

# December 2024

Hempstead Senior Community Service Center  
 24 Clinton C Boone Place, Hempstead, NY 11550  
 516-565-1568



# Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

<p style="text-align: right;">2</p> <p>10:00 Social Hour, Cards, Games and Coffee  <b>10:45 Yoga w/Connie</b>                  11:45 Announcements                  12:00 Lunch  <b>12:30- 2 Sculpture w/ Veronica</b></p>	<p style="text-align: right;">3</p> <p>10:00 Social Hour, Cards, Games, Coffee  <b>11:00 Chorus w/ Frank</b>                  12:00 Lunch  <b>1:00 – 2:00 Work out with Sheila</b>                  2:00 Going Home</p>	<p style="text-align: right;">4</p> <p>10:00 Social Hour, Cards, Games, Coffee  <b>10:45 Tai Chi w/ John</b>                  11:45 Announcements                  12:00 Lunch  <b>12:45 Yoga with Robin</b>                  2:00 Going Home</p>	<p style="text-align: right;">5</p> <p>10:00 Social Hour, Cards, Games, Coffee  <b>10:45 – 11:45 Line Dancing w/ Amy</b>                  12:00 Lunch  <b>12:45 Exercise with Dominic</b>                  2:00 Going Home</p>	<p style="text-align: right;">6</p> <p><b>REGIONAL CLEAN ENERGY HUB</b>                  10:00 Social Hour, Cards, Games, Coffee                  10:30 Volunteer Program AHRC Nassau  <b>11:00 Exercise with Sandra</b>                  12:00 Lunch  <b>1:00 Presentation by Long Island Clean Energy Hub</b></p>
<p style="text-align: right;">9</p> <p><b>ARTS &amp; CRAFTS</b>                  10:00 Social Hour, Cards, Games and Coffee  <b>10:45 Yoga w/ Connie</b>                  11:45 Announcements                  12:00 Lunch  <b>12:30 – 2 Sculpture w/ Veronica</b>  <b>1:00 Arts &amp; Crafts OR Game with Debra from NH Project Hope</b></p>	<p style="text-align: right;">10</p> <p><b>CHRISTMAS Concert</b>  <b>All Activities in North Merrick Senior Center</b>                  10:00 Social Hour, Cards, Games, Coffee  <b>11:00 Concert w/ Frank in NORTH MERRICK SITE</b>                  12:00 Lunch  <b>1:00 – 2:00 North Merrick Activities</b></p>	<p style="text-align: right;">11</p> <p>10:00 Social Hour, Cards, Games, Coffee  <b>10:45 Tai Chi w/ John</b>                  11:45 Announcements                  12:00 Lunch  <b>12:45 Yoga with Robin</b>                  2:00 Going Home</p>	<p style="text-align: right;">12</p> <p>10:00 Social Hour, Cards, Games, Coffee  <b>10:45 – 11:45 Line Dancing w/ Amy</b>                  12:00 Lunch  <b>12:45 Exercise with Dominic</b>                  2:00 Going Home</p>	<p style="text-align: right;">13</p> <p><b>CORNELL</b>                  10:00 Social Hour, Cards, Games, Coffee                  10:30 Volunteer Program AHRC Nassau  <b>11:00 Exercise w/ Sandra</b>                  12:00 Lunch  <b>12:45 CORNEL “Food safety BINGO”</b></p>
<p style="text-align: right;">16</p> <p><b>Spanish Class</b>                  10:00 Social Hour, Cards, Games and Coffee  <b>10:45 Yoga w/Connie</b>                  11:45 Announcements                  12:00 Lunch  <b>12:30- 2 Sculpture w/ Veronica</b>  <b>1:00 Spanish Class with Olga</b></p>	<p style="text-align: right;">17</p> <p><b>Shopping Trip Cherry Valley Supermarket</b>                  10:00 Social Hour, Cards, Games, Coffee  <b>10:00 Cherry Valley Supermarket (6% Senior discount day)</b>                  12:00 Lunch  <b>1:00 – 2:00 Work out with Sheila</b>                  2:00 Going Home</p>	<p style="text-align: right;">18</p> <p><b>Harmony Healthcare Long Island</b>                  10:00 Social Hour, Cards, Games, Coffee  <b>10:45 Tai Chi w/ John</b>                  11:45 Announcements                  12:00 Lunch  <b>12:45 Yoga with Robin</b>                  2:00 Going Home  <b>1:00 -2:00 HHLI Presentation “Crohn’s &amp; Colitis Awareness”</b></p>	<p style="text-align: right;">19</p> <p>10:00 Social Hour, Cards, Games, Coffee  <b>10:45 – 11:45 Line Dancing w/ Amy</b>                  12:00 Lunch  <b>12:45 Exercise with Dominic</b>                  2:00 Going Home</p>	<p style="text-align: right;">20</p> <p><b>Christmas Celebration</b>  <b>HAPPY BIRTHDAY!</b>                  10:00 Social Hour, Cards, Games, Coffee                  10:30 Volunteer Program AHRC Nassau  <b>11:00 Exercise w/ Sandra</b>                  12:00 Lunch  <b>12:30 - 2:00 Christmas Celebration Party/Birthday</b></p>

Monday

Tuesday

Wednesday

Thursday

Friday

<p><b>Shopping Trip</b> 23  <b>Gala Foods</b>  <b>Supermarket</b>  10:00 Social Hour, Cards, Games and Coffee  10:00 Shopping Trip to Gala Foods  10:45 Yoga w/Connie  11:45 Announcements  12:00 Lunch  12:30- 2 Sculpture w/ Veronica</p>	<p><b>We are Closed</b> 24  </p>	<p><b>We are Closed</b> 25  </p>	<p><b>Karaoke Day</b> 26  <b>Pajama/Hot chocolate Day</b>  10:00 Social Hour, Cards, Games and Coffee  <b>11:00 Line Dancing w/ Amy</b>  <b>12:00 Lunch</b>  <b>1:00 Karaoke Day/hot cocoa</b>  2:00 Going Home</p>	<p><b>BINGO</b> 27  <b>Site Council Meeting</b>  <b>10:00 Social Hour, Cards, Games, Coffee</b>  <b>10:30 Site Council Meeting</b>  <b>10:30 Volunteer Program</b>  <b>AHRC Nassau</b>  <b>11:00 Exercise w/ Sandra</b>  <b>12:00 Lunch</b>  <b>1:00 Bingo</b></p>
<p><b>Spanish Class</b> 30  10:00 Social Hour, Cards, Games and Coffee  10:45 Yoga w/Connie  11:45 Announcements  12:00 Lunch  12:30- 2 Sculpture w/ Veronica  1:00 Spanish Class with Olga</p>	<p><b>New Year Celebration</b> 31  10:00 Social Hour, Cards, Games, Coffee  <b>10: 15 Chorus w/ Frank</b>  <b>12:00 Lunch</b>  <b>1:00 – 2:00 End of the year celebration with Karaoke</b>  <b>2:00 Going Home</b></p>	<p><b>On behalf of the Senior Center Staff, we wish you a Healthy &amp; Happier New Year.</b></p>	<p>  <b>Happy Birthday to all our December Birthdays</b></p>	<p></p>



**BRUCE A. BLAKEMAN**  
**NASSAU COUNTY EXECUTIVE**

Hours of Operation: **8:30 - 4**

Meals suggested contribution: **\$3.00**

Transportation suggested contribution: **\$1.00**

Exercise suggested contribution: **\$1.00**

Site Council Meeting: **12/27**

Birthdays Celebration: **12/20**

**RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.**