

January 2025 North Merrick Senior Community Service Center 1260 Meadowbrook Road, North Merrick, NY 11566 (516) 571-8675



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

(510) 57 1-8075				
Monday	Tuesday	Wednesday	Thursday	Friday
New year, new feelings, new chances and new dreams to chase. January is the time to make it happen. Have a happy and healthy New Year.	Happy Birthday to everyone who celebrates their birthday in January	CENTER CLOSED Happy NEW YEAR	2 9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train 10:30-12:00 Arts and crafts 11:00 Tai Chi with Joseph 11-12:00 Intergeneration 12:00 Lunch 12:30-3:30 Mahjong 12:45 Line Dancing w/ Amy Hu 1:45 Announcements 2:00 Bus leaves the center	3 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards 10:30-12:00 Quilting class w/ Victoria 12:00 Lunch 12:45 Zumba with Andrea 1:45 Announcements 2:00 Bus leaves the center.
6 9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train 10:30-11:30 Intergeneration 11:00 Bingo with Dennis from Lynbrook Rehabilitation Center 12:00 Lunch 12:30-3:30 Mahjong 12:45 Fitness Fun with Victoria 1:45 Announcements 2:00 Bus leaves the center	7 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards 10:30-12:30 Intergeneration 12:00 Lunch 12:45-1:30 Chorus with Frank 1:30-2:00 Cards and games 1:45 Announcements 2:00 Bus leaves the center.	8 9:30 Social hour/coffee time 10:00-12:00 Cards/Billiards/ Mexican Train 10:45 Zumba with Andrea 12:00 Lunch 12:45 Exercise with Nick 1:30 Site Council Meeting 1:45 Announcements 2:00 Bus leaves the center	9 9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train 10:30-12:00 Arts and crafts 11:00 Tai Chi with Joseph 11-12:00 Intergeneration 12:00 Lunch 12:30-3:30 Mahjong 12:45 Line Dancing w/ Amy Hu 1:45 Announcements 2:00 Bus leaves the center	10 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards 10:30-12:00 Quilting class w/ Victoria 12:00 Lunch 12:45 Zumba with Andrea 1:45 Announcements 2:00 Bus leaves the center.
13 9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train 10:30-11:30 Intergeneration Center 11:00 Bingo 12:00 Lunch 12:30-3:30 Mahjong 12:45 Fitness Fun with Victoria 1:45 Announcements 2:00 Bus leaves the center	14 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards 10:30 Exercise with Cindi 10:30-12:30 Intergeneration 12:00 Lunch 12:45-1:30 Chorus with Frank 1:30-2:00 Cards and games 1:45 Announcements 2:00 Bus leaves the center.	National Bagel Day159:30 Social hour/coffee time10:00-12:00 Cards/Billiards/Mexican Train10:45 Zumba with Andrea12:00 Lunch12:45 Exercise with Nick1:45 Announcements2:00 Bus leaves the center	16 9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train 10:30-12:00 Arts and crafts 11:00 Tai Chi with Joseph 11-12:00 Intergeneration 12:00 Lunch 12:30-3:30 Mahjong 12:45 Line Dancing w/ Amy Hu 1:45 Announcements 2:00 Bus leaves the center	17 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards 10:30-12:00 Quilting class w/ Victoria 12:00 Lunch 12:45 Zumba with Andrea 1:45 Announcements 2:00 Bus leaves the center.

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20 Center Closed Mattin Duther King	21 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards 10:30 Exercise with Cindi 10:30-12:30 Intergeneration 12:00 Lunch 12:45-1:30 Chorus with Frank 1:30-2:00 Cards and games 1:45 Announcements 2:00 Bus leaves the center.	22 9:30 Social hour/coffee time 10:00-12:00 Cards/Billiards/ Mexican Train 10:45 Zumba with Andrea 12:00 Lunch 12:45 Exercise with Nick 1:45 Announcements 2:00 Bus leaves the center	23 9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train 10:30-12:00 Arts and crafts 11:00 Tai Chi with Joseph 11-12:00 Intergeneration 12:00 Lunch 12:30 Mahjong 12:45 Line Dancing w/ Amy Hu 1:45 Announcements 2:00 Bus leaves the center	Birthday Celebration249:30 Social hour/coffee time 10:00-12:00 Billiards/Cards10:30-12:00 Quilting class w/ Victoria12:00 Lunch 12:45 Zumba with Andrea 1:45 Announcements 2:00 Bus leaves the center.
27 9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train 10:30-11:30 Intergeneration 11:00-1:00 Students from LIU 12:00 Lunch 12:30 Mahjong 12:45 Fitness Fun with Victoria 1:45 Announcements 2:00 Bus leaves the center	28 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards 10:00-12:00 Health Assessment 10:30 Exercise with Cindi 12:00 Lunch 12:45 Chorus with Frank 1:30-2:00 Cards and games 1:45 Announcements 2:00 Bus leaves the center.	Chinese New Year29Year of the snake9:30 Social hour/coffee time10:00-12:00 Cards/Billiards/Mexican Train10:45 Zumba with Andrea12:00 Lunch12:45 Exercise with Nick1:45 Announcements2:00 Bus leaves the center	30 9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train 10:30-12:00 Arts and crafts 11:00 Tai Chi with Joseph 11-12:00 Intergeneration 12:00 Lunch 12:30 Mahjong 12:45 Line Dancing w/ Amy Hu 1:45 Announcements 2:00 Bus leaves the center	31 9 :30 Social hour/coffee time 10:00-12:00 Billiards/Cards 10:30-12:00 Quilting class w/ Victoria 12:00 Lunch 12:45 Zumba with Andrea 1:45 Announcements 2:00 Bus leaves the center.

Hours of Operation: 8:30-4:00

Meals suggested contribution: \$ 3.00

Transportation suggested contribution: \$ 1.00 each way

Exercise suggested contribution: \$ 2.00

Site Council Meeting: 1/08/2025

Birthdays Celebration: 01/24/2025

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.



BRUCE A. BLAKEMAN NASSAU COUNTY EXECUTIVE