### TRENDS IN ALCOHOL-RELATED HEALTH CARE VISITS **AMONG YOUTH AGED 13-17**

This infographic describes alcohol-related inpatient, outpatient, and ED visits for youth in Nassau County from January 1, 2018, to June 30, 2023.

- Nassau County had 786 alcohol-related visits between January 1, 2018 and June 30, 2023 for those aged 13-17 years.
- 2 out of 3 visits occurred on Friday, Saturday, or Sunday.
- The majority of visits were to the Emergency Department.
- Fifty-one percent of alcohol-related visits were male.
- Seventeen-year-olds experienced the highest rate of alcohol-related visits.
- The majority of visits identified as White (70%) or non-Hispanic/Latino (72%).
- Alcohol use, mental disorders, and use of other drugs commonly co-occur.
  - 1 in 10 alcohol-related visits were diagnosed with at least one psychiatric disorder.
  - 1 in 10 alcohol-related visits also consumed cannabis or other substances.

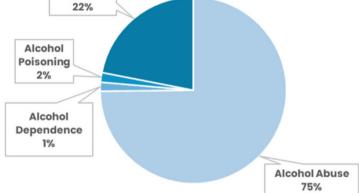
#### **ALCOHOL-RELATED VISITS FOR** ADOLESCENTS (AGED 13-17) BY YEAR OF

# **ADMITTANCE** 200 150 Frequency 100 50 0

\*Ending June 30, 2023

### 2%

Alcohol Use

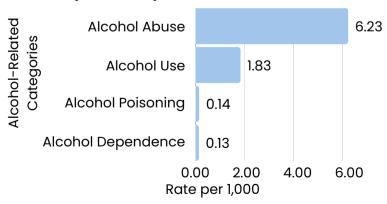


CUMULATIVE ALÇOHOL-RELATED VISITS FOR

ADOLESCENTS (AGED 13-17) BY DIAGNOSIS

The ICD-10 defines alcohol dependence as a chronic disease characterized by a strong desire to drink alcohol, difficulty controlling its use, increased tolerance, and repeated substance use despite harmful consequences. Alcohol abuse is defined as a pattern of drinking that contributes to physical and psychological harm. Alcohol use refers to occasional drinking. (Data Source: World Health Organization, 1992).

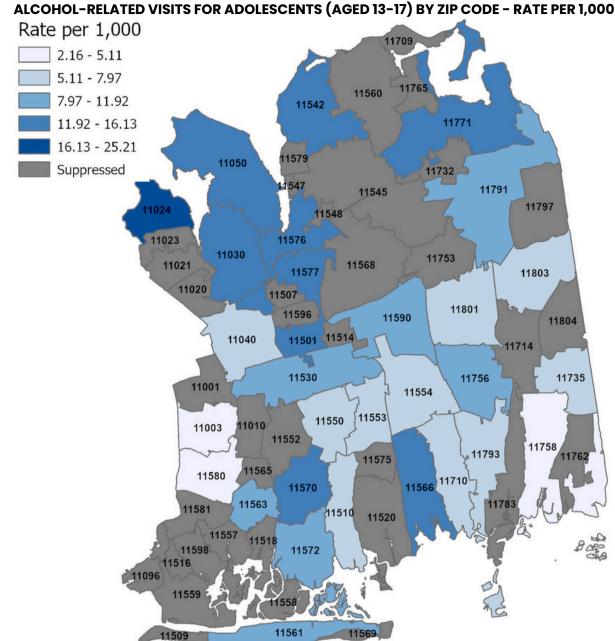
## CUMULATIVE ALCOHOL-RELATED VISITS FOR ADOLESCENTS (AGED 13-17) BY DIAGNOSIS - RATE PER 1,000



The data from this infographic is described in greater detail in Nassau County's Alcohol and Youth Report. Refer to this document for more detailed analysis.







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Data Source: NYS SPARCS Data, 2018-2023

