

**January 2025**

**Bethpage Senior Community Center  
103 Grumman Road West, Bethpage, NY 11714  
(516) 571-9910**



**Nassau County Office for the Aging**

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging


Monday

Tuesday

Wednesday

Thursday

Friday

		1	2	3
			<p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p>9:30am – 10:30am Chair Yoga</p> <p>11:00am Lunch &amp; Learn *Reservations Required*</p>
6	7	8	9	10
<p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>	<p>Sagamore Pioneers 9am – 1pm Retired Telephone Operators Club</p>	<p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p>Zumba 1pm – 2pm</p> <p>Capt. Kathy Mazza Lodge 2163A - 7:00pm</p>	<p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p>9:30am – 10:30am Chair Yoga</p> <p>11:30am Senior Veterans Lunch *Reservations Required*</p>
13	14	15	16	17
<p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>	<p>St. Pius X Seniors 10am – 1pm Speaker/Entertainment *This club has a wait list*</p>	<p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p>Zumba 1pm – 2pm</p> <p>Drumming Circle 2:30pm – 3:30pm</p>	<p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p>9:30am – 10:30am Chair Yoga</p> <p>12pm – 2:00pm Memory Café *Reservations Required*</p>

Monday

Tuesday

Wednesday

Thursday

Friday

<p style="text-align: right;">20</p> 	<p style="text-align: right;">21</p> <p style="text-align: center;">St. Pius X Seniors 10am – 1pm Speaker/Entertainment *This club has a wait list*</p>	<p style="text-align: right;">22</p> <p style="text-align: center;">Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p style="text-align: center;">Zumba 1pm – 2pm</p> <p style="text-align: center;">Drumming Circle 2:30pm – 3:30pm</p> <p style="text-align: center;">Capt. Kathy Mazza Lodge 2163A - 7:00pm</p>	<p style="text-align: right;">23</p> <p style="text-align: center;">Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p style="text-align: right;">24</p> <p style="text-align: center;">9:30am – 10:30am Chair Yoga</p>
<p style="text-align: right;">27</p> <p style="text-align: center;">Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p style="text-align: center;">2pm – 3pm Chair Yoga</p>	<p style="text-align: right;">28</p> <p style="text-align: center;">Indian-American Forum 10am – 3:00pm</p>	<p style="text-align: right;">29</p> <p style="text-align: center;">Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p style="text-align: center;">Zumba 1pm – 2pm</p> <p style="text-align: center;">Drumming Circle 2:30pm – 3:30pm</p>	<p style="text-align: right;">30</p> <p style="text-align: center;">Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p style="text-align: right;">31</p> <p style="text-align: center;">9:30am – 10:30am Chair Yoga</p>



**BRUCE A. BLAKEMAN**  
NASSAU COUNTY EXECUTIVE