

Monday

Tuesday

Wednesday

Thursday

Friday

	<p><b>Thanksgiving Celebration</b> <b>November 25</b></p>	<p><b>Happy Birthday!</b> Hope you get everything that your heart desires.</p>	<p><b>Daylight Savings Times Ends</b> Don't Forget to set your clocks back one hour <b>Sunday November 3</b></p>	<p>1 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards 10:30-12:00 Quilting class w/ Victoria 10:30-12:00 Arts and crafts w/ Christine 12:00 Lunch 12:45 Zumba with Andrea 1:45 Announcements 2:00 Bus leaves the center</p>
<p>4 <b>National Candy Day</b> 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards 10:45 Gold Zumba with Marilyn 10:30-12:00 Intergeneration 12:00 Lunch 12:30 Mahjong 12:45 Fitness Fun with Victoria 1:45 Announcements 2:00 Bus leaves the center</p>	<p>5 <b>Center closed</b> <b>Election Day</b></p>	<p>6 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards/Mexican Train 10:45 Zumba with Andrea 11:30 Intergeneration 12:00 Lunch 12:45 Exercise with Nick 1:30 Site Council Meeting 1:45 Announcements 2:00 Bus leaves the center</p>	<p>7 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards/Mexican Train 11:00 Tai Chi with Joseph 11:00 Intergeneration 12:00 Lunch 12:30 Mahjong 12:45 Line Dancing with Amy 1:45 Announcements 2:00 Bus leaves the center</p>	<p>8 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards 10:30-12:00 Quilting class w/ Victoria 10:30-12:00 Arts and crafts w/ Christine 12:00 Lunch 12:45 Zumba with Andrea 1:45 Announcements 2:00 Bus leaves the center</p>
<p>11 <b>11 NOV</b> <b>CLOSED FOR VETERANS DAY</b> THANK YOU FOR YOUR SERVICE</p>	<p>12 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards 10:30 Exercise with Cindi 10:30-12:30 Intergeneration 12:00 Lunch 12:45-1:30 Chorus with Frank 1:30-2:00 Cards and games 1:45 Announcements 2:00 Bus leaves the center.</p>	<p>13 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards/Mexican Train 10:45 Zumba with Andrea 11:30 Intergeneration 12:00 Lunch 12:45 Exercise with Nick 1:45 Announcements 2:00 Bus leaves the center</p>	<p>14 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards/Mexican Train 11:00 Tai Chi with Joseph 11:00 Intergeneration 12:00 Lunch 12:30 Mahjong 12:45 Line Dancing with Amy 1:45 Announcements 2:00 Bus leaves the center</p>	<p>15 9:30 Social hour/coffee time 10:00-12:00 Billiards/Cards 10:30-12:00 Quilting class w/ Victoria 10:30-12:00 Arts and crafts w/ Christine 12:00 Lunch 12:45 Zumba with Andrea 1:45 Announcements 2:00 Bus leaves the center</p>

Monday

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Thursday

Friday

18

9:30 Social hour/coffee time  
 10:00-12:00 Billiards/Cards  
 10:30-12:30 Intergeneration  
**11:00 Bingo with Dennis from Lynbrook Rehabilitation Center**  
 12:00 Lunch  
 12:30 Mahjong  
 12:45 Fitness Fun with Victoria  
 1:45 Announcements  
 2:00 Bus leaves the center

19

9:30 Social hour/coffee time  
 10:00-12:00 Billiards/Cards  
**10:00 Exercise with Cindi**  
 10:30-12:30 Intergeneration  
 11:00 Nutrition Education  
 "Sweet Reads"  
 12:00 Lunch  
 12:45-1:30 Chorus with Frank  
 1:30-2:00 Cards and games  
 1:45 Announcements  
 2:00 Bus leaves the center.

20

9:30 Social hour/coffee time  
 10:00-12:00 Billiards/Cards/Mexican Train  
**10:45 Zumba with Andrea**  
 11:30 Intergeneration  
 12:00 Lunch  
**12:45 Exercise with Nick**  
 1:45 Announcements  
 2:00 Bus leaves the center

21

9:30 Social hour/coffee time  
 10:00-12:00 Billiards/Cards/Mexican Train  
**11:00 Tai Chi with Joseph**  
 11:00 Intergeneration  
 12:00 Lunch  
 12:30 Mahjong  
**12:45 Line Dancing with Amy**  
 1:45 Announcements  
 2:00 Bus leaves the center

**Birthday Celebration** 22

9:30 Social hour/coffee time  
 10:00-12:00 Billiards/Cards  
 10:30-12:00 Quilting class w/ Victoria  
 10:30-12:00 Arts and crafts w/ Christine  
 12:00 Lunch  
 12:30 Trip to Shoprite/Walmart  
**12:45 Zumba with Andrea**  
 1:45 Announcements  
 2:00 Bus leaves the center

**Thanksgiving Celebration** 25

9:30 Social hour/coffee time  
 10:00-12:00 Billiards/Cards  
 10:30-12:30 Intergeneration  
**11:00 Stand by comedy by Howard Newman**  
 12:00 Lunch  
 12:30 Mahjong  
 12:45 Fitness Fun with Victoria  
 1:45 Announcements  
 2:00 Bus leaves the center

26

9:30 Social hour/coffee time  
 10:00-12:00 Billiards/Cards  
 10:00-12:00 Health Assessment  
 10:30-12:30 Intergeneration  
**10:30 Exercise with Cindi**  
 12:00 Lunch  
 12:45-1:30 Chorus with Frank  
 1:30-2:00 Cards and games  
 1:45 Announcements  
 2:00 Bus leaves the center.

27

9:30 Social hour/coffee time  
 10:00-12:00 Billiards/Cards/Mexican Train  
**10:45 Zumba with Andrea**  
 11:30 Intergeneration  
 12:00 Lunch  
**12:45 Exercise with Nick**  
 1:45 Announcements  
 2:00 Bus leaves the center



**BRUCE A. BLAKEMAN**  
 NASSAU COUNTY EXECUTIVE

Hours of Operation: 8:30:4:00

Meals suggested contribution: \$3.00

Transportation suggested contribution: \$1.00 each way

Exercise suggested contribution: \$ 2.00

Site Council Meeting: Nov.6<sup>th</sup>

Birthdays Celebration: November 22nd

**RESERVATIONS FOR ALL CENTER ACTIVITIES ARE REQUIRED. PLEASE CALL TO RESERVE MEALS, TRANSPORTATION & EXERCISE CLASSES.**