

August 2024

**Bethpage Senior Community Center
103 Grumman Road West, Bethpage, NY 11714
(516) 571-9910**



Nassau County Office for the Aging

This program is made possible with funding from the Nassau County Department of Human Services, Office for the Aging through the New York State Office for the Aging and the U. S. Administration on Aging

Monday

Tuesday

Wednesday

Thursday

Friday

			1 Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo	2 9:15am – 10:15am Chair Yoga Lunch & Learn 11:00am *Reservations Required*
5 Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards 2pm – 3pm Chair Yoga	6 Sagamore Pioneers 9am – 1pm Retired Telephone Operators Club Tai Chi 3:00 – 4:00	7 Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool Zumba 1pm – 2pm	8 Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo	9 9:15am – 10:15am Chair Yoga Senior Veterans Lunch *Reservations Required*
12 Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards 2pm – 3pm Chair Yoga	13 St. Pius X Seniors 10am – 1pm Speaker/Entertainment *This club has a wait list* Tai Chi 3:00 – 4:00	14 Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool Zumba 1pm – 2pm Capt. Kathy Mazza Lodge 2163A 7:00pm	15 Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo	16 9:15am – 10:15am Chair Yoga

Monday	Tuesday	Wednesday	Thursday	Friday
<p>19</p> <p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>	<p>20</p> <p>St. Pius X Seniors 10am – 1pm Speaker/Entertainment *This club has a wait list*</p> <p>Tai Chi 3:00 – 4:00</p>	<p>21</p> <p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p>Zumba 1pm – 2pm</p>	<p>22</p> <p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p>23</p> <p>9:15am – 10:15am Chair Yoga</p>
<p>26</p> <p>Our Lady of Mercy Seniors 10am – 1:30pm Bingo, Cards</p> <p>2pm – 3pm Chair Yoga</p>	<p>27</p> <p>Indian-American Forum 10am – 3:00pm</p>	<p>28</p> <p>Bethpage Seniors 9:30am – 12:30pm Cards, Poker, Pool</p> <p>Zumba 1pm – 2pm</p> <p>Capt. Kathy Mazza Lodge 2163A 7:00pm</p>	<p>29</p> <p>Hicksville Mid-Island Seniors 10am – 3pm Cards, Poker, Pool, Bingo</p>	<p>30</p> <p>9:15am – 10:15am Chair Yoga</p>



BRUCE A. BLAKEMAN
NASSAU COUNTY EXECUTIVE