A D	P	P	P	P	P	P	P	
Dive Lane 9		LANE 9		U	U	U	U	U	U	U	
Dive Lane 8		LANE 8		B	B	B	B	B	B	B	
Dive Lane 7		LANE 7		L	L	L	L	L	L	L	
Dive Lane 6		LANE 6		I	I	I	I	I	I	I	Moveable
Dive Lane 5		LANE 5		C	C	C	C	C	C	C	Floor
Dive Lane 4		LANE 4		L	L	L	L	L	L	L	Section
Dive Lane 3		LANE 3		A	A	A	A	A	A	A	R
Dive Lane 2		LANE 2		E	E	E	E	E	E	E	A
Dive Lane 1		LANE 1		E	E	E	E	E	E	E	M
				#1	#2	#3	#4	#5	#6	#7	P

Public/Member swim lane availability:

6 am-7:15 am = **25 lanes available** (Lanes 1-10, DL 1-10 & 5 public lanes available)  
 7:15 am-9 am = **18 lanes available** (Lanes 1-10, DL 1-3 & 5 public lanes available)  
 9 am-2:30 pm = **23 lanes available** (Lanes 1-10, DL 1-10 & public lanes 3-5 available)  
 2:30 pm-3 pm = **25 lanes available** (Lanes 1-10, DL 1-10 & 5 public lanes available)  
 3 pm-5 pm = **24 lanes available** (Lanes 1-10, DL 1-10 & public lanes 1-4 available)  
 5 pm-7 pm = **18 lanes available** (Lanes 1-4, DL 1-10 & public lanes 1-4 available)

*All times, availability and lane assignments are subject to change.*

Please note: facility closes at 7pm today