



December 2024
Glen Cove Senior Center
130 Glen Street, Glen Cove, NY 11542
516-759-9610



Nassau County Office for the Aging
 This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging, the U. S. Administration on Aging and the City of Glen Cove

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 – Brain Booster Club 2 9:00 – Crocheting w/ Friends 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club 12:30 – 3:00 – HOLIDAY FEAST GC MANSION Reservations Required 1:00 – ZUMBA w/ Nilo 1:00 – Canasta, Mahjong, & Bridge 2:00 – Tai Chi w/ Spencer	9:00 – Brain Booster Club 3 10:00 – Painting & Drawing w/ Chuck 10:00 – CROCHET GROUP w/ BAYVILLE CHURCH 11:00 – Bereavement with COMHPS 11:00 – Trivia 11:00 – Total Body Fitness w/ Marvin 1:00 – Canasta, Mahjong, & Bridge 1:00 – MEDICARE/MEDICAID CHANGES LECTURE 1:15 – Food Shopping 2:00 – Bingo & Ping Pong	9:00 – Seniorobics w/ Fran 4 9:00 – Crocheting with Friends 10:00 – 12:00 – TECH ASSISTANCE w/Smart Van 10:15 – Stretching & Strength Training w/ Nick 11:00 – Rummikub Club 12:00 – WILLOW INTERFAITH CHOIR SHOW 1:00 – Canasta, Mahjong, & Bridge 1:15 – BROADWAY MELODIES w/ JAMES CLARK 2:00 – Bingo 2:00 – Chair Yoga w/ Nilo	9:00 – Brain Booster Club 5 10:00 – INTERGENERATIONAL DISCUSSIONS FA 10:30 – Exercise w/ YMCA 11:30 – DRUM CIRCLE 12:00 – Centre Club Luncheon Offsite 1:00 – MOVIE 1:00 – Canasta & Mahjong 1:15 – Food Shopping 2:00 – Billiards Club	9:00 – Seniorobics w/ Fran 6 9:00 – Crocheting w/ Friends 11:00 – BOOK CLUB 11:00 – Trivia 11:00 – Rummikub Club 11:00 – Stretching & Meditation w/ Nick 1:00 – HEART BY MAIL PROJECT 1:00 – Canasta 1:15 – Line Dancing 2:30 – Tai Chi w/ Spencer
9:00 – Brain Booster Club 9 9:00 – Crocheting w/ Friends 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club 12:15 – OPEN SITE COUNCIL MEETING 1:00 – FALL PREVENTION WORKSHOP 1:00 – ZUMBA w/ Nilo 1:00 – Canasta, Mahjong, & Bridge 1:15 – Food Shopping 2:00 – Bingo 2:00 – Tai Chi w/ Spencer	9:00 – Brain Booster Club 10 10:00 – Painting & Drawing w/ Chuck 11:00 – Trivia 11:00 – Total Body Fitness w/ Marvin 1:00 – HOSPICE CARE LECTURE 1:00 – Canasta 1:00 – Mahjong & Bridge 2:00 – Bingo 2:30 – INTERACTIVE LIVE TOUR: EDINBURGH	WHITE CHRISTMAS MUSICAL TRIP 11 9:00 – Seniorobics w/ Fran 9:00 – Crocheting with Friends 10:15 – Stretching & Strength Training w/ Nick 10:30 – ARTS & CRAFTS CLUB w/ Marjorie 11:00 – Rummikub Club 1:00 – LILA 1:00 – Bingo, Canasta, Mahjong, & Bridge 2:00 – Chair Yoga w/ Nilo	9:00 – Brain Booster Club 12 10:00 – Card & Board Games 10:30 – Exercise w/ YMCA 11:00 – American Legion Meeting 11:00 – CROCHET GROUP AHRC LUNCHEON 1:00 – Canasta & Mahjong 1:15 – HOUSING RIGHTS WORKSHOP 1:15 – Food Shopping 2:00 – Billiards Club	9:00 – Seniorobics w/ Fran 13 9:00 – Crocheting w/ Friends 10:00-11:30 – SEWING CLUB w/ Stephanie 11:00 – Trivia 11:00 – Rummikub Club 11:00 – Stretching & Meditation w/ Nick 1:00 – FREE HOLIDAY BINGO Sponsored By: Psychiatreat 1:00 – Canasta 1:15 – Line Dancing 2:30 – Tai Chi w/ Spencer
9:00 – Brain Booster Club 16 9:00 – Crocheting w/ Friends 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club 1:00 – NUTRITION LECTURE 1:30 – INTERACTIVE LIVE TOUR: PARIS 1:00 – ZUMBA w/ Nilo 1:00 – Canasta, Mahjong, & Bridge 1:15 – Food Shopping 2:00 – Bingo 2:00 – Tai Chi w/ Spencer	HOLLY JOLLY HOLIDAY PARTY TRIP 17 9:00 – Brain Booster Club 10:00 – Painting & Drawing w/ Chuck 11:00 – Trivia 11:00 – Total Body Fitness w/ Marvin 1:00 – Canasta 1:00 – Mahjong & Bridge 1:00 – Bingo 1:00 – Ping Pong	9:00 – Seniorobics w/ Fran 18 10:15 – Stretching & Strength Training w/ Nick 11:00 – Rummikub Club 12:00 – CHRISTMAS LUNCHEON Sponsored By: GLEN COVE CENTER FOR NURSING & REHABILITATION and EMERGE 1:00 – Canasta, Mahjong, & Bridge 1:15 – ELVIS TRIBUTE SHOW 2:00 – Bingo 2:00 – Chair Yoga w/ Nilo	9:00 – WALK WITH A DOC – Boy/Girls Club 19 9:30 – 12:00 – SNAP By Appointment 10:00 – 12:00 – TECH ASSISTANCE W/Smart Van 10:00 – INTERACTIVE LIVE TOUR: STOCKHOLM 10:30 – CC Board Meeting 10:30 – Exercise w/ YMCA 12:00 – GC MIDDLE SCHOOL CHOIR SHOW 1:00 – Canasta & Mahjong 1:15 – Food Shopping 1:30 – Centre Club 2:00 – Billiards Club	9:00 – 12:00 HEALTH ASSESSMENTS 20 9:00 – Seniorobics w/ Fran 9:00 – Crocheting w/ Friends 11:00 – Trivia 11:00 – Rummikub Club 11:00 – Stretching & Meditation w/ Nick 12:45 – DECEMBER BIRTHDAY'S CELEBRATION 1:15 – Bingo & Canasta 1:15 – KARAOKE 1:15 – Line Dancing 2:30 – Tai Chi w/ Spencer
9:00 – Brain Booster Club 23 9:00 – Crocheting w/ Friends 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club 12:00 – HANUKKAH LUNCHEON 1:00 – MUSIC JAM w/ Jeff 1:00 – ZUMBA w/ Nilo 1:00 – Canasta, Mahjong, & Bridge 1:15 – Food Shopping 2:00 – Tai Chi w/ Spencer	9:00 – Brain Booster Club 24 10:00 – Painting & Drawing w/ Chuck 11:00 – Trivia 11:00 – Total Body Fitness w/ Marvin 1:00 – Canasta 1:00 – Mahjong 1:00 – Bridge 1:00 – Bingo & Ping Pong	THE SENIOR CENTER IS CLOSED 25 	9:00 – Brain Booster Club 26 10:00 – Card & Board Games 10:30 – Exercise w/ YMCA 12:00 – KWANZAA LUNCHEON 1:00 – Canasta 1:00 – Mahjong 1:15 – KARAOKE 1:15 – Food Shopping 2:00 – Billiards Club	9:00 – Seniorobics w/ Fran 27 9:00 – Crocheting w/ Friends 10:00-11:30 – SEWING CLUB w/ Stephanie 11:00 – Trivia 11:00 – Rummikub Club 11:00 – Stretching & Meditation w/ Nick 1:00 – Bingo & Canasta 1:15 – PAINT PARTY w/ Alicia 1:15 – Line Dancing 2:30 – Tai Chi w/ Spencer
9:00 – Brain Booster Club 30 9:00 – Crocheting w/ Friends 10:00 – 12:00 – HAIRCUTS w/ Rose (Appt. Only) 10:30 – Exercise w/ YMCA 11:00 – Rummikub Club 1:00 – MUSIC JAM w/ Jeff 1:00 – ZUMBA w/ Nilo 1:00 – Bingo, Canasta, Mahjong, & Bridge 1:15 – Food Shopping 2:00 – Tai Chi w/ Spencer	9:00 – Brain Booster Club 31 10:00 – Painting & Drawing w/ Chuck 11:00 – Trivia 11:00 – Total Body Fitness w/ Marvin 12:00 – NEW YEAR'S EVE CELEBRATION 1:00 – Canasta 1:00 – Mahjong & Bridge 1:00 – Bingo 1:00 – Ping Pong	MARK YOUR CALENDARS: 12/2 – HOLIDAY FEAST GC MANSION 12/4 – WILLOW INTERFAITH CHOIR 12/4 – BROADWAY MELODIES SHOW 12/9 – OPEN SITE COUNCIL MEETING 12/18 – CHRISTMAS LUNCHEON 12/19 – GC MIDDLE SCHOOL CHOIR 12/23 – HANUKKAH LUNCHEON 12/26 – KWANZAA LUNCHEON 12/31 – NEW YEAR'S EVE CELEBRATION	CANDLELIGHT DINNER Saturday, December 7 Reservations Required 4:30pm – 8:30pm DINNER, RAFFLES, DJ, DANCING, PHOTO BOOTH & MORE!	The Glen Cove Senior Center staff would like to wish you all a very happy holiday season! “May love and light fill your home and heart this holiday season.”