

**For more information on
these programs call**



**Nassau NY* Connects
at (516) 227-8900**



**COUNTY OF NASSAU
DEPARTMENT OF HUMAN SERVICES
Office for the Aging**

60 Charles Lindbergh Boulevard, Suite #260
Uniondale, New York 11553-3691
516-227-8900/FAX 516-227-8972
seniors@hhsnassaucountyny.us

**Nassau County
Department of Human Services
Office for the Aging**

**Directory of Services
For Older Persons In
Nassau County**



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE

JILL D. NEVIN
COMMISSIONER

DEBBIE PUGLIESE
DEPUTY COMMISSIONER

**Serving Nassau County's Older
Citizen's Since 1968**

About Office for the Aging

THE NASSAU COUNTY OFFICE FOR THE AGING is responsible for advising the County Executive and government officials on the problems and needs of the county's 300,000 residents age 60 and over. As the official Area Agency on Aging for Nassau County, the office develops a county-wide plan to provide services that assist older persons to remain independent and living in their own homes for as long as possible.

Nassau County Office for the Aging Mission:

- Identify needs and gaps in service
- Develop, coordinate, and implement services to meet identified needs
- Enable senior citizens to live safely in their homes and communities, thereby avoiding or delaying institutionalization or hospitalization
- Maximize senior citizens independence

Nassau County Office for the Aging Background

- Created in 1969 under the Older Americans Act
- Designated Area Agency on Aging
- There is no fee for programs under the Older Americans Act
- Programs and services for well/active seniors, frail/homebound, and Caregivers

Bethpage Senior Community Center

- Established in 1999
- Capacity of 245 people
- Large parking lot
- WIFI available
- Kitchen included: double oven, sterno table, sink, dishwasher, and refrigerator
- Round tables and folding chairs in large main room
- Convenient access to major roadways



Bethpage Senior Community Center is available to rent to local business and non-profit agencies

Additional Services

- HEAP and SAFE Fuel Assistance Programs
- Health Insurance Information Counseling (HIICAP)
- Senior Financial Counseling and Bill Payer
- Legal Services
- Long Term Care Ombudsman

Annual Events

- Annual Conference
- Senior Luncheons
- Various Senior Community Events held thought the year.

Additional Resources

Town of Hempstead

Office of Senior Enrichment (516)485-8100

Town of Oyster Bay

Senior Citizens Division (516)797-7916

Town of North Hempstead

Project Independence (516)869-6311

Overview of Programs

Information & Assistance

Nassau NY*Connects - (516) 227-8900

- Statewide program where individuals can obtain comprehensive, accurate and unbiased information and assistance.
- Support to those in need of care to remain their homes
- Good place to start in looking for services or if you have questions about what is out there. Telephone is answered by live counselor
- Information and referral to community based and long-term care services for people of all ages and people with disabilities.
- Person Centered Counseling with options counseling to determine best course of action



NY Connects
Your Link to Long Term
Services and Supports

We Can:

- Provide information, referral and assistance to seniors and caregivers
- Connect seniors and caregivers to services
- Provide information on long term services for citizens of all ages

We cannot:

- Provide direct financial aid
- Provide housing
- Provide county-wide transportation
- Provide emergency services

Long Term Care and Supports

Adult Day Care

- Social Model Programs
- Therapeutic services in a supervised setting
- Special services for Alzheimer's patients at certain locations

Adult Day Care Locations:

- Herricks Alzheimer's Adult Day Program
- Adult Day Care, East Hills
- Alzheimer's Senior Day, Hewlett
- Glen Cove Adult Day Care
- Long Island Alzheimer's & Dementia Center

In Home Assistance Program/Case Management

- Provides in home care management services to Nassau residents of age 60 and Personal Care or housekeeping services to eligible seniors
- Case management at no charge
- Cost share may be required, determined at the time of assessment
- Case managers arrange services following a comprehensive in-home assessment
- Non-medical services available
- Up to 20 hours per week

Caregiver Assistance

- Provide respite for the caregiver of a cognitively impaired/frail person
- In-home short-term aide services, 2 X per month
- Program is free to County residents
- Caregiver support groups

Nutrition Services for Seniors

Home Delivered Meals

- Provision of chilled or frozen meals to homebound older adults or the spouse of an eligible participant who cannot prepare meals.



Senior Community Service Centers

- Recreation and socialization programs
- Health promotion, exercise classes available
- Shopping assistance
- Congregate Meals – A nutritious hot lunch provided in a social setting
- Transportation available to and from senior center

Senior Community Service Centers Locations:

- Bethpage
- Franklin Square
- Freeport
- Glen Cove
- Great Neck
- Hempstead
- Herricks
- Hewlett

- North Merrick
- Oceanside
- Oyster Bay
- Point Lookout
- Port Washington
- Rockville Centre
- Wantagh
- Westbury