

November 2024

**Bethpage Senior Community Center
103 Grumman Road West, Bethpage, NY 11714
(516) 571-9910**



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday


Tuesday

Wednesday

Thursday

Friday

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				Lunch & Learn *Reservations Required*
4	5	6	7	8
<p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>		<p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p>Zumba 1pm – 2pm</p> <p>Drumming Circle 2:30pm – 3:30pm</p>	<p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p>9:30am – 10:30am Chair Yoga</p> <p>11:30am Senior Veterans Lunch *Reservations Required*</p>
11	12	13	14	15
	<p>St. Pius X Seniors 10am – 1pm Speaker/Entertainment *This club has a wait list*</p>	<p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p>Zumba 1pm – 2pm</p> <p>Drumming Circle 2:30pm – 3:30pm</p> <p>Capt. Kathy Mazza Lodge 2163A - 7:00pm</p>	<p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p>9:30am – 10:30am Chair Yoga</p>

Monday	Tuesday	Wednesday	Thursday	Friday
18	19	20	21	22
<p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>	<p>St. Pius X Seniors 10am – 1pm Speaker/Entertainment *This club has a wait list*</p>	<p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p>Zumba 1pm – 2pm</p> <p>Drumming Circle 2:30pm – 3:30pm</p>	<p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p>9:30am – 10:30am Chair Yoga</p>
25	26	27	28	29
<p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>	<p>Indian-American Forum 10am – 3:00pm</p>	<p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p>Zumba 1pm – 2pm</p>		



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE