



CERT



NASSAU COUNTY



Main Office:

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**CERT IS
WHAT
YOU
MAKE IT**



**COUNTY,
STATE,
&
FEDERAL
ONE TEAM**

CERT Monthly Newsletter

DECEMBER 2019

Dear Members,

We hope that you all had a safe and happy Thanksgiving holiday! As we head into the holiday season, and the end of the year approaching we would like to Thank all of our team members who have helped in making 2019 a success from the, outreach events, assisting OEM with Events such as LI Marathon, Jones Beach Air Show also the basic training classes and to all of the team members who assist in teaching our new members this past year.

Congratulations to these who completed the recent CERT Basic class and we welcome them to the CERT family. We look forward to working with them and helping the CERT organization continue to grow.

Divisions 1 and 3 are both holding their autumn meetings during the upcoming weeks. Division 1 meeting will be perform a basic inspection of CERT and Go Bags along with discussion of updates needed to fulfill our primary mission. Division 3 will be hosting a Civilian Preparedness Training Program presented by New York state. All members and there guest are welcome to attend

As we enter 2020, we look forward to continuing to grow and improve the CERT program. The CERT Leadership with the Division Leaders are planning for training , drills and events for the upcoming year. Do you have a skill set that would be of interest? If you do, please contact your division leader .

We would like to wish all our members and there families a happy, healthy and safe holiday season.

We look forward to a great 2020 for the CERT program!

Bob & Paul

CERT Basic Class

Fall 2019



Tower exercise



CERT Basic Class

Fall 2019



**Disaster
Medical
Operations
Presentation By
Kathleen Ernst**

Shelter Operations

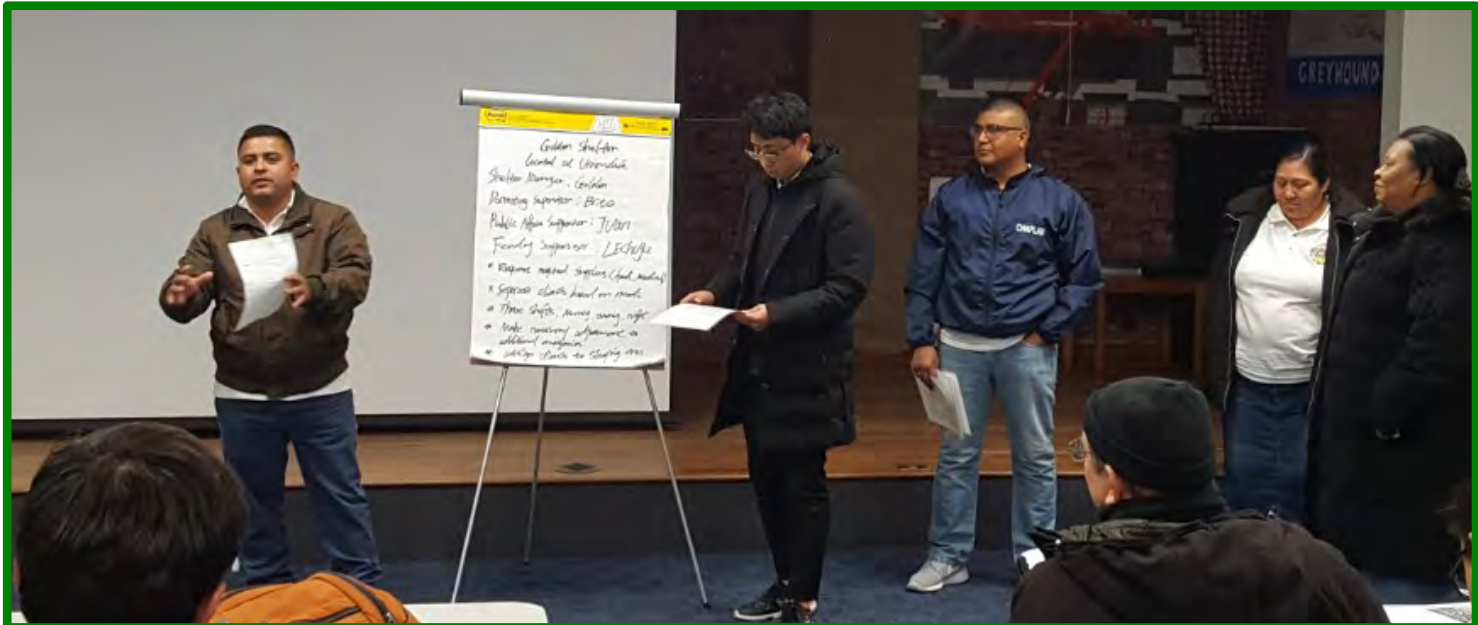
Presentation By

Thomas Vaughn



CERT Basic Class

Fall 2019



Golden Shofar
Central of Connecticut
Shofar Manager - Golden
Planning Supervisor - Bisco
Public Affair Supervisor - J. Miller
Funding Supervisor - L. Schiffo
• Request mutual support (and meeting)
• Support each other on road
• Time shifts, times vary night
• Make mutual adjustment in
additional meetings
• Welcome back to starting 2021

CERT Basic Class Graduation

Fall 2019



What is in your CERT bag/backpack?

Are you Prepared?



Equipment and Supplies	Required / Optional	Quantity	Date Obtained	Date Last Checked
CERT BAG				
CERT Backpack	R	1		
CERT Helmet	R	1		
Leather Work Gloves	R	1		
Protective Eyewear / Goggles	R	1		
CERT Safety Vest (reflective)	R	1		
Non Latex Examination Gloves (Vinyl or Nitrile)	R	10 Pairs		
Flashlight with Extra Batteries (LED is best)	R	1+		
N95 Dust Mask	R	3		
Utility Knife or Multi-Tool (Leatherman / Gerber)	R	1		
Note Pad	R	1		
Pens / Pencils / Write in the Rain waterproof Pen	R	1+		
ICS Blank Forms ICS 211 & ICS 214 at a minimum	O	2x		
CERT Contact Information / Calling Tree	O	1		
Whistle	O	1		
Water Bottle	O	1+		
Non-Perishable Snacks / Power Bars / Granola Bar	O	1+		
Indelible Markers (RED / BLACK)	R	2		
Basic First Aid Kit (Bandages, gauze, tweezers, aspirin)	R	1		
Sunscreen	O	1		
Lip Balm / Chap stick	O	1		
Insect Repellant	O	1		
Space Blanket	O	1		
Poncho / Raingear	O	1		
FRS / GMRS Radio	O	1		

CERT BAG ADDITIONS

Equipment and Supplies	Required / Optional	Quantity	Date Obtained	Date Last Checked
Secondary Flashlight / Headlamp	O	1		
Ball Cap / Knit Cap	O	1		
Duct Tape	O	4 yds.		
Non Sparking Wrench for gas Shutoff (4 in 1)	O	1		
Light Sticks (Cyalume / Chemlight) - 12 hr.	O	4		
Para Cord / Nylon Rope (300 lb. test) 50' - 100'	O	1		
Fire Starting Tool	O	1		
Entrenching tool - Axe / Shovel / Camp Saw	O	1		
Extra Socks	O	1 pair		
Trauma Bandages / Maxi Pads / Quickclot	O	2- 4		
Clip Board	O	1		
Coloured Tape for Triage - RED / YELLOW / GREEN / BLACK	O	4		
Large Ziploc bags	O	2		
Trash Bags	O	3		
Light duty Dog Lease / Slip Collar	O	1		
\$20 - \$40 Cash	O			
Small Bottle of hydrogen Peroxide	O	4 oz.		
Weather Radio	O	1		
CPR Kit	O	1		



CERT Member GO BAG

Equipment and Supplies	Required / Optional	Quantity	Date Obtained	Date Last Checked
Change of clothes (rotate for seasons)	R	1+		
Change of Shoes or Boots	R	1		
Change of Socks / Underwear	R	1		
Extra T-Shirt / Thermal Undershirt	R	1		
Seasonal Outerwear	O	1		
Toiletries and hygiene supplies - Tooth Brush!	O	1		
Medication (prescription and over the counter) Rotate to keep from expiring	R	1		
Snacks and Food Supplies (MREs)	R	2+		
Additional Water	O	1+		
Reading material or other entertainment DVD Player, iPod	O	1		
Toilet Paper	O	1 ROLL		
NOTE: Try to use Common battery size for all devices (AA)				

What to wear for an Activation

Black or Tan Pants	R			
CERT Shirt	R			
Heavy Duty Boots	R			
CERT ID	R			
Outerwear and headgear suitable for the Season	O			
Cell Phone	O			



Fire Safety

during Winter Storms

Winter storms can happen almost anywhere. They can cause us problems.

Know what to do before, during and after a storm. This will help keep you and your family safe from a winter fire.

- * Test all smoke alarms. Do this at least once a month. This way you will know they are working.
- * Install carbon monoxide alarms in your home. Test the alarms.
- * Plan two ways out of the home in case of an emergency. Clear driveway and front walk of ice and snow. This will provide easy access to your home.
- * Make sure your house number can be seen from the street. If you need help, firefighters will be able to find you.
- * Be ready in case the power goes out. Have flashlights on hand. Also have battery-powered lighting and fresh batteries. Never use candles.
- * Stay aware of winter weather. Listen to the television or radio for updates. Watch for bulletins online.
- * Check on neighbors. Check on others who may need help.
- * Generators should be used outdoors. Keep them away from windows and doors. Do not run a generator inside your garage, even if the door is open.
- * Stay away from downed wires. Report any downed wires to authorities.
- * Be ready if the heat stops working. Use extra layers of clothes and blankets to stay warm. If you use an emergency heat source, keep anything that can burn at least 3 feet away.
- * Turn portable heaters off when you leave the room.

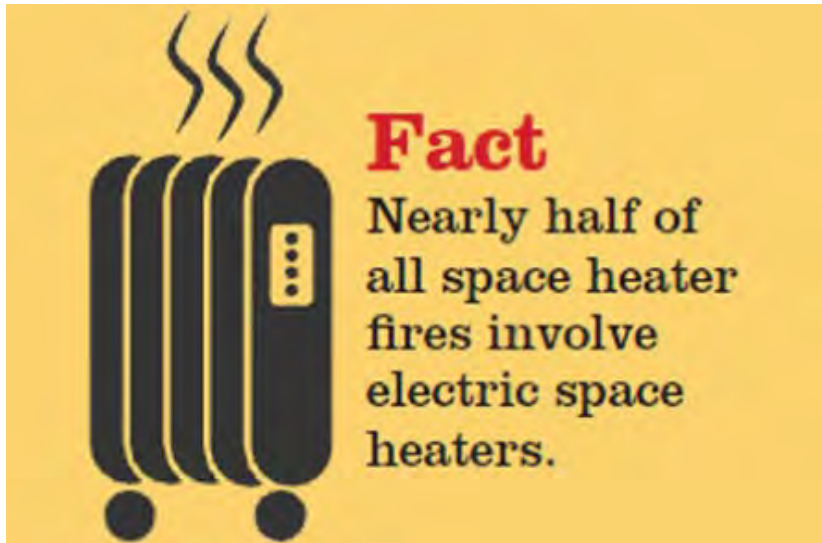
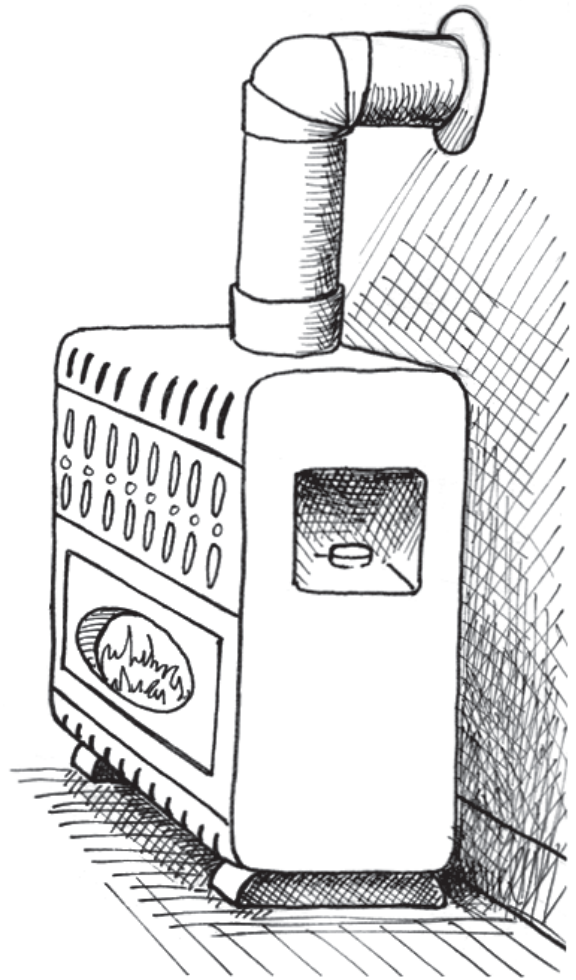
IMPORTANT REMINDER

There are more home fires in winter than in any other season.

Half of all home heating fires happen in December, January and February.

As you stay cozy and warm this winter season, be

Fire Smart!





RACES 2019 Trainings



Meeting Date	Training Topic	Individual Responsible	
January 28	ICS Forms	Michael Arcari	Bob Long
February 25		Bob Jordan	
March 18	Leadership	Tom Vaughn	
April 15	Long Island Marathon Planning Meeting	Bob Long	Michael Arcari
May 20	Skywarn - Summer Reportable Criteria	Michael DeMita	
June 17	Interoperability	Michael Arcari	
July 15	Leadership	Tom Vaughn	
August 19	Psychological First Aid	Michael Arcari	
September 16	Preparedness Training	Michael Arcari	
October 21	Skywarn - Winter Reportable Criteria	Michael DeMita	
November 18	Table Top Exercise	Michael Arcari	Ton Vaughn
December 16	Year End Review	Bob Long	Michael Arcari

Other Training Topics	<p><i>Physiological First Aid</i></p> <p><i>Safe Talk</i></p> <p><i>Team building / Leadership (2)</i></p> <p><i>Table Top of some kind</i></p> <p><i>Training on any new equipment we may get</i></p> <p><i>CERT Refresher (broken down to elements, or two months)</i></p> <p><i>Guest Speakers?</i></p> <p><i>Other Ideas</i></p>
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HELP SAVE THE LIFE OF A LOVED ONE!

If you are interested in the Nassau County Overdose Prevention And Naloxone Training at any of the listed locations
You must register at: <https://forms.nassaucountyny.gov/agencies/CE/narcan/ontraining.php>




Description:

Overdose prevention workshop with Naloxone/Narcan training. Learn to recognize an overdose and reverse it to save a life.
And then, find out what to do next - treatment and recovery options.

Bryant Public Library 2 Papermill Road
Roslyn, NY 11576
Thursday, December 5, 2019 06:30 PM

Reconstructionist Synagogue of the North Shore
1001 Plandome Road
Plandome, NY 11030
Tuesday, December 17, 6:30pm – 8:30pm

December 2019 - Upcoming Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Division 1 Meeting 7:30pm	5	6	7
8	9	10	11 Division 3 Meeting 6:30pm	12	13	
15	16 RACES Meeting 7:30 pm	17	18	19	20	21
		24			27	28
29	30		1	2	3	4

Important CERT Dates

Division 1 Meeting

December 4th
Nassau County OEM Lecture Hall
Time: 7:30 pm



Division 3 Meeting

December 11th
LIU Post
Time: 6:30 pm

RACES Meeting

December 16th
Nassau County OEM Lecture Hall
Time: 7:30 pm

January 2020 - Upcoming Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				2	3	4
5	6	7	8	9	10	11
12	13	14	15	16 Officers Meeting 7:30 pm	17	18
19		21	22	23	24	25
26	27 Division 2 Meeting 7:30pm	28	29	30	31	

Important CERT Dates

Officers Meeting

January 16th
Nassau County OEM Lecture Hall
Time: 7:30 pm

RACES Meeting

TBD
Nassau County OEM Lecture Hall
Time: 7:30 pm

Division 2 Meeting

January 27th
Island Park Public Library
Time: 6:30 pm



Nassau County CERT Coordinator

Bob Chiz & Joshua DaSilva

oemcert@nassaucountyny.gov

CERT Deputy Director

Paul Shapiro

pshapiro@nassaucountyny.gov

CERT Section Chiefs

Paul Shapiro	Jeffrey Sliva	David Sobolow
Logistics	Operations	Planning
		Admin/Finance

Division 1

Division Supervisor

Bill Pavone

nassaucertdiv1@yahoo.com

Division 3

Division Supervisor

Alex Gallego

nassaucertdiv3@outlook.com

Division 2

Division Supervisor

Judy Ryan

nassaucertinfo@gmail.com

Division 4

Division Supervisor

Division 5 - Campus CERT

Division Supervisor

Stephanie Gobbo

Stephanie.Gobbo@liu.edu

CERT Basic Class

Next class
2020

PLEASE HELP US RECRUIT NEW MEMBERS!!

OEMCERT@NASSAUCOUNTYNY.GOV

(Current CERT Members may attend any class as a refresher)