

Sunday, December 22, 2024

Pool Setup: Short Course-yard (25 yard & 25 meter lanes available)

Team / Group Use Schedule:

Excel Swimming: 9 am-10:30 am = Lanes 3-10
 "Learn to Dive": 9 am-10 am = Platform only
 10 am-12 pm = 1 meter boards only
 Nassau LG test: 10 am-1 pm = Dive lanes 1-3
 Long Island Diving: 12 pm-3 pm = All boards
 High Dive Champions: 4 pm-5 pm = 1 meter boards & platform only
 5 pm-6 pm = All boards & platform
 Pool Setup: 5:30 pm-6 pm = Dive lanes 1-3

D I V E B O A R D S	D	D	D	2	LANE 10	1	P	P	P	P	P	MOVEABLE FLOOR SECTION	
	I	I	I		B		LANE 9	U	U	U	U		U
	V	V	V		U		LANE 8	B	B	B	B		B
	E	E	E		L		LANE 7	L	L	L	L		L
	L	L	L		K		LANE 6	I	I	I	I		I
	A	A	A		H		LANE 5	C	C	C	C		C
	N	N	N		E		LANE 4	L	L	L	L		L
	E	E	E		A		LANE 3	A	A	A	A		A
	#	#	#		D		LANE 2	N	N	N	N		N
	3	2	1		S		LANE 1	E	E	E	E		E

Public/Member swim lane availability:

9 am-10 am = **10 lanes available** (Lanes 1-2, DL 1-3 & 5 public lanes available)
 10 am-10:30 am = **7 lanes available** (Lanes 1-2 & 5 public lanes available)
 10:30 am-1 pm = **15 lanes available** (Lanes 1-10 & 5 public lanes available)
 1 pm-5:30 pm = **18 lanes available** (Lanes 1-10, DL 1-3 & 5 public lanes available)
 5:30 pm-6 pm = **15 lanes available** (Lanes 1-10 & 5 public lanes available)

All times, availability and lane assignments are subject to change.