



CERT



NASSAU COUNTY



Main Office:

516-573-9600

Email:

oemcert@nassaucountyny.gov

CERT Monthly Newsletter

JANUARY 2020

In Memory of Morty Press

Dear Members,

It is with great sadness we lost a cherished CERT Member, Morty Press, who passed on November 27th. We will miss his kindred and loving spirit. He served the residents of Nassau County as a CERT Member for over a decade. Anytime we needed him to help, he never hesitated. He attended numerous training events including Active Shooter Drills, OEM trainings and Division 2 Meetings and Outreach events. He always showed up with a smile and asked how he could help. He will be very missed. Please keep his family in your thoughts and prayers.

In order to keep CERT a vital and dynamic organization, we need to continue adding active members. To this end, a new CERT basic class will begin on Wednesday, February 27th. As current members, you are the best ambassadors the program has. While there is very strong interest in the class, we continue to recruit additional students. If you know anyone who may be interested, please refer them to us via oemcert@nassaucountyny.gov.

As we enter 2020, we look forward to continuing to grow and improve the CERT program. The CERT Leadership with the Division Leaders are planning for training, drills and events for the upcoming year. Do you have a skill set that would be of interest? If you do, please contact your division leader.

Our door is always open please contact Bob, Paul or your Division Leaders if you have any concerns, questions. We are here for all of you.

We look forward to a great 2020 for the CERT program!

Bob & Paul

**CERT IS
WHAT
YOU
MAKE IT**



**COUNTY,
STATE,
&
FEDERAL
ONE TEAM**



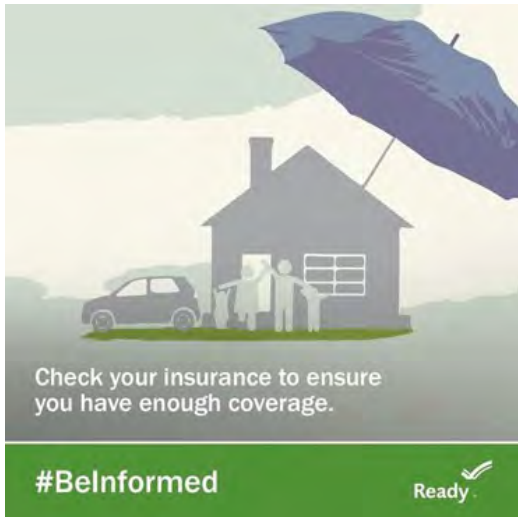
**We have a class beginning on Wednesday February 26, 2020 at:
Office of Emergency Management
510 Grumman Road West
Bethpage, Ny 11714**

CERT Basic Class -Winter 2020

Day / Date	Topic	Class	Location
Wednesday, February 26, 2020	Introduction / What is CERT	1	OEM Lecture Hall
Tuesday, March 3, 2020	Fire Safety / Portable Radio Fundamentals	2	OEM Lecture Hall
Wednesday, March 11, 2020	Disaster Medical Operations	3	OEM Lecture Hall
Wednesday, March 18, 2020	Light Search & Rescue Operations	4	OEM Lecture Hall
Wednesday, March 25, 2020	Sheltering Operations	5	OEM Lecture Hall
Wednesday, April 1, 2020	Emergency Operations Center / Warehouse	6	OEM Lecture Hall
Tuesday, April 7, 2020	Disaster Psychology / Terrorism / Graduation	7	OEM Lecture Hall



Resolve to be Ready 2020



The new year is upon us, bringing with it a new decade. While it is an exciting time for resolutions, it is also important to update your preparedness plans and toolkits. Taking these steps will help you to make 2020 the best start to the new decade.

Make a catalog of preparedness skills you think you might be lacking. Do you want to be CPR certified? How about updating your Emergency Kit? Taking a moment for introspection will help to guide you in this process. A few key areas of preparedness include financial preparedness, physical safety preparedness, and family and pet preparedness, to start.

Individual Preparedness Tips for 2020:

- ◆ **Update your emergency plan.** Has your emergency contact moved away or changed their phone number? Make sure your information is consistently up-to-date. Continue familiarizing yourself with your neighborhood and plan for backup evacuation routes in case of an emergency.
- ◆ **Take a recent photograph of yourself, your loved ones and your pet** in case any of you should become separated during a disaster.
- ◆ **Store your important documents (i.e. Social Security card, birth certificate) in a safe, secured, waterproof place** such as a locked safe with the documents sealed in waterproof bags.
- ◆ **Take courses in basic first aid and CPR.** You never know when someone might need your help.
- ◆ **If you haven't started an emergency fund, start one immediately.** It is extremely important to have spare cash on hand in case you find yourself displaced.
- ◆ **Spend within your means – establish a budgeting worksheet that helps you plan for the holidays and the future.**
- ◆ **Check your insurance plan to see if it covers all disasters – if not, consider another plan or enrolling in dual coverage.** Make sure you have recent pictures of your home and property in case you must file a claim.
- ◆ **Sign up for alerts and warnings through the FEMA app.**
- ◆ **Ensure that you are familiar with your neighbors and construct a plan to assist each other in case of an emergency or disaster.**
- ◆ **Prioritize what you would want to take with you if you had to suddenly evacuate your home. Make a go-kit.**
- ◆ **Make sure your pet is included in your plans – find pet-friendly shelters, have your contact information listed on your pet's collar, and update your pet's microchip information if necessary, so that you can find your pet should you be separated.**

While it is important to take preparedness steps for yourself and your loved ones, it is equally valuable to create and update your Preparedness Plan if you are a small business owner. Take a look at the following tips to help you brainstorm some ideas!



Small Business Preparedness Tips for 2020:

- ◇ **Identify your risks. If your business is in a flood-prone area, it would be sensible to begin creating and refining your Flood Preparedness Plan before anything else. If you live in an area that could possibly experience various types of extreme weather, ensure that you treat all Preparedness Plans with equal care.**
- ◇ **Check your insurance plan(s) for any updates or changes in coverage.**
- ◇ **Establish a strategy for relocating undamaged stock or supplies.**
- ◇ **Make sure your Uninterrupted Power Source is in place to protect electrical equipment from a power surge.**
- ◇ **Use resources such as the FEMA app and the National Weather Service to stay up-to-date regarding emergency closures and storm tracking.**
- ◇ **Ensure that your employees have updated contact information in your communication chains (i.e. group email updates, automated phone calls).**
- ◇ **If you do not have an established communications plan, begin creating one and briefing your employees on expectations.**

ADOPT a HYDRANT



As Winter is upon us the Fire Departments of Nassau County would like to ask residents to assist them by keeping fire hydrants always clear of snow and debris. It takes valuable time when seconds count during an emergency. Think of the delay when fire fighters need to try and locate a hydrant buried in snow, then must clear the snow around it. Also assist neighbors who may be unable to clear hydrants outside of their home or simply clearing hydrant that you see is covered.



“Imagine how hard and how long it would take you to shovel the fire hydrant clear of snow,”. “It’s no different for the firefighters – it takes several minutes when seconds count. Or they cannot locate the fire hydrant even though we have a pretty good idea where (they’re) located. We may be digging just two to three feet from where the hydrant really is, not good for our firefighters or you.”





Radio Amateur Civil Emergency Services (RACES)



This time of year is a very busy time for our RACES membership who volunteer and provide vital communications for various public service events through out the New York Area. Two of the biggest events are the American Cancer Society (ACS) Walk at Jones Beach which was held on October 29th and the TATA Consultancy Services / New York Road Runner's NYC Marathon held on November 3rd. All of the operators whether they were seasoned operators or new operators all provided reliable communications as well as another layer of situational awareness for both these major events

The Amateur Radio Emergency Service (ARES) provided communication through amateur radio for the American Cancer Society "Making Strides Against Breast Cancer Walk" at Jones Beach. This walk helps to unite communities in the fight against this deadly disease. Today, Making Strides is the largest network of breast cancer events in the nation and they do more than just walk. They raise money to help the American Cancer Society fund groundbreaking breast cancer research and provide patient services like free rides to chemo, free places to stay near treatment, and a live 24/7 cancer helpline. But they can't do any of this without the help of people like you. As of this article they had raised 1,695,522 for this worthwhile cause.

The New York City Marathon route touches all five boroughs of New York City: Staten Island, Brooklyn, Queens, the Bronx, and Manhattan. The course unites dozens of culturally and ethnically diverse neighborhoods, crosses five bridges, and finishes in world-famous Central Park. More than two million spectators crowd the sidelines. The TCS New York City Marathon is the largest marathon in the world and the signature event of New York Road Runners (NYRR), the world's premier community running organization. The race is held annually on the first Sunday of November and includes over 50,000 runners. All amateur radio communication through out the entire 26.2 mile NYC Marathon is coordinated by Event Hams. This is no easy task, it takes a year of planning and coordination between local amateur radio clubs, event coordinators, sponsors, NYPD, FDNY, and other city government agencies to be able to hold a safe and successful event. This year there were over 275 Ham Radio Operators at the NYC Marathon who took part with about 40 of them being new to this years event.

On November 18th our monthly meeting was held at Nassau County OEM. After the business portion of the meeting we turned our attention to our monthly training portion. This month we held a sheltering table top exercise emphasizing communication. Participants needed to setup a communications room and pass messages between their shelter and net control. This type of table top exercises allows us the opportunity to review procedures and protocols so we are prepared for a real life event. Please keep in mind our trainings are open to all, so keep an eye out for a skill set you may need a refresher on or something new to learn for you to add to your tool box. Next month we will be reviewing 2019 and looking forward to 2020. We hope to see you then!

73

Bob Long

Bob Long KC2PSN, WQME569

Nassau County RACES / CERT Chief Radio Officer





RACES 2019 Trainings



Meeting Date	Training Topic	Individual Responsible	
January 13, 2020	HRU recap, set up / Speaking about RACES in pub		
February 24, 2020	Review RACES Operational Plan		
March 16, 2020	Emergency Action Plan training / Situation Awareness		
April 20, 2020	L. I. Marathon Planning Meeting / How to Interact with Event Official / Law Enforcement		
May 18, 2020	Skywarn - Exercise		
June 15, 2020	Tools for deployment		
July 20, 2020	Procedures and Protocols - Fundamentals of Deployment		
August 17, 2020	Suicide Awareness		
September 21, 2020	What's in your Jump Kit? (Show & Tell / Members bring in Jump Kits)		
October 19, 2020	Leadership training		
November 16, 2020	Table Top Exercise		
December 14, 2020	Year End Review		

Other Training Topics	<p><i>Physiological First Aid</i></p> <p><i>Safe Talk</i></p> <p><i>Team building / Leadership (2)</i></p> <p><i>Table Top</i></p> <p><i>Training on any new equipment we may get</i></p> <p><i>CERT Refresher (broken down to elements, or two months)</i></p> <p><i>Guest Speakers?</i></p> <p><i>Other Ideas</i></p>
------------------------------	---



HELP SAVE THE LIFE OF A LOVED ONE!

If you are interested in the Nassau County Overdose Prevention And Naloxone Training at any of the listed locations You must register at: <https://forms.nassaucountyny.gov/agencies/CE/narcan/ontraining.php>

Description:

Overdose prevention workshop with Naloxone/Narcan training. Learn to recognize an overdose and reverse it to save a life. And then, find out what to do next - treatment and recovery options.

New Hyde Park Fire Department
1555 Jericho Turnpike
New Hyde Park, NY 11040
Wednesday, January 15, 2020 07:00 PM


Lakeview Public Library
1120 Woodfield Road
Rockville Centre, NY 11570
Wednesday, January 22, 2020 06:00 PM

Bethpage Senior Community Center—**Refresher Class**
103 Grumman Road West
Bethpage, NY 11714
Wednesday, January 29, 2020 07:00 PM

Hewlett Fire Department
25 Franklin Avenue
Hewlett, NY 11557
Tuesday, February 25, 2020 06:30 PM

Locust Valley Library
170 Buckram Road
Locust Valley, NY 11560
Thursday, March 19, 2020 07:00 PM

January 2020 - Upcoming Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				2	3	4
5	6	7	8	9	10	11
12	13 RACES Meeting 7:30 pm	14	15	16 Officers Meeting 7:30 pm	17	18
19		21	22	23	24	25
26	27 Division 2 Meeting 7:30pm	28	29	30	31	

Important CERT Dates

RACES Meeting

January 13
Nassau County OEM Lecture Hall
Time: 7:30 pm

Officers Meeting

January 16th
Nassau County OEM Lecture Hall
Time: 7:30 pm

Division 2 Meeting

January 27th
Island Park Public Library
Time: 6:30 pm

February 2020 - Upcoming Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
	3	4	5	6	7	8
9	10	11	12 Lincoln's Birthday (OEM Office Closed)	13		15
16	17 Presidents' Day (OEM Office Closed)	18	19	20 Officers Meeting 7:30 pm	21	22 Washington's Birthday
23	24 RACES Meeting 7:30 pm	25	26 CERT Basic Class #1	27	28	29

Important CERT Dates

Officers Meeting

February 20th
Nassau County OEM Lecture Hall
Time: 7:30 pm

RACES Meeting

February 24
Nassau County OEM Lecture Hall
Time: 7:30 pm

CERT Basic Class

Office of Emergency Management

510 Grumman Road West
Bethpage, NY 11714

Class dates:

Wednesday, February 26
Tuesday, March 3; Wednesday, March 11;
Wednesday, March 18; Wednesday, March 25
Wednesday, April 1; Tuesday, April 7 (Graduation)



Nassau County CERT Coordinator

Bob Chiz

oemcert@nassaucountyny.gov

CERT Deputy Director

Paul Shapiro

pshapiro@nassaucountyny.gov

CERT Section Chiefs

Paul Shapiro	Jeffrey Sliva	David Sobolow
Logistics	Operations	Planning
		Admin/Finance

Division 1

Division Supervisor

Bill Pavone

nassaucertdiv1@yahoo.com

Division 3

Division Supervisor

Alex Gallego

nassaucertdiv3@outlook.com

Division 2

Division Supervisor

Judy Ryan

nassaucertinfo@gmail.com

Division 4

Division Supervisor

Division 5 - Campus CERT

Division Supervisor

Stephanie Gobbo

Stephanie.Gobbo@liu.edu

CERT Basic Class

Office of Emergency Management

510 Grumman Road West
Bethpage, NY 11714

Class dates:

Wednesday, February 26

Tuesday, March 3; Wednesday, March 11; Wednesday, March 18; Wednesday, March 25
Wednesday, April 1; Tuesday, April 7 (Graduation)

PLEASE HELP US RECRUIT NEW MEMBERS!!

OEMCERT@NASSAUCOUNTYNY.GOV

(Current CERT Members may attend any class as a refresher)