

**Nassau County Department of Human Services
Office of Mental Health, Chemical Dependency and Developmental Disabilities
Services**

**Directions in Nassau County
Mental Health, Substance Abuse, and
Developmental Disabilities Resources**

Town Hall

April 11, 2019

Morrelly Homeland Security Center



**Office of
Mental Health**



**Office of Alcoholism and
Substance Abuse Services**



**Office for People With
Developmental Disabilities**

Introduction:

Omayra Perez, LCSW

Director of Community Services

Nassau County Office of Mental Health, Chemical Dependency and
Developmental Disabilities

60 Charles Lindbergh Blvd #160,
Uniondale, NY 11553

Omayra.Perez@hhsnassaucountyny.us

Martha A. Carlin, Psy.D

Director – Long Island Field Office

New York State Office of Mental Health (OMH)

998 Crooked Hill Road Building 45, 3rd Floor

West Brentwood, NY 11717

Martha.Carlin@omh.ny.gov



Office of
Mental Health



Office of Alcoholism and
Substance Abuse Services



Office for People With
Developmental Disabilities

Introduction:

Antonette Whyte-Etere, LCSW-R, CASAC
Regional Coordinator
NYS-OASAS Long Island Field Office
Pilgrim Psychiatric Center, Building #1
998 Crooked Hill Road
West Brentwood, New York 11717-1087
Antonette.Whyte-Etere@oasas.ny.gov

Margaret Stadnicky
Region 5 Acting Director
Office for People With Developmental Disabilities (OPWDD)
415-A Oser Avenue
Hauppauge, NY 11788
Margaret.Stadnicky@opwdd.ny.gov



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TRAININGS

- **safeTALK:**
 - A half day alertness training that prepares anyone 15 or older, regardless of prior experience or training, to become a suicide-alert helper.
- **Applied Suicide Intervention Skills (ASIST):**
 - A two-day interactive workshop in suicide first aid. ASIST teaches participants to recognize when someone may have thoughts of suicide and work with them to create a plan that will support their immediate safety.
 - People can request trainings through the Suicide Prevention Coalition of Long Island's website: <http://www.preventsuicideli.org/>
- **Hearing Voices:**
 - During this simulated experience of hearing voices, participants undertake a series of tasks including social interaction in the community, a psychiatric interview, cognitive testing, and an activities group in a mock day treatment program.

OMH Outpatient Mental Health Clinics

Angelo Melillo Center for Mental Health	Glen Cove	(516) 676-2388
Central Nassau Guidance & Counseling	Hicksville	(516) 822-6111
EPIC Clinic Care	East Meadow	(516) 739-7733
Hispanic Counseling Center	Hempstead	(516) 538-2613
Long Island Federally Qualified Health Center, Inc. (LIFQHC)	Roosevelt	(516) 442-5325
Long Beach Reach, Inc.	Long Beach	(516) 889-2332
Mercy Medical Center, BH Care Services	Garden City	(516) 705-3400
Nassau University Medical Center	East Meadow	(516) 572-6822
New Horizons Counseling Center	Valley Stream	(516) 569-6600
North Shore Child & Family Guidance	Roslyn Heights	(516) 626-1971
Southeast Nassau Guidance Center	Seaford	(516) 221-3030
South Nassau Community Hospital	Baldwin	(516) 377-5400
South Nassau Community Hospital	Hempstead	(516) 485-5710
South Shore Child Guidance Center	Freeport	(516) 868-3030
Zucker-Hillside Hospital-Outpatient-Northwell Health	Glen Oaks	(516) 470-8100
Zucker-Hillside Child and Adolescent Psychiatry-Northwell Health	Glen Oaks	(516) 470-3000

Nassau County Specialty Clinics



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EPIC Long Island

Children's Behavioral Health Clinic

- Debra Cahill (516) 739-7733 X1-324
- Serves children ages 5-18
- Individual, Family and Group Psychotherapy
- Medication Management provided by a board certified pediatric psychiatrist
- Hours: Monday –Friday 8:30AM-9PM
Saturday 8:30AM-4:30PM



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Hispanic Counseling Center Mental Health Outpatient Clinic

- Target Population:
 - Children and adults 5yo or older. Mostly Spanish speaking clients.
- Services Offered:
 - Mental Health Outpatient, Alcohol and Substance Abuse Outpatient and Prevention
 - HH Care Coordination
 - Supported Housing and CFTSS (FPS and YPS/Respite)
- Hours of Operation
 - M-F 9am-8pm
 - F-S 9am-4pm
- Contact Information
 - Phone: (516) 538-2613 / (516) 538-0772
 - Email: info@hispaniccounseling.org



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Long Beach Reach Clinic

- Target Population:
 - Patients who are impacted by substance use or mental health issues
- Services Offered:
 - Individual, Group, and Family Therapy
 - Psychiatric Evaluations & Medication Monitoring
- Hours of Operation:
 - Monday through Thursday 9 am-9 pm
 - Friday 9 am-5 pm
- Contact Information: **Monica Pal**
 - Phone: (516) 889-2332
 - E-mail: mpal@longbeachreach.com



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Long Island FQHC

- Services Offered:
 - Primary care
 - Behavioral Health
 - Specialty Services
 - Dental
 - Family Planning
 - STD Testing and Treatment
 - Nutrition
 - WIC (Women, Infants and Children)
 - School Based Health
 - Health Home Care Management (Adult & Children)



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Long Island FQHC

Care Coordination is the integration of care for an individual's needs

PHYSICAL

BEHAVIORAL HEALTH

SOCIAL SERVICE

A Care Coordinator helps tie all of these services together



Long Island FQHC

Health Centers & Ancillary Locations

☰
Map of Long Island
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LIFQHC Sites

1. Elmont
2. B.E.S.T. Elmont
3. Freeport
4. Freeport HS
5. Hempstead
6. Care Coordination
7. CNG Hicksville
8. Oceanside
9. Roosevelt
10. Roosevelt HS
11. Westbury
12. Westbury HS (Coming soon)

Long Island FQHC

- Locations / Hours of Operation:

- Roosevelt Family Center**
 380 Nassau Road, Roosevelt, NY 11575
 (516) 571-8600

Mon-Tues-Wed-Thu	8:00 am - 8:00 pm
Fri	8:00 am - 6:00 pm
Sat	Dental 9:00 am - 1:00 pm Medical 8:00 am - Noon
- Roosevelt High School**
 One Wagner Ave., Roosevelt, NY 11575
 (516) 867-8551
- South Ocean Care**
 101 South Bergen Place, Freeport, NY 11520
 (516) 623-3600

Mon-Tues-Wed-Thu	8:00 am - 8:00 pm
Fri	8:00 am - 6:00 pm
Sat	9:00 am - 1:00 pm

www.lifqhc.com 516-296-FQHC (3742)

Long Island FQHC

- **Locations / Hours of Operation:**

- | | |
|---|--|
| <ul style="list-style-type: none"> • Elmont Health Center
161 Hempstead Turnpike, Elmont, NY 11003
(516) 571-8200 | Mon-Tues-Wed-Thu 8:00 am - 8:00 pm
Fri 8:00 am - 6:00 pm
Sat 9:00 am - 1:00 pm |
| <ul style="list-style-type: none"> • Hempstead Health Center
135 Main St., Hempstead, NY 11550
(516) 572-1300 | Mon-Tues-Wed-Thu 8:00 am - 8:00 pm
Fri 8:00 am - 6:00 pm
Sat 9:00 am - 1:00 pm |
| <ul style="list-style-type: none"> • Westbury Health Center
682 Union Ave., Westbury, NY 11590
(516) 571-9500 | Mon-Tues-Wed-Thu 8:00 am - 8:00 pm
Fri 8:00 am - 6:00 pm
Sat 9:00 am - 1:00 pm |

www.lifqhc.com 516-296-FQHC (3742)



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Long Island FQHC

- Locations / Hours of Operation:

- **Oceanside Family Health Center**
 3227 Long Beach Road Suite 2
 Oceanside, NY 11572
 (516) 431-1600

Mon-Tues-Wed-Thu	8:00 am - 8:00 pm
Fri	8:00 am - 6:00 pm

- **B.E.S.T -Backstretch Employee Service Team**
 Belmont Racetrack, Elmont, NY 11003
 (Racetrack Employees Only)



www.lifqhc.com 516-296-FQHC (3742)



Nassau County Mental Health Crisis Services



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Behavioral Health Helpline

- Target Population:
 - Anyone needing assistance or referral
- Services Offered:
 - Screening
 - Information & Referral
 - Linkage to services
 - Supportive Intervention
 - Crisis intervention
 - Referral to Mobile Crisis Team
- Hours of Operation:
 - 24 hours/day, 7 days/week
- Contact Information:
 - (516) 227-8255 (T-A-L-K)



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Nassau Co. Mobile Crisis Team

- Target Population:
 - Child/Adult experiencing a psychiatric or behavioral health crisis
- Services Offered:
 - Phone screening/verbal intervention
 - Assessment & intervention at home or in the community
 - Referrals to community agencies, meeting the needs of individuals in the crisis who may require services to help them remain safely in the community.
 - Follow up to ensure the safety of the individual served until actual service linkage is accomplished.
- Hours of Operation:
 - 10:00 AM – 11:00 PM, 7 days/week
- Contact Information:
 - (516) 227-8255 (T-A-L-K)



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Crisis Respite Program

- **Target Population:**
 - Adults w/ SMI dx experiencing a housing crisis
 - Must have permanent housing
- **Services Offered:** Respite 24/7 for up to 30 days
 - Peer support
 - conflict resolution
 - stress reduction techniques
 - substance abuse supports,
 - wellness self-management,
 - de-escalation to avoid more intensive placement
 - Medication Management training
- **Contact:** Victoria Kowalsky
 - Phone: (516) 822-6111 x4004
 - E-mail: vkowalsky@CentralNassau.org



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Angelo Melillo Center Safe Harbor Program

- **Target Population:** Adults experiencing a crisis requiring short-term respite placement
- **Services Offered:** 7 bed transitional residence
 - Up to 28 day length of stay
 - Meds & treatment monitoring, ADL training
- **Hours of Operation:** 24/7
- **To Make a Referral:** Erica Cartieri, LMHC, NCC
 - Phone: (516) 559-8626
 - E-mail: cwsupervisor@optimum.net
- **Program Coordinator:** Laura La Sala, LMHC
 - Phone: (516) 676-2388 Ext. 136



Nassau County Mental Health Services



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Nassau County OnTrackNY

Mercy Medical Center

- OnTrackNY is an innovative treatment program for adolescents and young adults who recently have had unusual thoughts and behaviors or who have started hearing voices or seeing things that others don't.
- OnTrackNY is a statewide program that starts treating young people with schizophrenia and related disorders less than two years after symptoms begin, helping participants stay or transition into the workplace and college. At the Mercy Medical Center 48 percent of participants held jobs or were in school when they enrolled in the program called OnTrackNY. That proportion jumped to 76 percent six months later.

OnTrack  NY

My health. My choices. My future.



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Office for People With
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OnTrackNY Team

- Team Leader
- Primary Clinician
- Supported Employment/Supported Education Specialist
- Peer Specialist
- Psychiatrist
- Nurse

Eligibility Criteria

- Age: 16-30
- Non-affective psychosis
 - Schizophrenia
 - Schizoaffective disorder
 - Schizophreniform disorder
 - Other specified/unspecified schizophrenia spectrum
 - Other psychotic disorder (DSM-5)
- Onset of psychosis must be ≥ 1 week and ≤ 2 years
- New York State Resident

Eligibility Rule Outs

- Any history indicating developmental delays (IQ < 70)
- Primary diagnosis:
 - Substance induced psychosis
 - Psychotic mood disorder
 - Psychosis secondary to a general medical condition
- Serious or chronic medical illness significantly impairing functioning independent of psychosis

OnTrackNY Contact Information

Mercy Behavioral Health Services

Cynthia Taylor Scott, LMHC

506 Stewart Avenue

Garden City, NY 11530

Phone: (516) 705-3400 Ext. 3202

Email: CynthiaT.Scott@chsli.org



Behavioral Health Services Update



Office of
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Office of Alcoholism and
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Office for People With
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Treatment provided by board certified psychiatrists with certification in the administration of TMS.

Medical Director:
Karl Dormesy, M.D.

Associate Medical Director:
Margo Spitzer, M.D.



Transcranial Magnetic Stimulation (TMS) Therapy

For Central Intake
Information and Scheduling
Call
(516) 705-3400 x3230

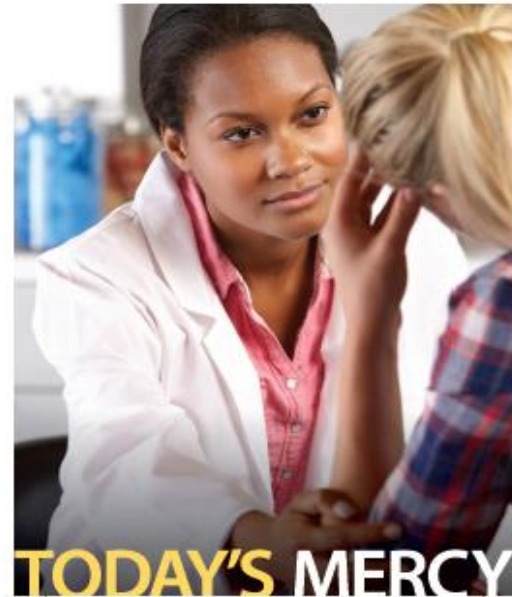
Covered by most
insurance plans



Mercy Medical Center
Catholic Health Services
At the heart of health

Behavioral Health Services
506 Stewart Avenue
Garden City, NY 11530
(516) 705-3400

www.mercymedicalcenter.chsll.org



TODAY'S MERCY

Innovative Treatment for Depression

**Transcranial Magnetic
Stimulation (TMS) Therapy**



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Behavioral Health Services
(516) 705-3400 x3230

mercymedicalcentercholl.org



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What Is Transcranial Magnetic Stimulation (TMS) Therapy?

Transcranial Magnetic Stimulation (TMS) is an F.D.A. approved treatment for Major Depressive Disorder in adult patients who have not received satisfactory improvement from prior antidepressant medication in the current episode.

TMS treatment is delivered as magnetic pulses applied to the scalp. The method has been shown to be both safe and effective for the treatment of major depressive disorder. TMS treatment is appropriate for anyone who has not had success controlling their condition with medications and therapy. Patients must be over the age of 18 to receive treatment.

Transcranial Magnetic Stimulation (TMS) Therapy

Transcranial Magnetic Stimulation (TMS) treatment takes place in our Outpatient Behavioral Health office, in Garden City, under the care and supervision of our psychiatric staff. The TMS treatment is non-invasive and does not require any anesthesia. As there is no recovery period, the patient can immediately return to his or her usual activities. TMS is not be confused with ECT and it does not affect cognitive function such as memory. Patients are not sedated and are awake during the treatment. A typical course of treatment consists of 5 sessions per week over a 6 week period. Each treatment session lasts between 20-40 minutes. A new F.D.A. approved procedure lasts only 3 minutes.

TMS is a very safe procedure. Patients should discuss with their doctor any history of medical conditions.



Warnings/Precautions

- As the treatment requires up to 6 weeks of treatment before symptom improvements can occur, and effectiveness has not been documented in patients who need rapid improvement in their depressive symptoms, patients should contact their physician if symptoms do not improve or if they get worse.
- Hearing protection (ear plugs) with a rating of 30 dB of noise reduction must be worn by the patient.
- Do not use alcohol or illicit drugs

Adverse Effects and Complications

- Minor scalp pain, headache and burning sensation in the area of stimulation are the most commonly reported side effects during and after treatment.



Paths of the Prism

A Recovery Through Performance Production

Created and written by individuals currently in treatment at Mercy Medical Center Behavioral Health Services, *Paths of the Prism* tells a metaphorical story of struggle and triumph and honors that everyone arrives at recovery in their own unique way. The play tells the story of four heroes questing their way through a world that keeps throwing them off course. Through many trials and adventures, the heroes must work to discover if their journey is a solo one or if there might be other paths to take.

Directed by Laura Wood, PhD.

Friday, May 10, 2019

Doors open at 6:15 p.m.; show starts at 7 p.m.

The DeMatteis Center at St. Francis Hospital
101 Northern Blvd., Greenvale, NY 11548

Paths of the Prism is free and open to the public; however, it's a ticketed event. RSVP is required.

To reserve tickets, email recoverythroughperformance@gmail.com.



Mercy Medical Center
Catholic Health Services
At the heart of health



Wednesday, June 5, 2019

Garden City Country Club
206 Stewart Ave.
Garden City, NY 11530

Breakfast
8:30 - 10:30 a.m.

A powerful conference to educate you on the warning signs of suicide and addiction. Make an Impact!

DISCUSSION LEADERS

David Flomenhaft, LCSW, PhD,
Director of Mercy Medical Center Behavioral Health Services

Topic: *Current Stresses in our Communities*

Commissioner Patrick J. Ryder,
Nassau County Police Department

Topic: *Opioid Epidemic on Long Island*

Mansour Baniliv, PhD,
Director of Clinical Training, Education and Field Placement, WellLife Network

Topic: *Suicide Prevention*

Jeffrey L. Reynolds, PhD, CEAP, SAP,
President of Family & Children's Association

Topic: *Marijuana Legalization in New York*



Mercy Medical Center
Catholic Health Services
At the heart of health

Sponsored by Friends of Mercy Medical Center

RSVP by 6/1 to **516-62-MERCY (63729)**



Office of Mental Health



Office of Alcoholism and Substance Abuse Services



Office for People With Developmental Disabilities



Jail Diversion Program

- Target Population:
 - Nassau County Phoenix Jail Diversion Program recipients
- Services Offered:
 - Care Coordination
 - Supportive Treatment
 - Court mandated treatment plan with judicial monitoring
 - Linkage to additional services within the community
- Hours of Operation:
 - Monday – Friday, 9 am – 5 pm
- Contact Information: **Jaclyn McCarthy**
 - Phone: 516-822-6111 x 2001
 - Email: jskoblicki@centralnassau.org



Mental Health First Aid

- Target Population:
 - Any member of the Long Island community interested in learning more about mental health conditions or how to manage a potential crisis
- Services Offered:
 - Training in evidence-based Mental Health First Aid
 - A reference book
 - Connection to multiple resources on Long Island
- Hours of Operation:
 - Monday – Friday, 9am – 5pm, with evenings or weekends available if needed
- Contact Information: **Lauren Woest**
 - Phone: 516-822-6111 x 1426
 - Email: lwoest@centralnassau.org



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Link-Age Project



- Target Population:
 - Nassau County Adults 55 and over who have mental health, case management or aging needs
- Services Offered:
 - Case Management & Nursing
 - Connection to community-based resources
 - Linkage to technology-based resources
- Hours of Operation:
 - Monday – Friday, 9 am – 5pm
- Contact Information: Lindsay Ragona
 - Phone: 516-822-6111 x 1257
 - Email: lragona@centralnassau.org

Maryhaven Senior Network

- Target Population: Age 55 & over
 - (Age 18 and over for drop-in)
- Services Offered:
 - Social & Recreational experiences
 - Consumer Choice in planning activities
 - Health and Wellness Activities
- Hours of Operation: 5 days/week
- Contact Information: Francine Lamendola-Magnuson or Mary Ellen Conrad
 - Phone: (516) 632-7980

Specialized Opportunities to Achieve Recovery (SOAR)

- Target Population:
 - Adults with Serious MI diagnosis
 - Not enrolled in a PROS program
- Services Offered:
 - Supportive learning environment
 - Person-Centered services aimed at recovery
 - Opportunities for socialization
 - Limited assistance with transportation
 - Clinical services not provided

Specialized Opportunities to Achieve Recovery (SOAR) Maryhaven

- Hours of Operation:
 - Monday Wednesday Thursday 10:00 AM – 2:30 PM
 - Tuesday-As needed
 - Friday 10:00 AM – 12:30 PM
- Contact Information:
 - Ivy Fasulo – 516 632-7980 x7815

Specialized Opportunities to Achieve Recovery (SOAR)

Mental Health Association of Nassau County

- Hours of Operation:
 - Monday, Wednesday, Thursday 10:00 AM – 3:00 PM
- Contact Information:
 - Valerie Francisco - (516) 489-2322 ext. 1203
 - vfrancisco@mhanc.org

MHA Turquoise House

- Target Population:
 - Adults who need short term respite from their current home environment
 - Self-referral
- Services Offered:
 - Hospital Diversion program
 - Peer-run temporary respite care for 1 – 7 nights
 - Develop goals to address current or future crises and a plan to improve life circumstances
- Hours of Operation:
 - 24 hours/day, 7 days/week
- Contact Information: Allen Cardwell
 - Phone: (516) 489-0100 extension 3
 - E-mail: acardwell@mhanc.org



MHA Financial Management Program

- Target Population:
 - Adults in receipt (or pending application) for monthly benefit from the Social Security Administration who are in need of a Representative Payee
- Services Offered:
 - Timely payment of rent, utilities and essential monthly expenses
 - Budgeting assistance
 - Submission of annual SSA reports, advocacy & support in maintaining proper benefit
 - Financial Literacy Training and Support
- Hours of Operation:
 - Monday-Friday 9am-5pm
- Contact Information:
 - Jennifer Baldwin, (516) 489-2322 ext. 1310
 - Jbaldwin@mhanc.org or MHAFM@mhanc.org



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Nassau County Office of People with Developmental Disabilities Services

ACCES-VR

- Target Population:
 - 16 years of age - adult
- Services Offered:
 - Work Readiness Training
 - Vocational Evaluation
 - Site-Based Assessments
 - Post-Secondary Counseling
 - Job Exploration Counseling
 - Job Development
 - Job Placement and Job Coaching
- Hours of Operation:
 - Monday – Friday 8am – 5pm
- Contact Information:
 - **Nakeisha Andrews**
Sr. Program Coordinator, (631) 567-8694 ext. 3608



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Family Residences and Essential Enterprises START Program

- Target Population:
 - Target Population: Individuals 6 years of age and older, with OPWDD eligibility and behavioral health challenges.
- Services Offered:
 - 24/7 emergency response, training, crisis planning, service linkage, service evaluation, systemic consultation, and therapeutic supports.
- Hours of Operation:
 - 24/7
- Contact Information:
 - START Administrative line is (516) 870-1647.

Nassau County Behavioral Health Education and Training



Behavioral Health Awareness Education and Training

- Mental Health
 - Mental Wellness Approach
 - YMHFA +
 - MH 101 & Specific Disorders
 - Overview of MH System & Resources
 - Handling Difficult Situations
 - Crisis Intervention

Behavioral Health Awareness Education and Training

- Chemical Dependency
 - Vaping with Youth Ambassadors
 - Drug Trends
 - Signs & Symptoms of Substance Use/Abuse
 - Paraphernalia & Language
 - Specific Substances of Concern
 - Narcan
 - Overview of Treatment System & Resources



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Behavioral Health Awareness Education and Training

- Mental Wellness Model
 - Identify signs and symptoms of mental and emotional stress that students may be experiencing.....all inclusive to work
 - Stress & Stigma
 - Needs Assessment & Cultural Changes
 - Mental Health First Aid
 - An evidence-based public education and prevention tool that improves the public's knowledge of mental health and substance use problems, and connects people with care for their mental health or substance use problems.

Behavioral Health Awareness Education and Training

- Mental Wellness Model
 - Three Sections:
 - Part One: Focus on MW Model- Engage, Listen, Support & Plan
 - Part Two: Practice the MW Model in Small Groups
 - Train-the-Trainers
 - Part Three: Next Steps-What can you do/school do

Nassau County Children's Mental Health Services



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Children and Family Treatment and Support Services (CTFSS)

Three new mental health and substance abuse services

Rehabilitation Services:

Community Psychiatric Supports & Treatment maintains youth in their home and community, by helping to improve communication and interactions with family, friends and others for a child who has or *may be at risk* of a mental health or substance use diagnosis.

Psychosocial Rehabilitation-PSR helps youth relearn skills to help support the child in their home, school and community. The child *must* have a mental health or substance use diagnosis to receive this service.

Therapy Services:

Other Licensed Practitioner-OLP

provides individual, group, or family therapy in the home or in the community for a child who has or may be at risk of a mental health or substance use diagnosis.



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Children and Family Treatment and Support Services (CTFSS)

Three new mental health and substance abuse services available with NYS Children's Medicaid

Who can get these services?

Children and Youth (under age 21) who are covered by Medicaid, meet medical necessity and have mental/behavioral health and/or substance use needs can get CTFSS

How will these services help?

These services meet the individual needs of children and their families/caregivers by:

- Identifying mental health and/or substance use needs early
- Providing support in the home & community
- Preventing unnecessary emergency room visits, hospital stays, or out of home placement.



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Children's SPOA

- Target Population: Children ages 5 – 21
- Access to In-Home Services:
 - Non-Medicaid Care Coordination
 - CCSI and CCCT
 - Health Homes
 - Information about HCBS referral process through C-YES
- Access to Out of Home Services:
 - Residential Treatment Facility
 - Community Residence
- Contact Information: Kathryn Artesani
 - Phone: (516) 227-7057
 - E-mail: Kathryn.Artesani@hhsnassaucountyny.us



Nassau Children's Crisis Respite

- Target Population: Children under age 18
- Services Offered: For up to 14 days:
 - Short-term residential care during psych crisis
 - Structure and support to stabilize symptoms
 - Respite for the family
 - Assessment and crisis planning
 - Linkage to appropriate services
- Hours of Operation: Monday – Friday, 9:00 - 5:00
- Contact Information: **Sindy Guzman**
- Phone: **516-743-1402**
- E-mail: sguzman@mhanc.org

Children's Hospital Discharge Program

- Target Population:
 - Children admitted to psychiatric inpatient units
- Services Offered:
 - Assist with linkage to community resources
- Hours of Operation:
 - Monday – Friday, 9:00 AM – 5:00 PM
- Contact Information: **Sindy Guzman**
- Phone: **516-743-1402**
- E-mail: sguzman@mhanc.org



NEW YORK
STATE OF
OPPORTUNITY.

Office of
Mental Health



NEW YORK
STATE

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Office for People With
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Community Liaison Specialist Psychiatric Emergency Department

- Target Population: Families of children and adults experiencing a psychiatric crisis
- Services Offered:
 - Support and Assessment of patient and families' needs
 - Education about Nassau County programs and services
 - Referrals to programs
 - Nassau University Medical Center
- Hours of Operation:
 - Monday-Friday 8:30AM-4:15PM
 - Brochures available in waiting area 24/7
- Contact Information: Anastasia Sperounis
 - Phone: (516) 572-4775
 - Email: asperoun@numc.edu



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Community Liaison

Inpatient Child and Adolescent Unit

- Target Population: Families of children on child and adolescent floor
- Services Offered:
 - Provide support and service planning at Nassau University Medical Center
- Hours of Operation:
 - Monday-Friday 8:30am-4:15pm
- Contact Information: Anastasia Sperounis
 - Phone: (516) 572-4775
 - Email: asperoun@numc.edu

North Shore Child & Family Guidance Ctr. Urgent & Emergency Care Services

- Target Population: Children under age 18
- Services Offered:
 - Screening by Triage Coordinator
 - High-Risk Evaluation within 24 – 36 hours
 - Individual, family and group treatment
 - Work closely with the child's support system
 - Bi-lingual/Bi-cultural clinicians for Spanish speakers
- Hours of Operation:
Monday - Thursday 9am to 9pm, Fridays 9am-6pm
- Contact Information: Elissa Smilowitz
 - Phone: (516) 626-1971

South Shore Child Guidance Center Children's Clinic

- Main Clinic: Freeport
- Provides mental health treatment to children aged 5-21.
- Services include: telephone and walk-in screening.
- Comprehensive assessment, psychiatric evaluation, treatment planning and linkages and referrals for clients.



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South Shore Child Guidance Center Children's Clinic

- Individual, group and family therapy, parent/client education and support groups
- Team approach including collaborations with The Nassau County Mobile Crisis Team, Home Based Crisis Intervention, CFTSS, Schools, Hospitals, Residential Programs, Foster Care, Case Management, CPS, etc.



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South Shore Child Guidance Center Children's Clinic

- Hours of Operation:
 - Monday-Thursday 8am-9pm
 - Friday-Sunday 8am-4pm
- Satellite Clinic: Dodd Middle School, Roosevelt Middle School and Uniondale High School.
- Nancy Moran (516) 868-3030 ext. 113



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South Shore Clinic- Pathways Program Home Based Crisis Intervention (HBCI)

- Target Population: Children/Youth 5 – 17 that have just received crisis intervention, i.e. MCT or Psych ER visit
- Services Offered: 4-6 week period of in-home services
 - Team of Crisis Counselor, Clinical Supervisor, Psychiatrist
 - Advocacy with schools, justice system, financial support
 - Parent Support/Education
 - Behavior Modification Training
 - Linkage with other treatment/support services
 - Aftercare component for children discharged from hospital
- Hours of Operation:
 - Monday – Friday 9 AM – 5 PM for Referrals
 - 24/7 on call coverage for accepted cases
- Contact Information: Michelle Madison
 - Phone: (516) 868-3030 x114



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Mobile Integration Team (Children and Adolescents)

- Target Population:
Under18 with Serious Emotional Disturbances
- Services Offered:
 - Psychiatric Rehabilitation
 - Parent/Family Support
 - Skill Building
 - In-Home Respite
 - Community Linkage
 - Crisis Intervention
 - Outreach
 - Health Teaching
 - In-school Supports



Mobile Integration Team (Children and Adolescents)

- Hours of Operation:
 - Monday 8am – 5pm;
 - Tuesday, Wednesday, Thursday 6am-7pm;
Friday 6am-7pm;
 - Saturday 10:30am-7pm; Sunday 6am-2:30pm
 - Contact Information: Carol Assenza, LCSW-R
 - Phone: (631) 370-1922
 - E-mail: Carol.Assenza@omh.ny.gov

Sagamore's Intensive Day Treatment Program

- Intensive Day Treatment Program is a unique outpatient program for children and adolescents with serious emotional and psychiatric difficulties.
- The program operates as a Partial Hospitalization Program *with a full day school component* and, as such, is designed for youngsters who without this program would likely need treatment in an inpatient environment.
- For more information or to make a referral to the 30-day and/or 45-day program, please contact

Contact Information: Shanna Fernandez, LMSW, Intake
Phone: 631-370-1895

Sagamore Crisis Respite House

- **Target Population:** Children 10 – 17 who are experiencing a crisis in their residence
- **Services Offered:** 8 bed voluntary program
 - up to 2 week length of stay
 - Crisis Stabilization
 - Behavior Support
 - Medication Education and Training
 - Family and Peer Support
 - Parenting Education
- **Hours of Operation:** 24/7
 - (Intake Monday – Friday 8:30 – 5:00)
- **Contact Information:**
 - (631) 370-1606- Respite/Intake



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OASAS Recovery Support Services on Long Island Recovery Community and Outreach Centers (Weekend & Evening hours- Strong Participatory Process)

The centers provide health, wellness and other critical supports to people and families who are recovering from a substance use disorder or are seeking recovery services for a family member or friend. They provide a community-based, non-clinical setting that is safe, welcoming and alcohol/drug-free for any member of the community. The centers promote long-term recovery through skill-building, recreation, employment readiness and the opportunity to connect with other community services and peers facing similar challenges.

Family and Children's Association- THRIVE	1324 Motor Parkway, Hauppauge, 11501	516-746-0350	Suffolk
	1020 Old Country Road, Westbury,		
THRIVE Everywhere	Community based		

Lisa Ganz, LCSW, CASAC, CRPA
Senior Director of Peer Recovery Services, FCA
P: 631.822.3396 | C: 631.332.2065
lganz@fcali.org
THRIVE Recovery Community & Outreach Center

Recovery Community and Outreach Centers on Long Island THRIVE

Family & Children’s Association (FCA) leads the operations and oversight of THRIVE Recovery Community and Outreach Center in partnership with the Long Island Council on Alcoholism and Drug Dependence (LICADD), Long Island Recovery Association (LIRA), and Families in Support of Treatment (F.I.S.T.).



OASAS Recovery Support Services on Long Island

Peer Engagement Specialist Services:

The Peer Engagement Specialists use their “lived experience” to engage people on the street and in hospital emergency rooms, developing brief person centered service plans, providing referrals and linkages to needed services. PES provide support, encouragement and guidance in linking persons to appropriate services. PES are particularly effective with people who have been reluctant to participate in traditional behavioral health services.

Peer Engagement Specialists

Oceanside Counseling Center	71 Homecrest Court, Oceanside, NY 11572	516-766-6283 x14	Nassau
Thomas Hope	West Babylon, New York 11704	(631) 333-0871	Suffolk
Easter Seals	Linda Gomez	(631) 335-1668	Suffolk

OASAS Recovery Support Services on Long Island

Family Support Navigators:

The primary goal of the Family Support Navigator is to assist families and individuals with gaining an increased understanding of the progression of addiction and how to navigate insurance and treatment systems. Family Support Navigators develop relationships with local substance use prevention, treatment, and recovery services; managed care organizations; area substance use disorder councils; and community stakeholders to assist families with accessing treatment and support services.

New Horizon Counseling Center, Inc	50 W Hawthorne Avenue, Valley Stream, NY 11580	516-872-9698	Nassau
Family & Children's Association (Sherpa)	110 E Old Country Road, Mineola, NY 11501	516-746-0350 x2274	Nassau, Suffolk
Thomas Hope	West Babylon, New York 11704	(631) 333-0871	Suffolk

OASAS Recovery Support Services on Long Island

Hospital Diversion Services

Hospital diversion services can be delivered by peers, case managers, or other specialized workers and are evidence-based recovery support services for people in need of detoxification, stabilization and/or crisis management. They offer choices or options to the individual other than a hospital admission.

Wrap Around Services

Wrap Around Services include case management services that address educational resources, legal services, financial services, social services, family services, child care services, peer to peer support groups or services, employment support and transportation assistance.

Hospital Diversion			
Catholic Charities of the Diocese of Rockville Centre	155 Indian Head Rd, Commack, NY 20580	516-733-7099	Suffolk
Nassau University Medical Center	2201 Hempstead Turnpike, NY 85020	516-572-0160	Nassau
Wrap Around			
Catholic Charities of the Diocese of Rockville Centre	155 Indian Head Rd, Commack, NY 20580	516-733-7099	Suffolk
Nassau University Medical Center	2201 Hempstead Turnpike, NY 85020	516-572-0160	Nassau
Thomas Hope	West Babylon, New York 11704	(631) 333-0871	Suffolk

OASAS Recovery Support Services on Long Island

Clubhouses

Clubhouses offer services and supports to help young people progress in their recovery, and support at-risk young people who wish to live a substance-free life. Built on a core of peer-driven supports and services that encourage and promote a drug-free lifestyle, the clubhouse model provides a restorative safe, substance free space for youth and young adults in recovery, and those at-risk of substance use disorder, to participate in recovery programming as well as a variety of pro-social, recreational, educational, skill-building, and wellness programs. Clubhouses for youth are for people ages 12 to 17. Clubhouses for young adults are for people ages 18 to 21.

Clubhouse			
HELP Services, Inc	46 Pine St, Freeport, NY 11520	516-378-1111	Nassau

OASAS Recovery Support Services on Long Island

Centers of Treatment Innovation (COTIs)

COTIs are OASAS Treatment providers focused on engaging people in their communities by offering mobile clinical services as well linking people to other appropriate levels of care. COTIs target un/underserved areas and expand access to tele practice, substance use treatment services, including linkage to Medication Assisted Treatment, as well as peer outreach and engagement within the community.

Family Service League	1235 Montauk Hwy, Mastic, NY 11950	631-427-3700	Suffolk. Tribal territories: Shinnecock, Poospatuck
Central Nassau Guidance	950 South Oyster Bay Road Hicksville, NY 11801	516-822-4060	Nassau

OASAS Recovery Support Services on Long Island

Buprenorphine Induction

OASAS has funded three hospitals on Long Island to support buprenorphine induction within the emergency department combined with peer connections through an outpatient provider.

Hospital	SUD Provider Partner	Hospital Phone	Hospital Address
Northwell Health	Central Nassau Guidance & Counseling Services (CNG)	516-465-2776	2000 Marcus Ave NY, 11042
Long Island Community Hospital	Long Island Community Hospital SUD Program	516-377-5367	101 Hospital Rd, Patchogue NY, 11772
South Nassau Community Hospital	Oceanside Counseling Center (OCC)	516-822-4060	One Healthy Way NY, 11572

OASAS Outpatient Substance Abuse Clinics

Angelo Melillo Center for Mental Health	Glen Cove	(516) 676-2388
Backstretch Employee Service Team	Elmont	(516) 488-3434
Bridge Back to Life	Bethpage	(516) 520-6600
Center for Rapid Recovery, Inc.	Hempstead	(516) 292-6449
Central Nassau Guidance & Counseling	Hicksville	(516) 822-6111
Community Counseling Service of West Nassau	Franklin Square	(516) 328-1717
CONFIDE- RVC Drug & Alcohol Abuse- Inc.	Rockville Centre	(516) 764-5522
COPAY Inc.	Great Neck	(516) 466-2509
EAC Outpatient Clinic	Hempstead	(516) 486-3222
EDNY – Counseling Services	Hempstead	(516) 481-0052
Family & Children’s Association	Hempstead	(516) 486-7200
Family & Children’s Association	Hicksville	(516) 935-6858
Five Towns Community Center	Lawrence	(516) 239-6244
Friends of Bridge, Inc.	Valley Stream	(516) 825-4242
Garden City Treatment Center-Northwell	Garden City	(516) 742-4015
H.E.L.P.	Freeport	(516) 546-2822
Hispanic Counseling Center	Hempstead	(516) 538-2613
Kenneth Peters Center	Syosset	(516) 364-2220



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Office of Alcoholism and
Substance Abuse Services



Office for People With
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OASAS Outpatient Substance Abuse Clinics

Long Beach Reach, Inc.	Long Beach	(516) 889-2332
Long Beach Reach, Inc.	Lynbrook	(516) 887-4848
Long Beach Reach, Inc.	Port Washington	(516) 767-1133
Mercy Medical Center	Garden City	(516) 705-3400
Nassau Alternative Advocacy Program	Garden City Park	(516) 741-3110
Nassau County Opioid Treatment Program	East Meadow	(516) 572-5801
New Horizons Counseling Center	Valley Stream	(516) 872-9698
North Shore Child & Family Guidance Center	Roslyn Heights	(516) 626-1971
North Shore Child & Family Guidance Center	Westbury	(516) 997-2926
Oceanside Counseling Center	Oceanside	(516) 766-6283
Project Outreach- Northwell Health	West Hempstead	(516) 481-2890
Roosevelt Educational Alcoholism- Community Treatment (REACT)	Roosevelt	(516) 623-7741
Seaford Treatment Center	Mineola	(516) 747-5644
Seaford Treatment Center	Manhasset	(516) 812-9944
Southeast Nassau Guidance Center, Inc.	Levittown	(516) 605-1510
Southeast Nassau Guidance Center, Inc.	Seaford	(516) 613-9800
Southeast Nassau Guidance Center, Inc.	Wantagh	(516) 781-1911
South Shore Child Guidance Center	Freeport	(516) 868-3030

OASAS Outpatient Substance Abuse Clinics

TEMPO Group Inc.	Woodmere	(516) 374-3671
TEMPO Group Inc.	North Merrick	(516) 546-9008
TEMPO Group Inc.	Syosset	(516) 921-3740
YES Community Counseling Center	Levittown	(516) 719-0313
YES Community Counseling Center	Massapequa	(516) 799-3203
Youth & Family Counseling	Oyster Bay	(516) 922-6867
Zucker-Hillside Hospital- Northwell Health	Glen Oaks	(516) 470-8950

Long Island Addiction Resource Center (LI-ARC)



- Target Population:
 - community members, addiction disorder field professionals and substance use disorder field professionals
 - Services Offered:
 - virtual, easy-to-use access to invaluable information about providers of education, prevention, treatment and recovery services in Nassau and Suffolk counties
 - Mini-Grants to support community awareness programs
- Contact Information:
 - Shari Santoriello, Project Coordinator, LI-ARC
 - shari@hugsinc.org or (631) 288-9505

Substance Abuse Medication Assisted Treatment – MAT Panel Discussion



Nassau County Opioid Treatment Program

- Target Population:
 - Clients diagnosed with Primary Opiate Use Disorder
- Services Offered:
 - MAT: Methadone Treatment Track, Suboxone Treatment Track, and Vivitrol Treatment Track. Counseling, Individual and Group, Psychiatric and Medical Services.
- Hours of Operation:
 - Monday-Friday 6am-3:15pm (Client Hours 6am-11am)
 - Saturday and Sunday 6:30am-1:30pm (Client Hours 7am-11am)
- Contact Information:
 - Intake Coordinator (516) 572-5801
 - Program Director (516) 572-5128



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Mobile Recovery Unit

- Target Population:
 - Individuals with Substance Use Disorder or Dual diagnosis
- Services Offered:
 - Medication Assisted Treatment
 - Peer Support Services
 - Case Management Services
 - Health Assessment
- Hours of Operation:
 - Monday – Friday, 8:30 am – 4:30 pm
- Contact Information:
 - Program: Keisha Wilson (516) 396-2746
 - Referrals: Stephanie (516) 396-2778

CN Guidance Mobile Recovery Unit



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- Target Population:
 - Anyone with a substance use disorder, Age 15+
 - Specialized programming for Dual Diagnosis
 - Young Adults and the Forensic Population
- Services Offered:
 - Outpatient substance abuse services, including group and individual therapy
 - Ancillary Withdrawal for Alcohol and Opioids
 - Suboxone Induction
 - MAT for substance use as well as Psychiatric Disorders
 - Continuing care for recovery and MAT maintenance



- Hours of Operation
 - M-F 9am-8pm
 - Sat 10am-2pm
- Contact Information
 - For intake 516-481-0052 ext. 110
 - Angela Rine, Clinical Director, ext. 112
 - Joseph Rogate, Director of Outreach, ext. 130

Family and Children's Association Open Access Program

- Target Population: Individuals and family members at risk for, impacted by, and/or seeking information and support on substance use.
- Services Offered:
 - Support for individuals and families
 - Peer to peer engagement for those impacted by substance use
 - Parent Support/Education
 - Education on different community resources
 - Linkage to needed services
 - Screening, assessment, brief interventions, and family/collateral therapy
- Hours of Operation:
 - currently open Monday through Friday from 9:00 am until midnight and Saturday through Sunday from 9:00 am until 10:00 pm.
 - Target date for opening site 24/7 is May 2019
- Contact Information:
 - Phone: (516) 935-6858
 - Address: 180 South Broadway, 2nd Floor, Hicksville, NY



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Office of Alcoholism and
Substance Abuse Services



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New Hope Crisis Center



- Target Population:
 - Age 18 & over with a primary behavioral health disorder
 - Services Offered:
 - Residential Stabilization
 - Chemical dependency evaluation and counseling
 - Case management & Collaborative assistance with community referrals
 - Group, individual counseling and self help meetings
 - Psychiatrist and Medical NP on site
- Hours of Operation:
 - 24/7 residential
- Contact Information:
 - New Hope Admissions: (516) 546-7070



Garden City Treatment Center

MAT Services:

- **Buprenorphine Inductions** are offered 5 days per week 9am-1pm
- **Vivitrol injections**
- For patients referred from community based providers, we will seek to stabilize and maintain them on medication *while they continue in their current treatment uninterrupted*
- A wide array of therapeutic services are available but not required to receive Buprenorphine treatment
- We accept most insurances, including Medicaid and Medicare.
- Sliding scale fee is available for those without insurance or out-of-network insurance
- For more information contact Danielle at 516-742-4015

