

# Wednesday, January 22, 2025

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

## Team / Group Use Schedule:

Excel Swimming:	6 am-8:30 am = Dive lanes 5-10
	8:30 am-9 am = Dive lanes 6-10
Valley Stream HS:	3 pm-5 pm = Lanes 1-3
Bellmore-Merrick HS:	3:30 pm-5 pm = Lanes 7-10 & dive boards (DL 7-8)
Sewanhaka HS:	3:30 pm-5 pm = Dive lanes 1-4 & dive boards (DL 7-8)
South Side HS:	3:45 pm-5 pm = Lanes 4-6
Private lessons:	4 pm-5 pm = Public lane #1
Wantagh HS:	4:30 pm-6 pm = Dive lanes 6, 9-10 & dive boards (5-6p, DL 7-8)
Level 5 lessons:	5 pm-6 pm = Public lane #1
Manhasset HS:	5 pm-6:15 pm = Dive lanes 1-4
Level 5 lessons:	5 pm-6 pm = Public lane #1
L.I. Aquatic Club:	5 pm-8 pm = Lanes 1-10
Hope Fitness:	5 pm-8:30 pm = Public lane #5
Prep Class:	6 pm-7 pm = Public lane #1
St. Bernards CYO:	6:15 pm-7:45 pm = Dive lanes 1-6
Long Island Diving:	7 pm-9 pm = 1 meter dive boards (dive lanes 7-10)
Intermediate lessons:	7:30 pm-8:30 pm = Public lane #1
Total Masters Swimming:	7:45 pm-8:45 pm = Dive lanes 1-4

Dive Lane 10	2 B U L K H E A D S	LANE 10	1 B U L K H E A D	P	P	P	P	P	P	P	P
Dive Lane 9		LANE 9		U	U	U	U	U	U	U	U
Dive Lane 8		LANE 8		B	B	B	B	B	B	B	B
Dive Lane 7		LANE 7		L	L	L	L	L	L	L	L
Dive Lane 6		LANE 6		I	I	I	I	I	I	I	I
Dive Lane 5		LANE 5		C	C	C	C	C	C	C	C
Dive Lane 4		LANE 4		L	L	L	L	L	L	L	L
Dive Lane 3		LANE 3		A	A	A	A	A	A	A	A
Dive Lane 2		LANE 2		N	N	N	N	N	N	N	N
Dive Lane 1		LANE 1		E	E	E	E	E	E	E	E
				#1	#2	#3	#4	#5	#6	#7	

### Public/Member swim lane availability:

6 am-8:30 am =	<b>19 lanes available</b> (Lanes 1-10, DL 1-4 & 5 public lanes available)
8:30 am-9 am =	<b>20 lanes available</b> (Lanes 1-10, DL 1-5 & 5 public lanes available)
9 am-3 pm =	<b>25 lanes available</b> (Lanes 1-10, DL 1-10 & 5 public lanes available)
3 pm-3:30 pm =	<b>22 lanes available</b> (Lanes 4-10, DL 1-10 & public lanes 1-5 available)
3:30 pm-4 pm =	<b>9 lanes available</b> (Dive lanes 5-6, 9-10 & public lanes 1-5 available)
4 pm-4:30 pm =	<b>8 lanes available</b> (Dive lanes 5-6, 9-10 & public lanes 2-5 available)
4:30 pm-5 pm =	<b>5 lanes available</b> (Dive lane 5 & public lanes 2-5 available)
5 pm-6 pm =	<b>4 lanes available</b> (Dive lane 5 & public lanes 2-4 available)
6 pm-7 pm =	<b>7 lanes available</b> (Dive lanes 7-10 & public lanes 2-4 available)

**At 7pm, there will be lane lines added to the "shallow" area and there will be "lap swimming" only. This time period is open to ages 13 & over only. There will be no shallow water free swim area.**

7 pm-7:30 pm =	<b>6 lanes available</b> (Public lanes 1-4, 6-7 available)
7:30 pm-7:45 pm =	<b>5 lanes available</b> (Public lanes 2-4, 6-7 available)
7:45 pm-8 pm =	<b>7 lanes available</b> (Dive lanes 5-6 & public lanes 2-4, 6-7 available)
8 pm-8:30 pm =	<b>17 lanes available</b> (Lanes 1-10, DL 5-6 & public lanes 2-4, 6-7 available)
8:30 pm-9 pm =	<b>19 lanes available</b> (Lanes 1-10, DL 5-6 & public lanes 1-7 available)

*All times, availability and lane assignments are subject to change.*