



CERT



NASSAU COUNTY



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**CERT IS
WHAT
YOU
MAKE IT**



**COUNTY,
STATE,
&
FEDERAL
ONE TEAM**

CERT Monthly Newsletter

NOVEMBER 2019

Dear Members,

Our thoughts and prayers go out to all the victims, whose lives have been devastated by the recent and current wildfires . As well as the first responders, military and volunteers who have been actively assisting in operations.

Across America the afternoons are about to feel a whole lot shorter. Daylight Saving Time ends on Sunday, Nov. 3, across the United States, which means earlier sunsets and longer nights. That's after Halloween and not before, as many people seem to believe. The time change officially takes place at 2 a.m. local time, but you don't necessarily have to move the big hand on your clock behind an hour. The change is automatic for most smartphones, computers, tablets and other digital devices. Also it is a great time to check and change the batteries in our smoke and CO detectors .

The new CERT basic class began on Wednesday, September 25th at the Long Beach Public Library. We just finished class # 4, with three remaining classes. Graduation will be on Wednesday, November 20th. Remember all are invited to attend any of the classes for a refresher or to assist.

We would like to Thank all those CERT members for taking time out of their busy schedules to help inform residents about preparedness and the CERT organization at all the outreach events during the past few months.

“Tis the season for holiday travel, and more Americans than ever will journey to spend time with friends and family or choose to take a vacation,” states AAA. With a record-breaking one-third of the country choosing to travel this holiday season, roadways and airports are sure to be busy. If you are traveling, be prepared, have a plan, be safe and enjoy.

Have a Happy and Safe Thanksgiving Best Regards,

Bob L Paul



We have a class beginning on September 25, 2019 at the:

Long Beach Public Library
111 West Park Avenue
Long Beach, NY 11561

CERT Basic Class -Fall 2019

Day / Date	Topic	Class	Location
Wednesday, September 25, 2019	Introduction / What is CERT	1	Long Beach Public Library
Wednesday, October 16, 2019	Fire Safety / Portable Radio Fundamentals	2	Long Beach Public Library
Wednesday, October 23, 2019	Disaster Medical Operations	3	Long Beach Public Library
Wednesday, October 30, 2019	Light Search & Rescue Operations	4	Long Beach Public Library
Wednesday, November 6, 2019	Emergency Operations Center / Warehouse	5	OEM
Wednesday, November 13, 2019	Sheltering Operations	6	Long Beach Public Library
Wednesday, November 20, 2019	Disaster Psychology / Terrorism / Graduation	7	Long Beach Public Library

Tell a Friend



CERT All-County Meeting

October 24, 2019



Cyber Security & Fraud Awareness

Presentation By Marvin Stein (Division 2)



CERT Participates in Wantagh Fire Department Fire Prevention Day

Saturday
October 26





Radio Amateur Civil Emergency Services (RACES)

Meeting Date	Training Topic	Individual Responsible	
January 28	ICS Forms	Michael Arcari	Bob Long
February 25		Bob Jordan	
March 18	Leadership	Tom Vaughn	
April 15	Long Island Marathon Planning Meeting	Bob Long	Michael Arcari
May 20	Skywarn - Summer Reportable Criteria	Michael DeMita	
June 17	Interoperability	Michael Arcari	
July 15	Leadership	Tom Vaughn	
August 19	Psychological First Aid	Michael Arcari	
September 16	Preparedness Training	Michael Arcari	
October 21	Skywarn - Winter Reportable Criteria	Michael DeMita	
November 18	Table Top Exercise	Michael Arcari	Ton Vaughn
December 16	Year End Review	Bob Long	Michael Arcari

Other Training Topics	<p><i>Physiological First Aid</i></p> <p><i>Safe Talk</i></p> <p><i>Team building / Leadership (2)</i></p> <p><i>Table Top of some kind</i></p> <p><i>Training on any new equipment we may get</i></p> <p><i>CERT Refresher (broken down to elements, or two months)</i></p> <p><i>Guest Speakers?</i></p> <p><i>Other Ideas</i></p>
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Enjoy a Safe Holiday Season

Holiday safety is an issue that burns brightest from late November to mid-January, when families gather, parties are scheduled and travel spikes. Take some basic precautions to ensure your family remains safe and injury-free throughout the season.

Traveling for the Holidays? Be Prepared



Many people choose to travel by car during the holidays, which has the highest fatality rate of any major form of transportation based on fatalities per passenger mile. In 2017, 329 people died on New Year's Day, 463 on Thanksgiving Day and 299 on Christmas Day, according to *Injury Facts*. Alcohol impairment was involved in about a third of the fatalities.

Stay safe on the roads over the holidays and every day:

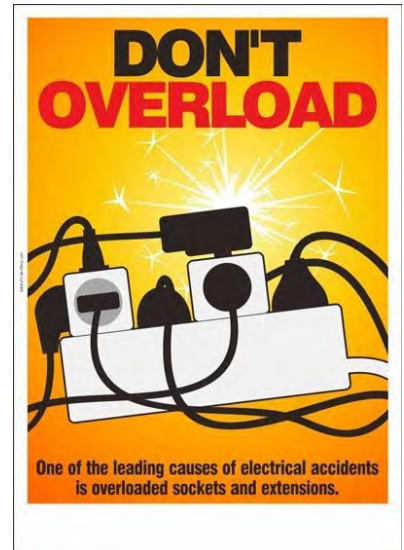
- Prepare your car for winter and keep an emergency preparedness kit with you
- Get a good night's sleep before departing and avoid drowsy driving
- Leave early, planning ahead for heavy traffic
- Make sure every person in the vehicle is properly buckled up no matter how long or short the distance traveled
- Put that cell phone away; many distractions occur while driving, but cell phones are the main culprit
- Practice defensive driving
- Designate a sober driver to ensure guests make it home safely after a holiday party; alcohol or over-the-counter, prescription and illegal drugs can cause impairment

Decorate Safely

Decorating is one of the best ways to get in a holiday mood, but emergency rooms see thousands of injuries involving holiday decorating every season.

When decorating follow these tips from the [U.S. Consumer Product Safety Commission](#):

- Keep potentially poisonous plants – mistletoe, holly berries, Jerusalem cherry and amaryllis – away from children
- If using an artificial tree, check that it is labeled “fire resistant”
- If using a live tree, cut off about 2 inches of the trunk to expose fresh wood for better water absorption, remember to water it and remove it from your home when it is dry
- Place your tree at least 3 feet away from fireplaces, radiators and other heat sources, making certain not to block doorways
- Avoid placing breakable ornaments or ones with small, detachable parts on lower tree branches where small children can reach them
- Only use indoor lights indoors and outdoor lights outdoors, and [choose the right ladder](#) for the task when hanging lights
- Replace light sets that have broken or cracked sockets, frayed or bare wires, or loose connections
- Follow the package directions on the number of light sets that can be plugged into one socket
- Never nail, tack or stress wiring when hanging lights and keep plugs off the ground away from puddles and snow
- Turn off all lights and decorations when you go to bed or leave the house



Watch Out for Fire-Starters

Candles and Fireplaces

Use of candles and fireplaces, combined with an increase in the amount of combustible, seasonal decorations in many homes during the holidays, means more risk for fire. The [National Fire Protection Association](#) reports that one-third of home decoration fires are started by candles and that two of every five decoration fires happen because the decorations are placed too close to a heat source.



- Place candles where they cannot be knocked down or blown over and out of reach of children.



- Keep matches and lighters up high and out of reach for children in a locked cabinet.
- Use flameless, rather than lighted, candles near flammable objects.
- Don't burn trees, wreaths or wrapping paper in the fireplace.
- Use a screen on the fireplace at all times when a fire is burning.
- Never leave candles or fireplaces burning unattended or when you are asleep.
- Check and clean the chimney and fireplace area at least once a year.

Turkey Fryers

Be alert to the dangers if you're thinking of celebrating the holidays by frying a turkey. The Consumer Product Safety Commission reports there have been 154 turkey-fryer related fires, burns or other injuries since 2004, with \$5.2 million in property damage losses have resulted from these incidents.

NSC discourages the use of turkey fryers at home and urges those who prefer fried turkey to seek out professional establishments or consider using an oil-less turkey fryer. If you must fry your own turkey, follow all U.S. Fire Administration turkey fryer guidelines.



Food Poisoning Is No Joke

Keep your holidays happy by handling food safely. The foodsafety.gov website from the U.S. Department of Health and Human Services provides some valuable holiday food safety tips:

- Wash your hands frequently when handling food
- Keep raw meat away from fresh produce
- Use separate cutting boards, plate and utensils for uncooked and cooked meats to avoid cross-contamination
- Use a food thermometer to make sure meat is cooked to a safe temperature
- Refrigerate hot or cold leftover food within two hours of being served
- When storing turkey, cut the leftovers in small pieces so they will chill quickly
- Thanksgiving leftovers are safe for three to four days when properly refrigerated



It's Better to Give Safely

Gifts and toys should inspire joy, not cause injuries. More than a quarter of a million children were seriously injured in toy-related incidents in 2017. Avoid safety hazards while gifting with these tips from the American Academy of Pediatrics and the U.S. Consumer Product Safety Commission:



- Toys are age-rated for safety, not for children's intellect and physical ability, so be sure to choose toys in the correct age range
- Choose toys for children under 3 that do not have small parts which could be choking hazards
- For children under 10, avoid toys that must be plugged into an electrical outlet
- Be cautious about toys that have button batteries or magnets, which can be harmful or fatal if swallowed.
- When giving scooters and other riding toys, give the gift of appropriate safety gear, too; helmets should be worn at all times and they should be sized to fit
- To find out about holiday toy safety and recalls, check the U.S. Consumer Product Safety Commission website



RACES 2019 Trainings



Meeting Date	Training Topic	Individual Responsible	
January 28	ICS Forms	Michael Arcari	Bob Long
February 25		Bob Jordan	
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HELP SAVE THE LIFE OF A LOVED ONE!

If you are interested in the Nassau County Overdose Prevention And Naloxone Training at any of the listed locations You must register at: <https://forms.nassaucountyny.gov/agencies/CE/narcan/ontraining.php>

Description:

Overdose prevention workshop with Naloxone/Narcan training. Learn to recognize an overdose and reverse it to save a life. And then, find out what to do next - treatment and recovery options.

East Meadow Fire Department - Headquarters
197 E Meadow Ave
East Meadow, NY 11554
Tuesday, November 12, 7pm – 9pm

Bryant Public Library
2 Papermill Road
Roslyn, NY 11576
Thursday, December 5, 2019 06:30 PM

Seaford High School
1575 Seamans Neck Road
Seaford, NY 11783
Tuesday, December 10, 2019 06:30 PM

Reconstructionist Synagogue of the North Shore
1001 Plandome Road
Plandome, NY 11030
Tuesday, December 17, 6:30pm – 8:30pm

November 2019 - Upcoming Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
	4		6 CERT Basic Class # 5	7	8	9
10		12	13 CERT Basic Class # 6	14	15	16
17	18 RACES Meeting 7:30 pm	19	20 CERT Basic Class # 7	21 Officers Meeting 7 :30 pm	22	23
24	25	26	27		29	30

Important CERT Dates

RACES Meeting

November 18th
Nassau County OEM Lecture Hall
Time: 7:30 pm

Officers Meeting

November 21st
Nassau County OEM Lecture Hall
Time: 7:30 pm

December 2019 - Upcoming Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4 Division 1 Meeting 7:30pm	5	6	7
8	9	10	11	12	13	14
15	16 RACES Meeting 7:30 pm	17	18	19	20	21
		24			27	28
29	30		1	2	3	4

Important CERT Dates

Division 1 Meeting

December 4th
 Nassau County OEM Lecture Hall
 Time: 7:30 pm

RACES Meeting

December 16th
 Nassau County OEM Lecture Hall
 Time: 7:30 pm



Nassau County CERT Coordinator

Bob Chiz & Joshua DaSilva

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CERT Deputy Director

Paul Shapiro

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CERT Section Chiefs

Paul Shapiro	Jeffrey Sliva	David Sobolow
Logistics	Operations	Planning
		Admin/Finance

Division 1

Division Supervisor

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Division 3

Division Supervisor

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Division 2

Division Supervisor

Judy Ryan

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Division 4

Division Supervisor

Division 5 - Campus CERT

Division Supervisor

Stephanie Gobbo

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CERT Basic Class

New Class Begins September 25th

Long Beach Public Library

111 West Park Avenue

Long Beach, NY 11561

PLEASE HELP US RECRUIT NEW MEMBERS!!

OEMCERT@NASSAUCOUNTYNY.GOV

(Current CERT Members may attend any class as a refresher)