



# December 2024

North Merrick Senior Community Service Center  
1260 Meadowbrook Road, North Merrick, NY 11566  
(516) 571-8675



# Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>Christmas Tree Decoration</b> 2</p> <p>9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train 10:30-11:30 Intergeneration <b>11:00 Christmas Tree Decoration</b> <b>12:00 Lunch</b> <b>12:30-3:30 Mahjong</b> <b>12:45 Fitness Fun with Victoria</b> 1:45 Announcements 2:00 Bus leaves the center</p>	<p><b>St. Francis Hospital Outreach Bus</b> 3</p> <p>9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards <b>10:00 Exercise with Cindi</b> <b>10:00-2:00 Free Health Screenings</b> 10:30-12:30 Intergeneration <b>11:00 Nutrition Education "Food Safety Bingo" by Cornell</b> <b>12:00 Lunch</b> <b>12:45-1:30 Chorus with Frank</b> 1:30-2:00 Cards and games 1:45 Announcements 2:00 Bus leaves the center.</p>	<p>4</p> <p>9:30 Social time/coffee time 10:00-12:00 Cards/ Billiards/Mexican Train <b>10:45 Zumba with Andrea</b> 11:30 Intergeneration <b>12:00 Lunch</b> <b>12:45 Exercise with Nick</b> 1:45 Announcements 2:00 Bus leaves the center</p>	<p>5</p> <p>9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train <b>11:00 Tai Chi with Joseph</b> 11-12:00 Intergeneration <b>12:00 Lunch</b> <b>12:30 Mahjong</b> <b>12:45 Line Dancing w/ Amy Hu</b> 1:30 Site Council Meeting 1:45 Announcements 2:00 Bus leaves the center</p>	<p>6</p> <p>9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards <b>10:30-12:00 Quilting class w/ Victoria</b> <b>10:30-12:00 Arts and crafts</b> 11-12:00 Intergeneration <b>12:00 Lunch</b> <b>12:45 Wreath Making</b> 1:45 Announcements 2:00 Bus leaves the center.</p>
<p><b>National Pastry Day</b> 9</p> <p>9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train 10:30-11:30 Intergeneration <b>11:00 Bingo with Dennis from Lynbrook Rehabilitation Center</b> <b>12:00 Lunch</b> <b>12:30 Mahjong</b> <b>12:45 Fitness Fun with Victoria</b> 1:45 Announcements 2:00 Bus leaves the center</p>	<p><b>Winter Concert</b> 10</p> <p>9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards <b>11:00-12:00 Winter Concert</b> 10:30-12:30 Intergeneration <b>12:00 Lunch</b> 12:45- Exercise with Cindi 1:30-2:00 Cards and games 1:45 Announcements 2:00 Bus leaves the center.</p>	<p>11</p> <p>9:30 Social hour/coffee time 10:00-12:00 Cards Billiards/Mexican Train <b>10:45 Zumba with Andrea</b> 11:30 Intergeneration <b>12:00 Lunch</b> <b>12:45 Exercise with Nick</b> 1:45 Announcements 2:00 Bus leaves the center</p>	<p>12</p> <p>9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train <b>11:00 Tai Chi with Joseph</b> 11 -12:00 Intergeneration <b>12:00 Lunch</b> <b>12:30 Mahjong</b> <b>12:45 Line Dancing w/ Amy Hu</b> 1:45 Announcements 2:00 Bus leaves the center</p>	<p>13</p> <p>9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards <b>10:30-12:00 Quilting class w/ Victoria</b> <b>10:30-12:00 Arts and crafts</b> 11-1:00 Intergeneration <b>12:00 Lunch</b> <b>12:45 Zumba with Andrea</b> 1:45 Announcements 2:00 Bus leaves the center.</p>
<p>16</p> <p>9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train 10:30-11:30 Intergeneration <b>11:00 Everything about stroke by NYU Langone of Neurology</b> <b>12:00 Lunch</b> <b>12:30 Mahjong</b> <b>12:45 Fitness Fun with Victoria</b> 1:45 Announcements 2:00 Bus leaves the center</p>	<p>17</p> <p>9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards <b>10:30 Exercise with Cindi</b> 10:30-12:30 Intergeneration <b>12:00 Lunch</b> <b>12:45 Holiday Party</b> <b>RSVP by December 11</b> 1:30-2:00 Cards and games 1:45 Announcements 2:00 Bus leaves the center.</p>	<p>18</p> <p>9:30 Social hour/coffee time 10:00-12:00 Cards Billiards/ Mexican Train <b>10:45 Zumba with Andrea</b> 11:30 Intergeneration <b>12:00 Lunch</b> <b>12:45 Exercise with Nick</b> 1:45 Announcements 2:00 Bus leaves the center</p>	<p>19</p> <p>9:30 Social hour/coffee time 10:00-12:00 Billiards/Mexican Train <b>11:00 Tai Chi with Joseph</b> 11 -12:00 Intergeneration <b>12:00 Lunch</b> <b>12:30 Mahjong</b> <b>12:45 Line Dancing w/ Amy Hu</b> 1:45 Announcements 2:00 Bus leaves the center</p>	<p>20</p> <p>9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards <b>10:30-12:00 Quilting class w/ Victoria</b> <b>10:30-12:00 Arts and crafts</b> 12 -1:00 Intergeneration <b>12:00 Lunch</b> <b>12:45 Zumba with Andrea</b> 1:45 Announcements 2:00 Bus leaves the center.</p>

Monday

Tuesday

Wednesday

Thursday

Friday

23  
 9:30 Social hour/coffee time  
 10:00-12:00 Billiards/Mexican Train  
 10:30-11:30 Intergeneration  
 10:45 Exercise with Cindi  
 12:00 Lunch  
 12:30 Mahjong  
 12:45 Trip to Shoprite/Walmart  
 12:45 Fitness Fun with Victoria  
 1:45 Announcements  
 2:00 Bus leaves the center

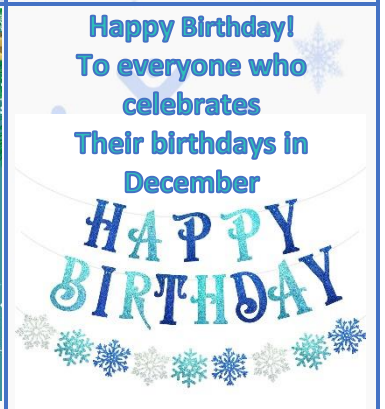


26  
 9:30 Social hour/coffee time  
 10:00-12:00 Billiards/Mexican Train  
 11:00 Tai Chi with Joseph  
 12:00 Lunch  
 12:30 Mahjong  
 12:45 Line Dancing w/ Amy Hu  
 1:45 Announcements  
 2:00 Bus leaves the center

27  
 9:30 Social hour/coffee time  
 10:00-12:00 Billiards/Cards  
 10:30-12:00 Quilting class w/ Victoria  
 10:30-12:00 Arts and crafts  
 12:00 Lunch  
 12:45 Zumba with Andrea  
 1:45 Announcements  
 2:00 Bus leaves the center.

30  
 9:30 Social hour/coffee time  
 10:00-12:00 Billiards/Mexican Train  
 10:30-11:30 Intergeneration  
 11:00 Zumba Gold with Marilyn  
 12:00 Lunch  
 12:30 Mahjong  
 12:45 Fitness Fun with Victoria  
 1:45 Announcements  
 2:00 Bus leaves the center

31  
 9:30 Social hour/coffee time  
 10:00-12:00 Billiards/Cards  
 10:00-12:00 Health Assessment  
 10:30 Exercise with Cindi  
 12:00 Lunch  
 12:45 Celebration of the last day of the year.  
 1:30-2:00 Cards and games  
 1:45 Announcements  
 2:00 Bus leaves the center.



**BRUCE A. BLAKEMAN**  
 NASSAU COUNTY EXECUTIVE

**Hours of Operation: 8:30-4:00**

**Meals suggested contribution: \$ 3.00**

**Transportation suggested contribution: \$ 1.00 each way**

**Exercise suggested contribution: \$ 2.00**

**Site Council Meeting: 12/05/2024**

**Birthdays Celebration: 12/20/2024**

**RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED.**  
**PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.**