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## Overview of Mental Health Supports and Services in Nassau County

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The New York State mental health system is faced with a variety of challenges emanating from the fact that the high need adult and child client constitutes a growing percentage of total number of persons served. This situation underscores the requirement that we continually evolve service delivery approaches in an ever changing environment. In Nassau County we have a wide range of programs but we wish to partner with OMH to provide for a more comprehensive and responsive array of clinical, rehabilitative and residential program alternatives.

Currently, there are forty three voluntary/not for profit and state agencies that provide mental health services to the citizens of Nassau County. Some clients are seen by more than one provider but our agencies report that they serve a duplicated count of over 46,000 individuals each year. The broad categories of services offered are Emergency Services, Inpatient Care, Single Points of Entry, Case Management, Assertive Community Treatment and Intensive In-home Services for Children, Assisted Outpatient Treatment, Community Residential Programs, Outpatient Treatment, Family Support Services, Skill Development Programming, Social and Recreational Services, Self Help and Peer Support, Forensic Mental Health, Advocacy Services, Legal Assistance, Discharge Planning from Inpatient, Medication Grant, Information and Referral, Professional Training and Community Education and Transportation.

### Emergency Services

The objective of emergency programs is to achieve rapid psychiatric and medical stabilization, and to ensure the individual's safety. This service may be used when a crisis intervention cannot be provided by a client's current provider, or when the individual is not enrolled in a mental health program. Program categories included under emergency services are:

Psychiatric Emergency Room – Provides emergency psychiatric and medical evaluations 24 hours-a-day, 7 days a week. Clients not requiring hospitalization are referred to a community based service.

*mobile*

**Adult Mobil Crisis Team** – Functions as an alternative to a police intervention or assists police with the goal of minimizing a crisis in the community. The team evaluates the psychological condition, the functioning level, environment and safety of the individual in crisis. If needed the team will facilitate a psychiatric hospitalization or refer the client to an appropriate treatment provider in the community.

*mobile*

**Children's Mobil Crisis Team** – Provides short-term crisis interventions in the community to help reduce emergency admissions to children's inpatient programs. The team provides linkages to ongoing services, as needed.