

# December 2024

**New Horizon Senior Community Service Center 1490 Broadway, Hewlett, NY  
516-374-2670**

# Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> 9:30 Coffee and Socialization 10:00 – Mahjong 101 11:00 Exercise with Teena 12:00 – Lunch 1:00 Book Club	<b>3</b> 9:30 Coffee and Discussion 10:00 crafts with Marie 10:15 Barrie Exercise 11:15 Hangman 11:15Karaoke with John 12:00 Lunch 1:00 Mahjong /Karaoke/ Jewelry 2:00 Mahjong	<b>4</b> 9:30 Coffee and Discussion 10:00 Karaoke w. Zach 11:00 Exercise with Anne 12:00 Lunch 1:00 Recipe Club 1:00 <b>LEARN TO PLAY CANASTA</b> 1:00 Movie – Something from Tiffany's	<b>5</b> 9:30 Coffee and Discussion 10:00 Piano Sing-a-Long 11:00 Tai Chi 11:00 BINGO 12:00 Lunch 1:00 Karaoke / Mahjong 2:00Mahjong Continued	<b>6</b> 9:30 Coffee, Word Puzzles and Discussion 10:15 – Arts & Crafts, Yarn, Board Games 11-11:45 – Exercise with Marilyn 12:00 – Lunch 1:15 – Zumba with Darrell
<b>9</b> 9:30 Coffee and Socialization 10:00 – Mahjong 101 11:00 Exercise with Teena 12:00 – Lunch 1:00 Book Club	<b>10</b> 9:30 Coffee and Discussion 10:00 Art with Zach 10:15 Barrie Exercise 11:15 Trivia 11:15Karaoke with John 12:00 Lunch 1:00 Mahjong /Karaoke 2:00 Mahjong	<b>PROGRAM CLOSED</b>	<b>12</b> 9:30 Coffee and Discussion 9:45 Exercise with Teena 10:00 Piano Sing-a-Long 11:00 Tai Chi 11:00 Scatagories 12:00 Lunch 1:00 Karaoke / Mahjong 2:00Mahjong Continued	<b>13</b> 9:30 Coffee, Word Puzzles and Discussion 10:15 – Mahjong 101 Arts & Crafts, Yarn, Board Games 11-11:45 - Magic show – John 12:00- Lunch 1:15 – Zumba w. Darrell
<b>16</b> 9:30 Coffee and Socialization 10:00 – Art with Zach 10:00 – Mahjong 101 11:00 12:00 Holiday Luncheon	<b>17</b> 9:30 Coffee and Discussion 10:00 Card Making with Zach 10:15 Exercise with Barrie 11:15 You be the Judge 11:15 Music with John 12:00 Lunch 1:00 Karaoke / Mahjong /Jewelry 2:00 Mahjong/Board Games	<b>18</b> 9:30 Coffee and Discussion 10:00 Karaoke w. Zach 11:00 Exercise with Anne 12:00 Lunch 1:00 Movie 1:00 Recipe Club 1:00 Dance Party	<b>19</b> 9:30 Coffee and Discussion 9:45 Exercise with Teena 10:00 Karaoke with John 11:00 Tai Chi 11:00 Jeopardy 12:00 Lunch 1:00 Mahjong 2:00Mahjong Continued	<b>20</b> 9:30 Coffee, Word Puzzles and Discussion 10:15 – Mahjong 101 Arts & Crafts, Yarn, Board Games 11-11:45 - Exercise with Marilyn 12:00- Lunch – Nov. Birthdays 1:15 – Zumba w. Darrell
<b>23</b> 9:30 Coffee and Socialization 10:00 – Mahjong 101 11:00 Exercise with Teena 12:00 – Lunch - Festivas 1:00 Book Club	<b>24</b> 9:30 Coffee and Discussion 10:00 Art with Zach 10:15 Exercise with Barrie 11:15 Karaoke with John 12:00 Lunch 1:00 Mahjong 2:00 Mahjong/Board Games	<b>PROGRAM CLOSED</b>	<b>26</b> 9:30 Coffee and Discussion 9:45 Exercise with Teena 10:00 Piano Sing-a-Long 11:00 Tai Chi 11:00 BINGO 12:00 Lunch 1:00 Karaoke / Mahjong	<b>27</b> 9:30 Coffee, Word Puzzles and Discussion 10:15 – Mahjong 101 Arts & Crafts, Yarn, Board Games 11-11:45 Exercise with Marilyn 12:00 – Lunch 12:45 Dramatic Performance Tanisha 1:15 – Zumba w. Darrell
<b>30</b> 9:30 Coffee and Socialization 10:00 – Art with Zach 10:00 – Mahjong 101 11:00 Exercise with Teena 12:00 – Lunch 1:00 Book Club	<b>31</b> 9:30 Coffee and Discussion 10:00 Art with Zach 10:15 Exercise with Barrie New Year's Eve Party. 2025!!!!	<p><b>Meals suggested contribution: \$3.00</b></p> <p><b>Transportation suggested contribution: \$1.00</b></p> <p><b>Exercise suggested contribution: \$2.00</b></p> <p><b>PLEASE CALL TO RESERVE MEALS ATLEAST 24 HOURS IN ADVANCE</b></p>		