

January 2025

Hispanic Brotherhood Inc.
124 Greenwich Street, Hempstead, NY 11550
516-483-6018



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

	<p>THE NEW YEAR BRING JOY, PEACE AND JAPPINESS TO YOU</p>	<p>1</p>  <p>OFFICE CLOSED</p>	<p>2</p> <p>9AM- COFFEE, AFFIRMATIONS 9.30 AM-NEW YEAR'S RESOLUTIONS 10:00AM- HAPPY NEW YEAR PARTY 11AM- 1PM- HEALTH PROMOTION: SANDYE'S YOGA 12PM-LUCH HOUR 1PM-BINGO OR DOMINGO</p>	<p>3</p> <p>9:00 AM- COFFEE AND ANNOUNCEMENTS 10 AM- TIME TO SOCIALIZE 11 PM-GAMES AND PUZZLES 12 PM- LUNCH TIME 1 PM- BINGO OR DOMINO</p>
<p>6</p>	<p>7</p> <p>9:00AM- COFFEE AND ANNOUNCEMENTS 10:00AM- HEALTH PROMOTION: ZUMBA WITH NILE 11AM- INTERACTION SHARING LIFE STORIES 12PM- LUNCH TIME 1:00PM-BINGO OR DOMINO</p>	<p>8</p> <p>9:00 AM- COFFEE AND AFFIRMATIONS 9.30 AM-COLORING 10 AM- TIME TO SOCIALIZE 11 PM-GAMES AND PUZZLES 12 PM- LUNCH TIME 1 PM- BINGO OR DOMINO</p> 	<p>9</p> <p>9 AM-CAFÉ, AFIRMACIONES, 9.30 AM-GAMES AND WORD SEARCH 10:00AM- TIME TO SOCIALIZE 11AM- 1PM- HEALTH PROMOTION: SANDYE'S YOGA 12PM-LUCH HOUR 1PM-BINGO OR DOMINGO</p>	<p>10</p>
<p>13</p>	<p>14</p> <p>9:00AM- COFFEE AND ANNOUNCEMENTS 9.30 BOARD GAMES 10:00AM- HEALTH PROMOTION: ZUMBA WITH NILE 11AM-GROUP SESSIONS WITH DEBRA 12PM- LUNCH TIME 1:00PM-BINGO OR DOMINO</p>	<p>15</p> <p>9:00 AM- COFFEE AND ANNOUNCEMENTS 10 AM- TIME TO SOCIALIZE 11 AM- GAMES AND PUZZLES 12 PM- LUNCH TIME 1 PM- BINGO OR DOMINO</p> 	<p>16</p> <p>9:00AM- COFFEE AND ANNOUNCEMENTS 10:00AM- TIME TO SOCIALIZE 11AM- 1PM- HEALTH PROMOTION: SANDYE'S YOGA 12PM-LUCH HOUR 1PM-BINGO OR DOMINGO</p>	<p>17</p>

Monday

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Friday

<p style="text-align: right;">20</p>  <p style="text-align: center;">OFFICE CLOSED HOLIDAY</p>	<p style="text-align: right;">21</p> <p>9:00AM- COFFEE AND ANNOUNCEMENTS 10:00AM- HEALTH PROMOTION: ZUMBA WITH NILE 11AM-TIME TO SOCIALIZE 12PM- LUNCH TIME 1:00PM-BINGO OR DOMINO</p>	<p style="text-align: right;">22</p> <p>9:00 AM- COFFEE AND ANNOUNCEMENTS 9.30 AM-COLORING 10 AM- TIME TO SOCIALIZE 11 AM- GAMES AND PUZZLES 12 PM- LUNCH TIME 1 PM- BINGO OR DOMINO</p> <p style="text-align: center;">B I N G O</p>	<p style="text-align: right;">23</p> <p>9:00AM- COFFEE AND ANNOUNCEMENTS 10:00AM- TIME SOCIALIZE 11AM- 1PM- HEALTH PROMOTION: SANDYE'S YOGA 12PM-LUCH HOUR 1PM-BINGO OR DOMINGO</p>	<p style="text-align: right;">24</p>
<p style="text-align: right;">27</p>	<p style="text-align: right;">28</p> <p>9:00AM- COFFEE AND ANNOUNCEMENTS 10:00AM- HEALTH PROMOTION: ZUMBA WITH NILE 11AM-BOARD GAMES 12PM- LUNCH TIME 1:00PM-BINGO OR DOMINO</p>	<p style="text-align: right;">29</p> <p>9:00 AM- COFFEE AND ANNOUNCEMENTS 10 AM- SITE COUNCIL METTING 11 AM-MEDICINE SAFETY W/EDUARDO TORRES 12 PM- LUNCH TIME 1 PM- BINGO OR DOMINO</p>	<p style="text-align: right;">30</p> <p style="text-align: center;">JANUARY BIRTHDAYS</p> <p>9:00AM- COFFEE AND ANNOUNCEMENTS 10:00AM- MOUNT SIANI HOSPITAL 11AM- HEALTH PROMOTION: SANDYE'S YOGA 12PM-LUCH HOUR 1PM-BINGO OR DOMINGO</p>	<p style="text-align: right;">31</p> 



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

IMPORTANT INFORMATION!

Hours of Operation: 9:00am – 2:00pm

Meals suggested contribution: \$3.00.

Suggested contribution for transportation, workshops, and exercise classes: \$2.00.

Birthday Celebration: January 30, 2025

RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL 516-428-6010 TO RESERVE MEALS & EXERCISE