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**CERT IS
WHAT
YOU
MAKE IT**



**COUNTY,
STATE,
&
FEDERAL
ONE TEAM**

CERT Monthly Newsletter

NOVEMBER, 2018

Nassau County CERT Newsletter

As we enter into autumn, also known as fall, the duration of daylight becomes noticeably shorter and the temperature cools down considerably. We need to remember to change our clocks, check our smoke alarms and carbon monoxide (CO) alarms. Also we should start preparing and checking our homes and automobiles for the upcoming seasons. Daylight Saving Time ends on Sunday, November 4th.

During October, CERT members attended the Uniondale Fire Department's fire prevention day and Franklin Square fall festival. Cert members distributed disaster preparedness and CERT recruitment information. Thank you to everyone who contributed in making these events a success.

In the upcoming weeks we will be attending fire extinguisher training at the Nassau County Fire Service Academy. Also we will be hosting a Narcan Training January 8th , see information in this newsletter.

We are in the last few classes of our CERT basic class. Graduation will be Thursday, November 8 at the Nathan L. Bennett Pavilion Hempstead Town Hall. All members are welcome to attend.

The All-County meeting has been scheduled for Wednesday, November 14 at the OEM lecture hall. Meeting will start at 7pm. CERT ID cards expire the end of the year. If you plan on attending the meeting, please email oemcert@nassaucountyny.gov so that we can have your new ID cards available for distribution.

I know many of you have been requesting to have the meetings at different locations. Due to scheduling and availability we were unable to change the location for this meeting. If anyone has a contact or a place suitable to have a meeting, please forward the information.

Have a Happy and Safe Thanksgiving and we look forward to seeing you at the All-County meeting.

Best Regards,

Bob J Paul



**Uniondale
Fire Department
Fire Prevention
Open House**

**Franklin Square
Fall
Festival**





Basic Training

Nathan L. Bennett Pavilion Hempstead Town Hall

1 Washington Street

Hempstead, New York 11550

November 8 (Graduation)





Radio Amateur Civil Emergency Services (RACES)

American Cancer Society Walk - Making Strides Against Breast Cancer

On Sunday October 21st members of Amateur Radio Emergency Services (ARES), Civil Air Patrol (CAP), and our own Radio Amateur Civil Emergency Services (RACES) assisted the American Cancer Society (ACS) and the 65,000 participants at Jones Beach State Park. Members of these groups handled the main body of communications for this walk as well as added another level of situational awareness which is crucial to the safety of all in attendance. The benefit of working together at events like the ACS Walk gives us the opportunity to hone our skills so together we can better serve the residents of Nassau County during a major event. We hope to continue to work and train together with our partners in the future.

This is also a cause that effects many of us, our families and friends so we are honored to be a part of this annual event.

RACES Meeting and Training 2018

All dates and topics are tentative

Date	Training Topic
January 22, 2018	IAP ICS Forms Table Top
February 26, 2018	CAP Presentation
March 19, 2018	Secrets of Decision Making
April 16, 2018	Summer Skywarn Reportable Criteria
May 21, 2018	EOC Messaging
June 18, 2018	Interoperability
July 16, 2018	Leadership Training
August 20, 2018	OEM Command Vehicle
September 17, 2018	Preparedness Exercise
October 15, 2018	Winter Skywarn Reportable Criteria
November 19, 2018	Station Setup - Shelter Operations
December 17, 2018	Year End review



Radio Amateur Civil Emergency Services (RACES)

American Cancer Society Walk - Making Strides Against Breast Cancer



Get ready to gain an hour of sleep—day light saving time is about to end. On Sunday, November 4, it's time to fall back and set the clocks back to mark the end of daylight saving time.

The country sprang clocks forward the second week of March, but the reverse will happen come November 4.

The change will happen to those living across the country 2 a.m. local time the first Sunday of November, according to the National Institutes of Standard and Technology (NIST). Some people across the country will turn their clocks an hour back come November 4, but there are some states in the U.S. that won't have to participate in turning their clocks back because they never had to spring them forward.

Daylight savings time is not observed in Hawaii and Arizona (with the exception of the Navajo Indian Reservation in the state), according to NIST. U.S. territories like Puerto Rico, Guam, American Samoa, and the Virgin Islands also do not observe daylight savings time, according to the institution.

Daylight savings time (DST) began in 1883 after the U.S. and Canadian railroads determined a four-zone system to stop confusion from the 100 conflicting locally established "sun times" that were observed across train terminals across the country, according to the United States Department of Transportation. Four zones were established: eastern, central, mountain, and pacific time zones.

The Standard Time Act in 1918 created boundaries between the standard time zones in the U.S., according to the U.S. DOT. This led to daylight saving time (DST), which was introduced in 1966 as part of the Uniform Time Act. The law was an effort to preserve the daylight, according to the U.S. DOT. The department keeps a [list](#) of reasons on the positives for turning the clock back, including saving energy, preventing traffic injuries, and claim the time change even prevents crime.



2018-2019 WINTER STORM NAMES

AVERY	HARPER	OREN	VAUGHN
BRUCE	INDRA	PETRA	WESLEY
CARTER	JAYDEN	QUIANA	XYLER
DIEGO	KAI	RYAN	YVETTE
EBONI	LUCIAN	SCOTT	ZACHARY
FISHER	MAYA	TAYLOR	
GIA	NADIA	ULMER	

Winter storms are named based on either meeting, or the expectation to meet, at least one of the following criteria:

- NWS winter storm, blizzard, or ice storm warnings covering at least a population of 2 million
- NWS winter storm, blizzard, or ice storm warnings covering at least an area of 400,000 square kilometers

Storms forecast to trigger NWS warnings over a much larger population and/or area, such as January 2018's Winter Storm Grayson in the [South](#) and [Northeast](#), are typically named well ahead of time.

Lake-effect snowstorms are not named, and any warnings covering lake-effect snow are not counted for consideration for naming a winter storm.

Using these criteria, the number of named winter storms has been consistent over six seasons.

According to winter weather expert [Tom Niziol](#) of The Weather Channel, there were 24 named winter storms in the 2017-18 season. The three previous seasons each had 22 named storms. There were 26 named storms in [2013-14](#) and 27 storms in [2012-13](#).

Preparing Your Home and Car for the Blast of Winter

We live in the Northeast , you know the drill. Four to five months of heavy clothes, seeing your breath and generally freezing outside. Sometimes even elsewhere, Old Man Winter stops in for an unexpected visit. But beyond the inconvenience and discomfort, a winter storm or other severe weather conditions can cause real damage. So it's important to think about winter preparedness.

Protecting your home is vital. A frozen water pipe can burst and flood your house or basement. An ice dam in your gutter can cause water to seep into and saturate an interior wall. And then there's your car. Making sure it's prepped to face winter's worst is just as critical.

After all, what would happen if a blizzard stranded you in your car?

10 Tips To Prepare Your Home and Property for Winter

If you take good care of your house and property, you'll be better prepared to weather any storm or disaster.

- ◆ Inspect your gutters and make sure that they are clean so that water can drain properly.
- ◆ Are bugs getting into your home? Perhaps you need to seal gaps and cracks around windows and doors to keep both bugs and the cold air out.
- ◆ Don't forget to look up. Inspect your roof for any damage or leaky vents.
- ◆ How are your driveway, sidewalk, and steps holding up? Be sure to repair anything that needs attention.
- ◆ Trim any dead branches or trees that may be leaning over your home.
- ◆ After all of that spring and summer pollen, now is a good time to repair dirty filters.
- ◆ Clean your clothes dryer exhaust duct and the space behind the dryer and remove any lint or dust that may have accumulated.
- ◆ Hire a professional to check out your furnace, fireplace, and chimney.
- ◆ Insulate water pipes that may be prone to freezing temperatures.
- ◆ Now is also the time to test your smoke and carbon monoxide detectors.

Prepare your car

According to the Department of Transportation, 22% of all vehicle crashes in the U.S. – and 16% of the fatalities – are due to severe weather such as rain, snow, sleet and ice.¹ So, prepare your car for treacherous conditions and extremely cold temperatures – and know what to do if you find yourself stranded in a vehicle. When the temperatures start to drop:



- Drive only if it is absolutely necessary. If you must drive, travel during the day.
- Don't travel alone. Keep others informed of your schedule.
- Stay on main roads and avoid back road shortcuts.
- Top off antifreeze, windshield wiper fluid, gas, oil and other fluids.
- Make sure your tires have enough tread. Consider snow tires.
- Keep bagged salt or sand in the trunk for extra traction and to melt ice.
- Clear snow from the top of the car, headlights and windows.
- Save the numbers for your auto club, insurance agent and towing service into your cell phone.

Keep a cold-weather kit in your trunk. It should include a blanket or sleeping bag, gloves, hard candy, bottled water, folding shovel, first aid kit, flashlight and cell phone charger.

If you're trapped in a vehicle



- Remain inside. Rescuers are more likely to find you there.
- Run the engine and heater about 10 minutes every hour. Clear any snow from the exhaust pipe to reduce your risk of carbon monoxide poisoning.
- Move around to maintain heat.
- Use maps, floor mats and seat covers for insulation.
- Take turns sleeping. Someone should always be awake to alert rescuers.
- Drink fluids to avoid dehydration.
- Turn on the inside light at night so rescue crews can find you.

*A special training for our Nassau County Medical Reserve Corps (MRC)
and Community Emergency Response Team (CERT) volunteers!*

Don't miss a chance to save a life!

Every day, at least one Long Islander dies from an opiate overdose!

LEARN HOW TO RECOGNIZE AND PREVENT AN OVERDOSE.

Receive a free Narcan kit.



Tuesday, January 8, 2019

6:30-8:30pm

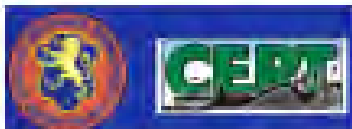
510 Grumman Road West, Bethpage, NY 11714

Please note that Social Work & OASAS CE credits are available. "Nassau County OMHCDD5 & MHA of Nassau County SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0083."

PLEASE RSVP BY DECEMBER 21, 2018

to NCMRC@NASSAUCOUNTYNY.GOV

or 516.227.9627





HELP SAVE THE LIFE OF A LOVED ONE!

If you are interested in the Nassau County Overdose Prevention And Naloxone Training

At any of the listed locations You must register at:

<https://forms.nassaucountyny.gov/agencies/CE/narcan/ontraining.php>

Naloxone/Narcan Training in Oceanside

Tuesday 11/13/18 7-9pm

Barry & Florence Friedberg JCC

15 Neil Court, Oceanside, NY

Naloxone/Narcan Training in Greenvale

Wednesday 11/14/18 7-9pm

Sid Jacobson Jewish Community Center

300 Forest Drive, Greenvale NY

Naloxone/Narcan Training in Bellmore

Monday 11/26/18 7-9pm

Bellmore Presbyterian Church

2740 Martin Avenue, Bellmore, NY

Naloxone/Narcan Training in Carl Place

Wednesday 11/28/18 7-9pm

Carle Place Fire Department

460 Broadway, Carle Place NY

Naloxone/Narcan Training in Valley Stream

Tuesday 12/11/18 7-9pm

Gateway Christian Center

502 Central Avenue, Valley Stream NY

November 2018 - Upcoming Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 CERT Basic Class # 6	2	3
Set Your Clocks Back 	5			8 CERT Basic Class # 7	9	10
	12	13 Division 4 Meeting 7:30pm	14 All-County Meeting 7pm		16	17
18	19 RACES Meeting 7:30 p.m.	20	21		23	24
25	26	27	28	29	30	

Important CERT Dates

Division 4 Meeting

November 13th
Williston Park Village Hall
Time: 7:00 pm

All-County Meeting






November 14th
Nassau County OEM Lecture Hall
Time: 7:00 pm

RACES Meeting

November 19th
Nassau County OEM Lecture Hall
Time: 7:30 pm



December 2018 - Upcoming Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2		4	5 Division 1 Meeting 7pm	6		8
9	10	11	12	13 OFFICERS MEETING 7:30 pm	14	15
16	17 RACES Meeting 7:30 p.m.	18	19	20		22
23	24		26	27	28	29
30						

Important CERT Dates

Division 1 Meeting

December 5th
Nassau County OEM Lecture Hall
Time: 7 pm

Officers Meeting

December 13th
Nassau County OEM Lecture Hall
Time: 7:30 pm

RACES Meeting

December 17th
Nassau County OEM Lecture Hall
Time: 7:30 pm



Nassau County CERT Coordinator

Bob Chiz

oe CERT@nassaucountyny.gov

CERT Deputy Director

Paul Shapiro

pshapiro@nassaucountyny.gov

CERT Section Chiefs

	Paul Shapiro	Jeffrey Sliva	David Sobolow
Logistics	Operations	Planning	Admin/Finance

Division 1

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Division 3

Division Supervisor

Alex Gallego

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Division 2

Division Supervisor

Judy Ryan

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Division 4

Division Supervisor

Rich Zebrowski

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Division 5 - Campus CERT

Division Supervisor

Stephanie Gobbo

Stephanie.Gobbo@liu.edu

Nathan L. Bennett Pavilion Hempstead Town Hall
1 Washington Street
Hempstead, New York 11550

September 27

October 4, October 11, October 18, October 25

November 1 at OEM, November 8 (Graduation)

PLEASE HELP US RECRUIT NEW MEMBERS!!

OEMCERT@NASSAUCOUNTYNY.GOV

(Current CERT Members may attend any class as a refresher)