

**Directory of Mental Health, Substance Use, and  
Developmental Disabilities Services for  
Children and Adults**



**Nassau County Department of Human Services  
Office of Mental Health, Chemical Dependency &  
Developmental Disabilities Services**

**The Nassau County Office of Mental Health, Chemical Dependency, and Developmental Disabilities Services promotes the development of a comprehensive, coordinated system of services that enables those with a mental illness, chemical addiction, or developmental disability to maximize their functioning to live safely and successfully in the community.**

**Our mission is to:**

- **Promote the highest quality of clinical, supportive, and rehabilitative services, so that individuals can safely and effectively work towards recovery.**
- **Foster the delivery of services that enable the developmentally disabled to achieve their potential for autonomous functioning and self-sufficiency.**
- **To provide oversight and methods of accountability to ensure that services are responsive to individuals needs and are delivered in accordance with best practice standards.**
- **To evolve services in a changing health care environment that meet one's holistic needs.**
- **Provide for full, open, and meaningful participation for the people who use services.**
- **To safeguard the client's right to receive services and maximize client choice.**
- **To ensure that those most in need have access to care.**
- **To ensure county planning incorporates input from clients, family, providers, and the community at large.**

**With our mission in mind, we have compiled a directory of providers and their services available in Nassau County.**

**We hope you find this to be a comprehensive tool and an informative resource to help navigate services in our community.**

**Please call our Behavioral Health Helpline at 516-227-TALK (8255) for more specific information or for further assistance.**

**Sincerely,**

*Omayra Pérez*

**Omayra Pérez, MSW, R-LCSW  
Director of Community Services**



Nassau County Department of Human Services  
Office of Mental Health, Chemical Dependency, and  
Developmental Disabilities Services in partnership with  
South Shore Child Guidance Center & Long Island Crisis Center

**HAVING TROUBLE COPING**  
*with Stress, Anxiety, Fear, Depression,  
Loneliness and/or Drugs/Alcohol?*

**MENTAL HEALTH/SUBSTANCE USE HELPLINE  
AND  
NASSAU COUNTY MOBILE CRISIS TEAM**  
*Can Help You or Someone You Care About!*



A 516-227-Talk (8255) qualified professional will assist in screening concerns and directing all calls to the appropriate **MENTAL HEALTH** and **SUBSTANCE USE** resources.

The Nassau County Mobile Crisis Team is a unit comprised of clinical experts who provide on-site intervention and evaluation for community members and their families. The crisis team provides assessment and referrals to appropriate resources.

**Need Resources and/or Information?  
The Mobile Crisis Team Will Come to You!  
Available 24/7 • All Calls Are Confidential**

**516-227-TALK (8255)**



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# Government Offices

Nassau County Department of Human Services  
Office of Mental Health, Chemical Dependency and Developmental Disabilities Services  
60 Charles Lindbergh Boulevard, Suite 200  
Uniondale, New York 11553-3687  
Phone: 516-227-7057  
Fax: 516 - 227-7076  
[behavioralhealth@hhsnassaucountyny.us](mailto:behavioralhealth@hhsnassaucountyny.us)

## NYS Office of Mental Health (OMH)

Central Office  
44 Holland Avenue  
Albany, New York 12229  
1-800-597-8481  
[www.omh.ny.gov](http://www.omh.ny.gov)

Long Island Field Office  
Pilgrim Psychiatric Center, Building 45-3  
998 Crooked Hill Road  
West Brentwood New York 11717-1087  
631-761-2508  
[www.omh.ny.gov](http://www.omh.ny.gov)

## NYS Office of Addiction Services and Supports (OASAS)

Central Office  
1450 Western Avenue  
Albany, New York 12203-3526  
518-473-3460  
[www.oasas.ny.gov](http://www.oasas.ny.gov)

Long Island Regional Office  
Pilgrim Psychiatric Center, Building 1  
998 Crooked Hill Road  
West Brentwood, New York 11717-1087  
631-434-7263  
[www.oasas.ny.gov](http://www.oasas.ny.gov)

Office for People with Developmental Disabilities (OPWDD)

Central Office

44 Holland Avenue  
Albany, New York 12229-0001  
1-866-946-9733  
[www.opwdd.ny.gov](http://www.opwdd.ny.gov)

Long Island Regional Office

415 Oser Avenue A  
Hauppauge, New York 11788  
631-434-6100  
[www.opwdd.ny.gov](http://www.opwdd.ny.gov)

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## Crisis Services

Emergency Services

**911**

Nassau County Behavioral Health Helpline

**516-227-TALK (8255)**

Information and referrals Available 24/7. A qualified professional will assist in screening concerns and directing all calls to the appropriate mental health and substance use resources.

Nassau County Mobile Crisis Intervention Team for Adults and Children

**516-227-TALK (8255)**

The Nassau County Mobile Crisis Team is a unit comprised of clinical experts who provide on-site intervention and evaluation for community members and their families. The crisis team provides assessment and referrals to appropriate resources. Examples of services are screening, assessment, stabilization, triage, and/or referral to an appropriate program or programs. The mobile crisis team also can work with the police to arrange for the transport of a person to the hospital if needed.

Nassau University Medical Center Psychiatric Emergency Room  
2201 Hempstead Turnpike  
East Meadow, NY 11554  
**516-572-4775**

A self-contained emergency room in Nassau County ready to care for those in crisis. The Psychiatric Emergency Department is fully staffed, and open for referrals 24 hours a day, every day of the year.

The tools used to diagnose and stabilize patients in acute psychiatric distress include:

- Detailed interviewing and multi-modal data gathering.
- Thorough medical evaluations to rule out neurovascular problems, adverse reactions to medications, and other diseases and disorders whose symptoms might appear to be psychiatric in origin.
- New psychotropic medications to alleviate psychological pain.
- Crisis counseling skills to provide immediate coping strategies to help the patient deal with psychosocial stressors contributing to admission to the PED.
- Discharge planning and referrals to appropriate inpatient or outpatient services.

Long Island Crisis Center  
**516-679-1111**

Long Island Crisis Center provides free, confidential, and non-judgmental programs and services to support and empower Long Islanders at critical times in their lives. They provide short-term crisis counseling, suicide prevention, information, and referrals on a wide range of issues through their 24-hour, seven-day-a-week, crisis hotlines, and live online and mobile chat.

Suicide and Crisis Lifeline

**988 For TTY Users: Use your preferred relay service or dial 711 then 988.**

The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals in the United States.

Crisis Text Line

**Text GOT5 to 741741**

New York State has partnered with Crisis Text Line, an anonymous texting service available 24/7. A live, trained Crisis Counselor receives the text and responds, all from a secure online platform.

OASAS HOPEline

**1-877-8-HOPENY or text HOPENY**

New York State's 24/7 problem gambling and chemical dependency hotline. The HOPEline is staffed by specially trained and supervised mental health professionals with training in addiction and people with lived addiction experience or peer advocates that are available at the request of the caller. Individuals may call or text the HOPEline to receive free and confidential information about Addiction and problem gambling assessments, interventions, treatment and support in New York State.



Behavioral Health Crisis Center at Zucker Hillside Hospital – Walk-in Clinic  
75-59 263rd Street  
Glen Oaks, NY 11004  
**714-470-8300**

Target Population:

Adults, over 18, presenting in a mental health crisis, but do not necessarily require the services of an emergency room.

The Adult Behavioral Health Crisis Center, part of Zucker Hillside Hospital’s Adult Outpatient Psychiatry Department, is a walk-in clinic that provides individuals with short-term psychiatric services and connects them to long-term care. With a multidisciplinary team of psychiatrists, nurse practitioners, medical assistants, social workers, care coordinators and peer advocates, they are equipped to provide psychotherapy, referrals for outpatient care, and prescriptions for medication (as needed). The program is open Monday through Friday, 9am to 3pm.

Cohen Children’s Pediatric Behavioral Health Urgent Care Center – Walk-in Clinic  
269-01 76th Avenue  
New Hyde Park, NY 11040  
**718-470-3148**

Target Population:

Children and adolescents, age 5-17, presenting in a mental health crisis, but do not necessarily require the services of an emergency room.

The Cohen Children’s Pediatric Behavioral Health Urgent Care Center provides timely access to pediatric mental health services for children and adolescents (age 5-17) presenting in a mental health crisis. The program is designed as an alternative treatment setting for those who need urgent (same day) intervention, but do not necessarily require the services of the emergency room. (If the child does need the emergency room for a mental health issue, they should go straight to the emergency room.) The program is open Monday through Friday, 9am to 3pm.

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## **Inpatient Hospitals – Mental Health**

A 24-hour inpatient treatment program that is a place for people in need of treatment for severe mental disorders. Psychiatric hospitals are built and designed to be safe environments for patients to receive intensive treatment for their mental health conditions.

**Amityville**

South Oaks Hospital-Northwell Health  
400 Sunrise Highway Amityville, NY 11701

**631-608-5610**

Adult +18, Children (Under 18)

**Amityville**

Brunswick Hospital Center  
81 Loudon Avenue Amityville, NY 11701

**631-789-7421**

Adult +18, Adolescents

**Dix Hills**

Sagamore Children's Psychiatric Center– Office of Mental Health  
197 Half Hollow Road Dix Hills, NY 11746

**631-370-1700**

Children (Under 18)

**East Meadow**

Nassau University Medical Center  
2201 Hempstead Turnpike East Meadow, NY 11554

**516-572-6511**

Adult +18, Children (Under 18)

**Glen Oaks**

Zucker Hillside Hospital-Northwell Health  
75-59 263rd Street Glen Oaks, NY 11004

**718-470-8100**

Adult, +18Adolescents

**Oceanside**

Mount Sinai South Nassau  
One Healthy Way Oceanside, NY 11572

**516-632-3000**

Adult +18

**Rockville Centre**

Mercy Medical Center  
1000 North Village Avenue Rockville Centre, NY 11570  
**516-705-2248**  
Adult +18

**West Brentwood**

Pilgrim Psychiatric Center – Office of Mental Health  
998 Crooked Hill Road West Brentwood, NY 11717  
**631-761-3500**  
Adult +18

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## **Inpatient Programs – Substance Use**

Inpatient programs provide a safe and supportive setting for the evaluation, treatment, and rehabilitation of people with substance use disorders. These facilities offer 24-hour, 7-day a-week care that is always supervised by a medical professional. Inpatient services include intensive management of symptoms related to addiction and monitoring of the physical and mental complications resulting from substance use.

**Amityville**

South Oaks Hospital-Northwell Health  
400 Sunrise Highway Amityville, NY 11701  
**631-608-5610**

**Brentwood**

Charles K. Post Addiction Treatment  
998 Crooked Hill Road West Brentwood, NY 11717  
**631-434-7200**

**Calverton**

Wellbridge Rehabilitation Program  
525 Jan Way Calverton, NY 11933  
**631-508-5400**

**East Meadow**

Nassau University Medical Center  
2201 Hempstead Turnpike East Meadow, NY 11554  
**516-572-6511**

**Fresh Meadows**

Cornerstone of Medical Arts Center  
159-05 Union Turnpike Fresh Meadows, NY 11366  
**718-906-6700**

**Greenport**

Stony Brook Eastern Long Island Hospital  
201 Manor Place Greenport, NY 11944  
**631-477-8877**

**Hampton Bays**

Long Island Center for Recovery, Inc.  
320 W Montauk Highway Hampton Bays, NY 11946  
**631-728-3100**

**Port Jefferson**

St. Charles Hospital, Port Jefferson  
200 Belle Terre Road Port Jefferson, NY 11777  
**631-474-6233**

**Westhampton Beach**

Seafield Center, Inc.  
7 Seafield Lane Westhampton Beach, NY 11978  
**631-288-1122**

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## **Medically Managed Detoxification**

Crisis services provide a variety of treatment options designed to provide immediate care for people who are intoxicated or incapacitated by their use of alcohol or other substances. The primary goal of these services is to manage withdrawals from substances, as well as medical and psychiatric complications during withdrawals. Crisis services include detox services and are also designed to facilitate connections to continued care.

Nassau University Medical Center - Chemical Dependency Detoxification (Detox) Unit  
2201 Hempstead Turnpike East Meadow, NY 11554  
**516-572-6394**

The Detox Unit at Nassau University Medical Center helps people safely withdraw from alcohol, opiates, and other addictive drugs in a controlled medical environment. Along with medically managed detoxification, patients are educated about addiction, with stress on detoxification as only the first step in treatment. On average, patients' complete detox in five days, but all treatment plans are tailored to best facilitate everyone's own process of recovery.

## **OASAS Residential Programs**

Residential services are designed for people who need support in their recovery and may not be able to participate in treatment without a 24-hour residential setting. Residential services are designed to develop or maintain recovery through a structured, substance-free setting, and can include group support, skills development related to independent living, and other services designed to promote recovery.

Mercy Medical Center – Mercy Hall  
95 Pine Street Freeport, NY 11520  
**516-868-2244**

Population Served: Adult women above the age of 18 that report significant difficulty managing life due to substance abuse. Mercy Hall is a reintegration residential facility for women who are in recovery from alcohol and/or substance dependence who have made the choice live a sober life. The program includes counseling, rehabilitative, and vocational services. The average length of stay ranges between 8-12 months; however, this can be individualized based on circumstances and needs. The program is designed to educate individuals on how to balance a productive, successful life and recovery.

Mercy Medical Center – Recovery House  
526 Greengrove Avenue Uniondale, NY 11553  
**516-977-2050**

Population Served: Adult men above the age of 18 that report significant difficulty managing life due to substance abuse. Recovery House is a reintegration residential facility for men who are in recovery from alcohol and/or substance dependence who have made the choice live a sober life. The program includes counseling, rehabilitative, and vocational services. The average length of stay ranges between 6-9 months; however, this can be individualized based on circumstances and needs. The program is designed to educate individuals on how to balance a productive, successful life and recovery.

Mercy Medical Center –New Hope  
150 Buffalo Avenue Freeport, NY 11520

**516-546-7070**

Population Served: Adults 18 years of age and older, who present with a primary diagnosis of substance use disorder. New Hope is a Stabilization Program offering protective, short-term residential care to adults who present with a primary diagnosis of substance use disorder. In addition to providing services for individuals with primary substance use disorder, services are offered for adults presenting with associated mild to moderate withdrawal symptoms or who are diagnosed with co-occurring mental health concerns as well as those experiencing situational crises because of substance use disorder. The goal is to stabilize the individual in an environment that is safe, sober, and therapeutic in nature. Once stabilization is achieved, New Hope will continue to assist the recovering individual with an appropriate referral and transportation to the next level of care.

South Shore Association for Independent Living (SAIL)  
1976 Grand Avenue Baldwin, NY 11510

**516-855-1800**

Population Served: Individuals over the age of 18 who have a designated substance use disorder/chronic addiction, who are high-cost frequent consumers of Medicaid benefits and are homeless or at risk of returning to homelessness. Must have a history of two inpatient hospitalizations; OR at least five emergency room episodes; OR a combination of four emergency room episodes and one inpatient hospitalization in a 12-month period. This program provides permanent housing to individuals in a single apartment. The program is a collaboration with Mercy Behavioral Health Services where program recipients can receive ongoing clinical care. SAIL's OASAS Program ensures the provision of community integration and provides support services to assist individuals in their recovery and integrating into the community. This includes working on achieving goals and maintaining housing.

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## **Mental Health Crisis Residence – Adult**

Mental Health Association of Nassau County - Turquoise House I and II  
16 Main Street Hempstead, NY 11550

**516- 489-232**

Population Served: Adults, over age 18, in a psychiatric crisis not requiring inpatient level of care, who would benefit time out of their home environment. Turquoise House I and II are peer respite wellness centers that allow guests to use their crisis as an opportunity, providing connection, hope, and a successful alternative to hospitalization. Turquoise House II is a Crisis Residence. Guests stay in a comfortable, homelike environment for up to 28 days for intensive,

transformative support, served by a team of trained Peer Specialists who support, accept, and listen. Self-help mutual support is reciprocal and produces empowerment in the participants.

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## **Crisis Respite Residential Services – Children**

Children's Crisis Respite provides short-term respite residential care for Nassau County residents ages 5 - 17 in psychiatric crisis using structured and supportive crisis respite beds. The goal of the program is to provide swift crisis intervention and to foster long-term stabilization for children and adolescents in psychiatric crisis without the use of psychiatric hospitalizations or other overly restrictive placements. Referrals for the program must be submitted to the Children's Crisis Respite Coordinator through Mental Health Association (MHA).

Mental Health Association of Nassau County - Children's Crisis Respite Coordinator  
**516-243-2531**

Population Served: Nassau County residents ages 5 - 17 in psychiatric crisis not requiring inpatient level of care.

OMH Sagamore Crisis Residence  
**631-370-1606**

Population Served: Nassau County and Suffolk County residents ages 10 - 17 in psychiatric crisis not requiring inpatient level of care.

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## **Crisis Respite Residential Services – Adults**

Crisis Respite Residential services are licensed residential (24 hours/day) stabilization program, which provide services for acute symptom reduction and the restoration of patients to pre-crisis level of functioning. These programs are time limited for persons until they achieve stabilization (generally up to 30 days). Crisis residences serve persons experiencing rapid or sudden deterioration of social and personal conditions such that they are clinically at risk of hospitalization but may be treated in this alternative setting.

Central Nassau Guidance and Counseling Services  
950 South Oyster Bay Road Hicksville, NY 11801  
**516-822-6111**

CEC Health Care - Safe Harbor  
113 Glen Cove Avenue Glen Cove, NY 11542  
**516-622-8888 ext. 3**

Population Served: Nassau County residents aged 18 and older diagnosed with a mental illness currently experiencing a psychiatric crisis that does not require hospitalization.

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## **Children’s Psychiatric Hospital Discharge Planner**

The Children’s Hospital Discharge Planner is available for any Nassau County residents under the age of 21 who are hospitalized psychiatrically. Please note, the youth does not need to be inpatient at hospital located in Nassau County to be eligible, they just need to be a resident of Nassau. The goals of the Children’s Hospital Discharge Program are to shorten hospital stays by transitioning to appropriate community supports, avoid re-hospitalization and psychiatric emergency room visits through the provision of appropriate community mental health resources. The program provides consultation to hospital staff to ensure adequate discharge planning, provides individualized planning and service coordination, and transitions children and adolescents to appropriate mental health resources including follow-up services.

Mental Health Association of Nassau County - Children’s Hospital Discharge Planner  
**516-243-2531**

Population Served: Nassau County residents under age 21 who are psychiatrically hospitalized.

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## **Home Based Crisis Intervention (HBCI)**

South Shore Guidance Center  
114 Church Street Freeport, NY 11520  
**516-868-3030**

Population Served: Nassau County residents between the ages of 5-18 who are at risk for a psychiatric hospitalization. This program provides short-term, intensive home-based services to families to prevent the psychiatric hospitalization of a child or adolescent. Over a 4–6-week period the objective is to resolve crisis situations, enhance family functioning, promote self-sufficiency, assist in keeping families together, and linkage to community-based supports.



# Residential Eating Disorder Treatment

Center for Discovery Eating Disorder Treatment - Community Residence for Eating Disorder  
Integrated Treatment (CREDIT)

3 Sunset Avenue East Quogue, NY 11942

**866-477-3359**

Population Served: Individuals ages 12-18 who are struggling with an eating disorder. Center for Discovery Community Residence for Eating Disorder Integrated Treatment (CREDIT) Program treats patients of all genders age 12-18 for eating disorders. This adolescent treatment facility partners with Learn Well for education consultation so patients can stay on track with their education and learning while in treatment. Treatment modalities offered include cognitive behavior therapy (CBT), exposure & response prevention (ERP), and dialectical behavioral therapy (DBT).

Monte Nido Glen Cove

1 Saint Andrews Lane Glen Cove, NY 11542

**516-219-9732**

Population Served: Individuals over age 18 who are struggling with an eating disorder. An adult residential eating disorder program focuses on the restoration of physiological and nutritional balance, implementation of healthy eating and exercise routines, elimination of harmful behaviors, and development of motivation and treatment engagement. The objective is to help each client achieve a clear understanding of their eating and/or exercise disorder and its effect on their life, as well as an individualized appreciation of what is necessary for their personal recovery.

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## Opioid Treatment Programs

Opioid Treatment Centers (OTP) are OASAS-certified sites where medication to treat opioid dependency is administered. These medications can include methadone, buprenorphine, and suboxone. In addition to medications, these facilities also offer counseling and educational services. In some cases, patients receiving services at an OTP clinic are provided treatment over a lifetime, like management of chronic physical ailments. Medications can also be used in the short-term to reduce withdrawal symptoms and cravings in the earliest stages of recovery.

Nassau County Department of Human Services – Office of Mental Health, Chemical Dependency  
and Developmental Disabilities Services  
2201 Hempstead Turnpike, Building K First and Second Floors, East Meadow, NY 11554  
**516-572-6305**

Northwell Zucker Hillside Hospital – Opioid Treatment Program  
75-59 263rd Street, Littauer Building, 1st Floor, Glen Oaks, NY 11004  
**718-470-8940**  
Triumph Treatment  
309 W Park Avenue Long Beach, NY 11561

Population Served: Individuals struggling with opioid dependency.

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## **Substance Use Outpatient Treatment (OASAS)**

Outpatient facilities provide clinical services for people with an addiction to substances and their families who have been impacted by their addiction. These services include counseling, education, and connections to community services. Modalities offered may include individual therapy, group therapy, medication management, peer specialists, Medication Assisted Treatment (MAT), education about addiction and community supports, drug awareness, and relapse prevention. Family members and loved ones of those struggling with substance use are also eligible for services.

**Bethpage-** Bridge Back to Life Center, Inc.  
1065 Stewart Avenue Suite 101 Bethpage, NY 11714  
**516-520-6600**

**Elmont-** Backstretch Employee Service Team  
2150 Hempstead Turnpike Elmont, NY11003  
**516-488-3434**

**Franklin Square-** Long Beach Reach, Inc.  
340 Dogwood Avenue Franklin Square, NY 11010  
**516-505-1717**

**Freeport-** South Shore Guidance Center – C.A.R.E.  
114 Church Street Freeport, NY 11520  
**516-868-3030**

Garden City- Mercy Medical Center  
506 Stewart Avenue Garden City, NY 11530  
**516-705-3400**

Garden City- Northwell Health - Garden City Treatment Center  
711 Stewart Avenue Suite 140 Garden City, NY 11530  
**516-742-4015**

Garden City Park- Nassau Alternative Advocacy  
151 Herricks Road Garden City Park, NY 11040  
**516-741-3110**

Glen Cove- CEC Health Care  
113 Glen Cove Avenue Glen Cove, NY 11542  
**516-622-8888 ext. 3**

Great Neck- COPAY, Inc.  
21 N Station Plaza Great Neck, NY 11021  
**516-466-2509**

Hempstead- Center for Rapid Recovery, Inc.  
312 Greenwich Street Hempstead, NY 11550  
**516-292-6449**

Hempstead- Counseling Service of E.D.N.Y., Inc.  
175 Fulton Avenue Hempstead, NY 11550  
**516-481-0052**

Hempstead- EAC New Path Treatment Center  
175 Fulton Avenue, Suite 403 Hempstead, NY 11550  
**516-486-3222**

Hempstead- Family and Children's Association  
126 North Franklin Street Hempstead, NY 11550  
**516-486-7200**

Hempstead- Hispanic Counseling Center, Inc.  
344 Fulton Avenue Hempstead, NY 11550  
**516-538-2613**

Hempstead- Victory Recovery Partners  
250 Fulton Ave Hempstead, NY 11550  
**516-566-0658**

Hicksville- Central Nassau Guidance and Counseling  
950 S Oyster Bay Road Hicksville, NY 11801  
**516-822-6111**

Hicksville- Family and Children's Association  
1 80 Broadway Hicksville, NY 11801  
**516-935-6858**

Hicksville- Long Island Treatment Center LLC  
100 W Nicholai Street Hicksville, NY 11801  
**516-788-7258**

Hicksville- Victory Recovery Partners  
120 Bethpage Rd Hicksville, NY 11801  
**516-566-0920**

Lawrence- Five Towns Community Center, Inc.  
270 Lawrence Avenue Lawrence, NY 11559  
**516-239-6244**

Levittown- YES Community Counseling Center  
152 Center Lane Levittown, NY 11756  
**516-719-0313**

Long Beach- Long Beach Reach, Inc.  
2-12 W Park Avenue Long Beach, NY 11561  
**516-889-2332**

Long Beach- Long Beach Reach, Inc.  
165 East Park Avenue Long Beach, NY 11561  
**516-889-5575**

Massapequa- YES Community Counseling Center  
75 Grand Avenue Massapequa, NY 11758  
**516-799-3203**

Massapequa Park- Victory Recovery Partners  
5100 Sunrise Hwy Massapequa Park, NY 11762  
**516-548-3495**

Mineola- Seafield Services, Inc. – Mineola  
110 Main St Mineola, NY 11501  
**516-747-5644**

North Merrick- Tempo Group, Inc  
1260 Meadowbrook Road North Merrick, NY 11566  
**516-374-3671**

Oceanside- Oceanside Counseling Center, Inc.  
71 Homecrest Court 2nd Floor Oceanside, NY 11572  
**516-766-6283**

Oyster Bay- Youth and Family Counseling Oyster Bay  
193A South Street Oyster Bay, NY 11771  
**516-922-6867**

Plainview- Behavioral Enhancement Substance Abuse  
998 Old Country Road Plainview, NY 11803  
**516-390-4347**

Port Washington- Long Beach Reach, Inc.  
225 Main Street Port Washington, NY 11050  
**516-767-1133**

Rockville Centre- Rockville Centre Drug & Alcohol Abuse – CONFIDE  
30 Hempstead Avenue Suite H9 Rockville Centre, NY 11570  
**516-764-5522**

Roosevelt- Outreach Development Corporation – REACT  
27A Washington Pl Roosevelt, NY 11575  
**516-623-7741**

Syosset- The Kenneth Peters Center for Recovery  
6800 Jericho Tpke Syosset, NY 11791  
**516-364-2220**

Syosset- Tempo Group, Inc  
23 Willis Avenue Syosset, NY 11791  
**516-374-3671**

Valley Stream- Friends of Bridge, Inc.  
5-11 Pflug Place Valley Stream, NY 11580  
**516-825-4242**

Valley Stream- New Horizon Counseling Center  
50 W. Hawthorne Avenue Valley Stream, NY 11580  
**516-872-9698**

Westbury- North Shore Child and Family Guidance Center – The Leeds Place  
999 Brush Hollow Road Westbury, NY 11590  
**516-997-2926**

West Hempstead- Northwell Health - Project Outreach  
600 Hempstead Turnpike West Hempstead, NY 11552  
**516-481-2890**

Woodmere- Tempo Group, Inc  
112 Franklin Place Woodmere, NY 11598  
**516-374-3671**

Backstretch Employee Service Team (BEST)  
2150 Hempstead Turnpike, Gate 6, Cottage 28B, Elmont, NY 11003  
**516-488-3434**

Population Served: Barn area ("backstretch") workers of the Aqueduct, Belmont, and Saratoga racetracks. BEST provides on-site counseling and individualized treatment services for addiction recovery, helping to forge connection and build community in what can be an otherwise volatile environment. BEST counselors take a holistic approach to treating chemical dependency, utilizing individualized treatment plans that include cognitive behavior, medication-assisted therapies, motivational enhancement, and 12-step therapies. In addition, BEST provides respite care for the backstretch workers of Belmont and Saratoga via the "Belmont Bistro" and the "BEST Cafe." The Bistro and Cafe are alcohol- and drug-free respites featuring healthy food and drink in addition to free Internet and Skype access, guest speakers, and performances.

Behavioral Enhancement Substance Abuse  
998 Old Country Road Plainview, NY 11803  
**516-390-4347**

Population Served: This program provides services to adults 18 and over.

Bridge Back to Life Center, Inc  
1065 Stewart Avenue, Suite 101 Bethpage, NY 11714  
**516-520-6600**

Population Served: This program provides services to individuals aged 16 and older.

Center for Rapid Recovery, Inc.  
312 Greenwich Street Hempstead, NY 11550  
**516-292-6449**

Population Served: This program provides services to adults 18 and over.

Central Nassau Guidance and Counseling  
950 S Oyster Bay Road Hicksville, NY 11801  
**516-822-6111**

Population Served: The program provides services to age 5 through adult. As a Certified Community Behavioral Health Clinic (CCBHC), the program's goal is to protect and strengthen the psychological well-being of children and adults by treating the emotional and psychiatric problems, co-occurring and substance use disorders, and medical problems that would otherwise impede their ability to function successfully within their families, at school, in the workplace and in the community. The program's objective is to increase access to services by providing evening and weekend hours as well as Open Access times that do not require a referral or wait times. The clinic also offers mobile treatment for substance use including medication assisted treatment and peer support services, and overdose prevention training and Naloxone kits in the community.

CEC Health Care  
113 Glen Cove Avenue Glen Cove, NY 11542  
**516-622-8888 ext. 3**

Population Served: This program provides services to adolescents and adults. This program offers traditional outpatient services for individuals as well as an Intensive Outpatient Service (IOS) for women.

COPAY, Inc.  
21 N Station Plaza Great Neck, NY 11021  
**516-466-2509**

Population Served: This program provides services to individuals struggling with a substance addiction and their families.

Counseling Service of E.D.N.Y., Inc.  
175 Fulton Avenue Hempstead, NY 11550  
**516-481-0052**

Population Served: This program provides services to adults aged 18 and older.

EAC New Path Treatment Center  
175 Fulton Avenue Suite 403 Hempstead, NY 11550  
**516-486-3222**

Population Served: This program provides services to adults aged 18 and older.

Family and Children's Association  
180 Broadway Hicksville, NY 11801  
**516-935-6858**

126 North Franklin Street Hempstead, NY 11550  
**516-486-7200**

Population Served: This program provides services to adults and adolescents ages 13 and older.

Five Towns Community Center, Inc.  
270 Lawrence Avenue Lawrence, NY 11559  
**516-239-6244**

Population Served: This program provides services to adults ages 18 and older.

Friends of Bridge, Inc.  
5-11 Pflug Place Valley Stream, NY 11580  
**516 -825-4242**

Population Served: This program provides services adolescents and adults with additional educational services for adolescents in their day program.

Hispanic Counseling Center, Inc.  
344 Fulton Avenue Hempstead, NY 11550  
**516-538-2613**

Population Served: This program provides services to adolescents and adults aged 10 and older.

Long Beach Reach, Inc.  
2-12 W Park Avenue Long Beach, NY 11561  
**516-889-2332**

225 Main Street Port Washington, NY 11050  
**516-767-1133**

165 East Park Avenue Long Beach, NY 11561  
**516-889-5575**

340 Dogwood Avenue Franklin Square, NY 11010  
**516-505-1717**

Population Served: This program provides services to children, adolescents and adults.

Northwell Health – Garden City Treatment Center  
711 Stewart Avenue Suite 140 Garden City, NY 11530  
**516-742-4015**

Population Served: This program provides services to adolescents and adults. The Senior Recovery Program provides a supportive and caring recovery environment aimed at reducing the stigma and shame experienced by many senior citizens dealing with substance use disorders.



Northwell Health – Project Outreach  
600 Hempstead Turnpike West Hempstead, NY 11552  
**516-481-2890**

Population Served: This program provides services to adults aged 18 and over.

Long Island Treatment Center LLC  
100 W Nicholai Street Hicksville, NY 11801  
**516-788-7258**

Population Served: This program provides services to adults aged 18 and over.

Mercy Medical Center – Behavioral Health Services  
506 Stewart Avenue Garden City, NY 11530  
**516-705-3400**

Population Served: This program provides services to adults aged 18 and over.

Nassau Alternative Advocacy Program  
151 Herricks Road Garden City Park, NY 11040  
**516-741-3110**

Population Served: This program provides services to adults, age 18 and over.

North Shore Child and Family Guidance Center – The Leeds Place  
999 Brush Hollow Road Westbury, NY 11590  
**516-997-2926**

Population Served: This program provides services to children through young adults, from age 6 through 24.

Oceanside Counseling Center, Inc.  
71 Homecrest Court, 2nd Floor Oceanside, NY 1157  
**516-766-6283**

Population Served: This program provides services to children, adolescents, and adults.

Outreach Development Corporation – REACT  
27A Washington Place Roosevelt, NY 11575  
**516-623-7741**

Population Served: This program provides services to adolescents and adults.

Rockville Centre Drug & Alcohol Abuse – CONFIDE  
30 Hempstead Avenue Suite H9 Rockville Centre, NY 11570  
**516-764-5522**

Population Served: The program serves individuals from the age of 16 and older along with their families. Primary populations are individuals with substance use disorders and those with co-occurring disorders.

Seafeld Services, Inc. – Mineola  
110 Main Street Mineola, NY 11501

**516-747-5644**

Population Served: This program provides services to adolescents and adults.

South Shore Guidance Center – C.A.R.E. Center  
114 Church Street Freeport, NY 11520

**516-868-3030**

Population Served: This program provides services to children, adolescents, and adults.

Tempo Group, Inc.  
112 Franklin Place Woodmere, NY 11598

**516-374-3671**

23 Willis Avenue Syosset, NY 11791

**516-374-3671**

1260 Meadowbrook Road North Merrick, NY 11566

**516-374-3671**

Population Served: This program provides services to adolescents and adults.

The Kenneth Peters Center for Recovery  
6800 Jericho Turnpike Syosset, NY 11791

**516-364-2220**

Population Served: This program provides services to adults aged 18 and older.

The New Horizon Counseling Center, Inc  
50 W Hawthorne Avenue Valley Stream, NY 11580

**516-569-6600**

Population Served: This program provides services to adolescents and adults aged 14 and older.

Victory Recovery Partners  
250 Fulton Ave Hempstead, NY 11550

120 Bethpage Rd Hicksville, NY 11801

5100 Sunrise Hwy Massapequa Park, NY 11762

Population Served: This program provides services to adults aged 18 and older.

Youth and Family Counseling Oyster Bay  
193A South Street Oyster Bay, NY 11771  
**516-922-6867**

Population Served: This program provides services to children, adolescents, and adults.

YES Community Counseling Center  
75 Grand Avenue Massapequa, NY 11758  
**516-799-3203**

152 Center Lane Levittown, NY 11756  
**516-719-0313**

Population Served: This program provides services to children, adolescents, and adults. Provides treatment services for children, adolescents, and adults that are facing substance use disorder or have a loved one with addiction concerns. Specialized tracks available for adolescents, young adults, adults, seniors, and family members.

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## **Problem Gambling Services**

Individuals with problem gambling or gambling disorder respond well to evidenced-based cognitive behavioral therapy that focuses specifically on cognitions that fuel gambling behavior. In addition, treatment can involve building on skills to manage personal and environmental triggers, such as an advertisement or a memory. Individuals may use a variety of pathways to connect to care within New York's gambling treatment network or continuum.

Counseling Service of E.D.N.Y., Inc  
175 Fulton Avenue Hempstead, NY 11550  
**516-481-0052**

Long Island Problem Gambling Resource Center  
626 Rex Corp Plaza Uniondale, NY 11553  
**516-226-8342**

The Long Island Problem Gambling Resource Center (PGRC) is a program of the New York Council on Problem Gambling dedicated to addressing the issue of problem gambling within New York State. The vision of the PGRC is the positive transformation of lives harmed by problem gambling. This vision of transformation includes individuals with gambling disorders as well as their families and communities. The program focuses on:

- Increasing public awareness of problem gambling
- Connecting clients with treatment, recovery and support services
- Working with the gaming industry to promote responsible gambling.
- Promoting healthy lifestyles which foster freedom from problem gambling.

# **Mental Health Outpatient Treatment and Rehabilitative Services**

An outpatient clinic treatment program shall provide treatment designed to minimize the symptoms and adverse effects of illness, maximize wellness, and promote recovery. Outpatient clinic treatment is for adults, adolescents, and/or children and can provide an array of treatment services for assessment and/or symptom reduction or management. Services include but are not limited to individual and group therapies. The purpose of such services is to enhance the person's continuing functioning in the community. The intensity of services and number/duration of visits may vary. Programs provide assessments, clinical treatment, and support, and psychoeducation. Services are individualized and may include individual, group, and family therapy and medication management with a psychiatrist if needed.

**Baldwin-** Mount Sinai South Nassau - Mental Health Counseling Center  
2277 Grand Avenue Baldwin, NY 11510  
**516-377-5400**

**East Meadow-** EPIC Long Island  
1500 Hempstead Turnpike East Meadow, NY 11554  
**516-739-7733**

**East Meadow-** Nassau University Medical Center (NUMC) - Ambulatory Mental Health Service  
2201 Hempstead Turnpike East Meadow, NY 11554  
**516-572-6822**

**Freeport-** South Shore Guidance Center  
114 Church Street Freeport, NY 11520  
**516-868-3030**

**Garden City-** Mercy Medical Center – Behavioral Health Services  
506 Stewart Avenue Garden City, NY 11530  
**516-705-3400**

**Glen Cove-** CEC Health Care  
113 Glen Cove Avenue Glen Cove, NY 1154  
**516-622-8888 ext. 3**

**Glen Oaks-** Northwell Health Zucker Hillside – Adult Outpatient  
75-59 263rd Street Glen Oaks, NY 11004  
**718-470-8100**

**Glen Oaks-** Northwell Health Zucker Hillside - Child and Adolescent Outpatient  
75-59 263rd Street Glen Oaks, NY 11004  
**718-470-8100**

**Glen Oaks-** Northwell Health Zucker Hillside – Geriatric Outpatient  
75-59 263rd Street Glen Oaks, NY 11004  
**718-470-8100**

**Hempstead-** Hispanic Counseling Center  
344 Fulton Avenue Hempstead, NY 11550  
**516-538-2613**

**Hempstead-** Mount Sinai South Nassau - Mental Health Counseling Center  
250 Fulton Avenue Hempstead, NY 11550  
**516-485-5710**

**Hicksville-** Central Nassau Guidance and Counseling Services  
950 S. Oyster Bay Road Hicksville, NY 11801  
**516-822-6111**

**Long Beach-** Long Island Reach, Inc.  
2-12 West Park Avenue Long Beach, NY 11561  
**516-889-2332**

**Roslyn Heights-** North Shore Child & Family Guidance  
480 Old Westbury Road Roslyn Heights, NY 11577  
**516-626-1971**

**Valley Stream-** New Horizon Counseling Center  
50 W. Hawthorne Avenue Valley Stream, NY 11580  
**516-569-6600**

**Central Nassau Guidance and Counseling**  
950 S Oyster Bay Road Hicksville, NY 11801  
**516-822-6111**

Population Served: The program provides services to age 5 through adult.

As a Certified Community Behavioral Health Clinic (CCBHC), the program's goal is to protect and strengthen the psychological well-being of children and adults by treating the emotional and psychiatric problems, co-occurring and substance use disorders, and medical problems that would otherwise impede their ability to function successfully within their families, at school, in the workplace and in the community.

CEC Health Care

113 Glen Cove Avenue Glen Cove, NY 1154

**516-622-8888 ext. 3**

Population Served: This program provides services to children, adolescents, and adults. The Mental Health clinic can work collaboratively with the Article 28 clinic to ensure that physical health and dentistry is also addressed for the individuals served.

EPIC Long Island

1500 Hempstead Turnpike East Meadow, NY 11554

**516-739-7733**

Population Served: This program provides services to children, adolescents, and adults. This agency has a new specialty in treating individuals with eating disorders.

Hispanic Counseling Center

344 Fulton Avenue Hempstead, NY 11550

**516-538-2613**

Population Served: This program provides services to children, adolescents, and adults, starting at age 5 and older.

The goals of this program are to meet the pressing need for bilingual/bicultural services in outpatient mental health services and to offer a culturally sensitive mental health treatment modality for adults and children to reduce and stabilize psychiatric symptoms, and to enhance recipient functioning and integration into their families and communities.

Long Beach Reach, Inc.

2-12 West Park Avenue Long Beach, NY 11561

**516-889-2332**

Population Served: This program provides services to children, adolescents, and adults.

Mercy Medical Center – Behavioral Health Services

506 Stewart Avenue Garden City, NY 11530

**516-705-3400**

Population Served: This program provides services to adults, age 18 and older.

Mercy Medical Center’s Chemical Dependency Program Family Counseling Service is a NYS licensed 822 medically supervised adult Chemical Dependency program with an Integrated Licensed OMH Clinic. The program specializes in the care of adults with Co-occurring Disorders of addiction and mental illness.

Mount Sinai South Nassau - Mental Health Counseling Center

2277 Grand Avenue Baldwin, NY 11510

**516-377-5400**

250 Fulton Avenue Hempstead, NY 11550

**516-485-5710**

Population Served: This program provides services to children, adolescents, and adults, ages 5 and older.

The location in Baldwin provides intensive Outpatient Program (IOP) services.

Nassau University Medical Center (NUMC) - Ambulatory Mental Health Services

2201 Hempstead Turnpike East Meadow, NY 11554

**516-572-6822**

Population Served: This program provides services to children, adolescents, and adults.

New Horizon Counseling Center

50 W. Hawthorne Avenue Valley Stream, NY 11580

**516-569-6600**

Population Served: This program provides services to children, adolescents, and adults.

North Shore Child and Family Guidance Center

480 Old Westbury Road Roslyn Heights, NY 11577

**516-626-1971**

Population Served: This program provides services to children and adolescents. In addition to the traditional outpatient program, the Fay J. Lindner Triage and Emergency Program (Triage Program) is tailored for individuals who are discharged from hospitals and/or presenting with risk for self-harm or suicide and are seen for emergency assessments within 48 hours of their telephone call. Clients referred to the Triage Program are seen at least twice a week, and their parents are seen in a weekly parenting group as well as participating in weekly family therapy sessions. The agency also has a satellite location in Manhasset that provides services around post-partum.

Northwell Health Zucker Hillside – Adult Outpatient

75-59 263rd Street Glen Oaks, NY 11004

**718-470-8100**

Population Served: This program provides services to adults, 18 and older.

Northwell Health Zucker Hillside - Child and Adolescent Outpatient  
75-59 263rd Street Glen Oaks, NY 11004

**718-470-8100**

Population Served: This program provides services to children and adolescents.

Northwell Health Zucker Hillside – Geriatric Outpatient  
75-59 263rd Street Glen Oaks, NY 11004

**718-470-8100**

Population Served: This program provides services to g.

South Shore Guidance Center – Children’s Clinic and Adult Clinic  
114 Church Street Freeport, NY 11520

**516-868-3030**

Population Served: This program provides services to children and adolescents ages 5 to 21 as part of the Children’s Clinic, and services for individual age 18 and older under the Adult Clinic.

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## OASAS Prevention Programs

The approach to addiction prevention is pro-active and data driven. OASAS uses proven-effective strategies and programs to reduce or prevent problem behaviors in individuals, families, and communities. Understanding and identifying certain risk and protective factors help prevent problem behavior and promote healthy development.

Prevention providers deliver evidence-based education programs, workshops, and training sessions in community-based settings (e.g. schools) and work on policy and enforcement efforts to reduce underage drinking and create positive alternative activities for youth.

**Baldwin-** Baldwin Council Against Drug Abuse (BCADA)  
960 Hastings Street P.O. Box 55 Baldwin, NY 11510

**516-434-6097**

**Glen Cove-** Substance Abuse Free Environment (SAFE)  
9 Glen Street Room # 204 Glen Cove, NY 11542

**516-676-2008**

**Great Neck-** COPAY Inc.

21 North Station Plaza Great Neck, NY 11021

**516-466-2509**



**Hempstead- Family & Children's Association (FCA)**  
126 North Franklin Street Hempstead, NY 11550  
**516-486-7200**

**Hempstead- Hispanic Counseling Center**  
344 Fulton Avenue Hempstead, NY 11550  
**516-538-2613**

**Levittown- YES Community Counseling Center**  
75 Grand Avenue Massapequa, NY 11758  
**516-799-3203**

**Long Beach- Long Beach Aware**  
20 West Park Avenue Suite 303 A Long Beach, NY 11561  
**516-208-6205**

**Massapequa- YES Community Counseling Center**  
75 Grand Avenue Massapequa, NY 11758  
**516-799-3203**

**North Merrick- TEMPO Group Inc.**  
1260 Meadowbrook Road North Merrick, NY 11566  
**516-374-3671**

**Syosset- TEMPO Group Inc.**  
23 Willis Avenue Syosset, NY 11791  
**516-374-3671**

**Westbury- North Shore Child & Family Guidance – Leeds Place**  
999 Brush Hollow Rd Westbury, NY 11590  
**516-997-2926**

**Woodmere- TEMPO Group Inc.**  
112 Franklin Place Woodmere, NY 11598  
**516-374-3671**

# **School Based Prevention Providers**

Baldwin Union Free School District

Bellmore Union Free School District

Bellmore-Merrick Central High School District

Diocese of Rockville Centre – The Education Corporation

East Meadow Union Free School District

East Rockaway Union Free School District

Elmont Union Free School District

Garden City Public Schools

Great Neck Public Schools

Hempstead Union Free School District

Herricks Union Free School District

Island Trees Union Free School District

Jericho Union Free School District

Massapequa Union Free School District

National Society for Hebrew Day Schools

North Bellmore Union Free School District

North Shore Central School District

Oceanside Union Free School District

Plainview-Old Bethpage Central School District

Port Washington Union Free School District

Port Washington Union Free School District

Roosevelt Union Free School District

Uniondale Union Free School District

Valley Stream Central High School District

Westbury Union Free School District

# OMH Outpatient Partial Hospitalization

A partial hospitalization program is a program for adults or adolescents which provides active treatment designed to stabilize or ameliorate acute symptoms in a person who would otherwise need hospitalization. "Partial" refers to the fact that treatment is provided in a highly structured environment, but only during the day.

A partial hospitalization program shall provide the following services: assessment and treatment planning, health screening and referral, symptom management, medication therapy, medication education, verbal therapy, case management, psychiatric rehabilitation readiness determination and referral, crisis intervention services, activity therapy, discharge planning and clinical support services. The program can be used to ease transition following an inpatient psychiatric hospitalization or to avoid an admission.

Population Served: Individuals who need intensive treatment for psychiatric illness but do not need the 24-hour care of an overnight hospital stay. The intensive support allows individuals to continue to live at home, where they can maintain independence and ties to your community and loved ones.

Baldwin- Mount Sinai South Nassau  
2277 Grand Avenue Baldwin, NY 11510  
**516-377-5440**  
Age 18+

Garden City- Mercy Medical Center  
506 Stewart Avenue Garden City, NY 11530  
**516-705-3400**  
Age 18+

Glen Oaks- Zucker Hillside Hospital  
75-59 263rd Street Glen Oaks, NY 11004  
**516-470-8170**  
Age 18+

Amityville- South Oaks Hospital  
400 Sunrise Highway Amityville, NY 11701  
**631-608-5340**  
Ages 13 – 17

## **OMH Intensive Day Treatment Program – Adolescents**

The Intensive Day Treatment Program integrates mental health and age-appropriate education services for children and adolescents living in the community. The program provides a blend of mental health and special education services in a fully integrated program. The program includes special education in small classes, individual and group counseling, family services such as family counseling and crisis intervention, and behavior modification.

Wantagh Day Treatment Program Sagamore Children's Psychiatric Center/Nassau BOCES  
2850 Jerusalem Avenue Wantagh, NY 11793  
**516-781-4097**

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## **OASAS Day Program – Adolescents**

This program is a five day a week program that consists of both education and substance use counseling, such as daily psycho-educational based recovery, relapse and prevention groups, individual and family counseling. The educational component is provided by NYS Educational Component - Coursework is provided by NYS Certified Special and Regular Education Teachers/Teacher's Assistants allowing students to continue their education, coursework, and prepare for Regents, RCT, and SAT Tests.

Target Population: Adolescents struggling with substance use.

Friends of Bridge, Inc.  
5-11 Pflug Place Valley Stream, NY 11580  
**516-825-4242**

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## **OASAS Day Program – Adolescents**

This program is a five day a week program that consists of both education and substance use counseling, such as daily psycho-educational based recovery, relapse and prevention groups, individual and family counseling. The educational component is provided by NYS Educational Component - Coursework is provided by NYS Certified Special and Regular Education Teachers/Teacher's Assistants allowing students to continue their education, coursework, and prepare for Regents, RCT, and SAT Tests.

Target Population: Adolescents struggling with substance use.

Friends of Bridge, Inc.  
5-11 Pflug Place Valley Stream, NY 11580  
**516-825-4242**

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## **OMH OnTrackNY**

OnTrackNY is a team-based, intensive, evidence-based, and recovery-oriented Coordinated Specialty Care (CSC) program. It serves youth and young adults ages 16-30 experiencing newly emergent non-affective psychotic disorders. OnTrackNY helps youth to achieve their goals for school, work, and social relationships, avoid disability, and reduce hospitalization rates. The OnTrackNY CSC team provides on- and off-site services.

OnTrackNY at Central Nassau Guidance and Counseling Services  
950 South Oyster Bay Road Hicksville, NY 11801  
**516-396-2780**

OnTrackNY at South Oaks Hospital  
400 Sunrise Highway Amityville, NY 11701  
**631-608-5570**

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## **Programs Licensed for Integrated Mental Health, Chemical Dependency, & Physical Health**

OMH, OASAS, and DOH are partners in the development, implementation, and oversight of the Integrated Outpatient Services (IOS) license. The integration of physical and behavioral health services can help improve the overall quality of care for individuals with multiple health conditions by treating the whole person in a more comprehensive manner.

Hempstead- Mount Sinai South Nassau – Behavioral Health Services  
250 Fulton Avenue Hempstead, NY 11550  
**516-485-5710**

Hicksville- Central Nassau Guidance and Counseling Services  
950 South Oyster Bay Road Hicksville, NY 11801  
**516-822-6111**

Garden City- Mercy Medical Center – Behavioral Health Services  
506 Stewart Avenue Garden City, NY 11530  
**516-705-3400**

# **OMH Personalized Recovery Oriented Services (PROS)**

Personalized Recovery Oriented Services (PROS) is a comprehensive recovery-oriented program for individuals with severe and persistent mental illness. The goal of the program is to integrate treatment, support and rehabilitation in a manner that facilitates the individual's recovery. Goals for individuals in the program are to improve functioning, reduce inpatient utilization, reduce emergency services, reduce contact with the criminal justice system, increase employment, attain higher levels of education and secure preferred housing. There are four "service components" in the program: Community Rehabilitation and Support (CRS), Intensive Rehabilitation (IR), Ongoing Rehabilitation and Support (ORS) and Clinical Treatment.

Population Served: Individuals 18 years of age and older who have been diagnosed with a serious mental illness with a goal of recovery focused on the resumption of life roles that include their ability to socialize, maintain activities of daily living and obtain employment.

Plainview- Central Nassau Guidance and Counseling Services – Roads to Recovery PROS  
55 West Ames Court Suite 100 Plainview, NY 11803  
**516-822-6111**

Old Bethpage- Family Residences & Essential Enterprises Inc. – Terry's Place PROS  
191 Sweet Hollow Road Old Bethpage, NY 11804  
**516-870-1600**

Hempstead- The Mental Health Association of Nassau County - The Gathering Place PROS  
16 Main Street Hempstead, NY 11550  
**516-489-2322**

Garden City- Mercy Medical Center – Horizon PROS  
506 Stewart Avenue Garden City, NY 11530  
**516-632-7980**

Great Neck- WellLife Network - Northern Lights PROS  
800 Northern Boulevard Great Neck, NY 11021  
**516-829-9666**

# **OMH Adult Single Point of Access (SPOA)**

Adult SPOA (Single Point of Access) coordinates referrals for care coordination agencies and ACT Team providers. An individual receiving care coordination services can expect assistance with accessing services that support an improved quality of life. Care coordination can involve assistance with housing, outpatient treatment, vocational services, day programs and disability benefits. Additionally, the Adult SPOA unit provides referrals for care coordination services for those individuals without Medicaid coverage and is available to help as you navigate the mental health system. Clients with Medicaid may also make a direct referral to a Health Home for care coordination services.

Nassau County Adult SPOA – Nassau County Department of Human Services Office of Mental Health, Chemical Dependency and Developmental Disabilities Services  
60 Charles Lindbergh Boulevard, Suite 200 Uniondale, NY 11553  
**516-227-7057**

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## **Adult Health Home Care Management**

Health Home Care Management program provides coordinated, comprehensive medical and behavioral health care to Medicaid-enrolled adults with chronic conditions. Home Health Care Management assures access to appropriate services, improves health outcomes, reduces preventable hospitalizations and emergency room visits, promotes the use of health information technology, and avoids unnecessary care. Health Home Care Managers are expected to provide comprehensive care management, health promotion, transitional care including appropriate follow-up from inpatient to other settings, patient and family support, and referrals to community and social support services. Health Home Care Managers promote optimal health and wellness for adults diagnosed with severe mental illness. Wellness and recovery goals are attained by implementing a person-centered approach to service delivery and ensuring linkages to and coordination of essential community resources.

Health Home Plus (HH+) is an intensive Health Home Care Management (HHCM) service established for defined populations with Serious Mental Illness (SMI) who are enrolled in a Health Home.

Equivalent services are available for individual who do not have active Medicaid.

## **Lead Health Homes Serving Adults**

Northwell Health Home

**516-316-6969**

Skyward Health

**1-888-980-8410**

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# **OMH Adult Assertive Community Treatment (ACT) Services**

A team of professionals assigned to treat, monitor and ensure outpatient continuity of care for a select group of individuals diagnosed with a severe mental illness and whose needs have not been met by more traditional mental health services. ACT Teams provide treatment, rehabilitation, case management and support services.

Population Served: Adults whose diagnosable mental illness significantly impairs his/her ability to function in the community without supports. ACT clients are those individuals who are generally high users of services including frequent acute psychiatric hospitalizations, emergency and/or crisis services and criminal justice involvement.

All referrals for Adult ACT services must be made through the Nassau County Department of Human Services Office of Mental Health, Chemical Dependency and Developmental Disabilities Services.

Nassau County Adult SPOA – Nassau County Department of Human Services Office of Mental Health, Chemical Dependency

60 Charles Lindbergh Boulevard Suite 200 Uniondale, NY 11553

**516-227-7057**

## **Adult ACT Program**

**Central Nassau Guidance and Counseling Services**

**516-822-6111**

**Charles Evans Center Health Care**

**516-622-8888 ext. 3**



**South Shore Association for Independent Living (SAIL)  
516-855-1800**

If individuals are eligible for ACT services and they have forensic background or history, they may be appropriate for the Forensic Assertive Community Treatment (FACT) Team. The FACT programs have a focus on providing the forensic population with targeted interventions, support services and advocacy to reduce recidivism by stabilizing their psychiatric disorder and addressing their social determinants of health needs.

**Adult FACT Program**

**Central Nassau Guidance and Counseling Services  
516-822-6111**

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## **OMH Assisted Outpatient Treatment (AOT)**

AOT provides a court ordered outpatient treatment program designed to assure that those who cannot live safely in the community, due to their history of non-compliance and present circumstances, receive the clinical care and case management they need to safely manage in the community.

**Target Population:**

- At least 18 years of age and suffers from mental illness; and
- Is unlikely to survive in the community without supervision, based on a clinical determination.
- Has history of non-compliance with treatment for mental illness which has led to either 2 hospitalizations from mental illness in the preceding 3 years or resulted in at least 1 act of violence toward self or others or threats of serious physical harm to self or others within the preceding 4 years.
- Is unlikely to accept the treatment recommended in the treatment plan.
- Needs AOT to avoid a relapse or deterioration that would likely result in serious harm to self or others.

The AOT Order includes a comprehensive Treatment Plan which includes outpatient program attendance and medication management in addition to monitoring and supervision by the Nassau County Department of Human Services Office of Mental Health, Chemical Dependency

and Development Disabilities Services AOT Unit. AOT recipients will receive Care Coordination services via a Care Coordination Agency or an Assertive Community Treatment (ACT) team.

Nassau County AOT – Nassau County Department of Human Services Office of Mental Health,  
Chemical Dependency and Developmental Disabilities Service  
60 Charles Lindbergh Boulevard, Suite 200 Uniondale, NY 11553  
**516-227-7057**

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## **Community Oriented Recovery and Empowerment**

60 Charles Lindbergh Boulevard, Suite 200 Uniondale, NY 11553  
**516-227-7057**

Population Served: Eligible adult Medicaid beneficiaries with serious mental illness and/or substance use disorders to receive services in their own home or community. Eligibility for CORE Services is based on the individual being enrolled in a Medicaid Health and Recovery Plan (HARP), HIV-Special Needs Plan (HIV-SNP), or Medicaid Advantage Plus (MAP) Plan and the individual must meet the NYS Behavioral Health (BH) High-Risk Criteria.

CORE Services are person-centered, recovery-oriented, mobile behavioral health supports. They build skills and self-efficacy that promote and facilitate community participation and independence. CORE Services include:

### Community Psychiatric Support and Treatment (CPST)

- Goal-directed supports and solution-focused interventions with the intent to achieve person-centered goals
- Multi-component service that consists of therapeutic interventions

### Psychosocial Rehabilitation (PSR)

- Assists individuals in improving their functional abilities to the greatest degree possible in settings where they live, work, learn, and socialize
- Rehabilitation counseling, skill building, and psychoeducational interventions

### Family Support and Training (FST)

- Offers instruction, emotional support, and skill building necessary to facilitate engagement and active participation of the family
- FST partners with families through a person-centered or person-directed, recovery oriented, trauma-informed approach

### Empowerment Services – Peer Support

- Non-clinical, peer-delivered services with focus on rehabilitation, recovery, and resilience

- Promotes skills for coping with and managing behavioral health symptoms while facilitating the use of natural supports and community resources
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## **OMH Single Point of Access (SPOA) for Children**

The Children’s SPOA assists in linking children with serious emotional disturbance to services that can assist in meeting their needs. The Children’s SPOA is characterized by a multi-disciplinary representation of agencies. Referrals may be made to SPOA for children, age five through some to 21, with a psychiatric diagnosis who meet the NYS OMH criteria for Serious Emotional Disturbance (SED). The aim is to ensure appropriate access to both intensive in-home services and residential services. The Children’s SPOA Coordinator provides case consultation, systems navigation, referral, and linkage to mental health supports and services.

Nassau County Children’s SPOA – Nassau County Department of Human Services Office of  
Mental Health, Chemical Dependency  
60 Charles Lindbergh Boulevard Suite 200 Uniondale, NY 11553  
**516-227-7057**

### **In-Home Services:**

In-Home providers can meet with the individual and their family in their home and community.

Family and Children’s Association (FCA) - Non-Medicaid Care Coordination  
377 Oak Street, 5th Floor Garden City, NY 11530  
**516-485-5976**

Population Served: Children and adolescents ages 5 through 21 who are diagnosed with a Serious Emotional Disturbance (SED), have private insurance or no insurance, and live in Nassau County. This program serves clients who are typically medium to low acuity.

The Non-Medicaid Care Coordination program supports children with a Serious Emotional Disturbance (SED). Care coordination services may include linkage to needed services, monitoring established goals and outcomes, and providing case specific advocacy to help ensure the child is able to remain at home and within the community upon discharge. Services include comprehensive care management, coordinating with service providers and clinicians to ensure changes in treatment are addressed, crisis intervention, advocating, collaborating with other providers, and linking to needed services and supports.

Federation of Organizations - Home-Based Empowerment Support Team (Home-BEST)  
1 Farmingdale Road West Babylon, NY 11704  
**631-669-5355 ext. 1191**

Population Served: Children and adolescents up to age 21 who reside in Nassau County and are at risk of hospitalization or out-of-home placement due to their Serious Emotional Disturbance (SED).

This is an intensive in-home program, includes a multidisciplinary team of mental health professionals, care coordinators and youth peer advocates to provide youth and their families or caregivers with education, tools and skills to better handle situation. The Home-BEST team also coordinates with the youth's school and clinical supports to effect better outcomes and connects the families to community resources to assist in meeting their unique needs.

North Shore Child and Family Guidance Center – Clinical Care Coordination Team (CCCT)  
480 Old Westbury Road Roslyn Heights, NY 11577  
**516-626-1971**

Population Served: Children and adolescents up to age 21 who have a Serious Emotional Disturbance (SED) and reside in Nassau County. Children demonstrate or have a history of being at high risk including, but not limited to, the following be at substantial risk of out of community placement such as hospitalization and/or residential placement; school avoidant; non-compliant with medication; whom traditional outpatient services have not been effective.

This program provides in-home and/or community based clinical services, including individual therapy, family therapy, and psychiatric consultation, evaluation, and monitoring with a goal of engaging the child to outpatient treatment or a lower level of care. Children involved usually refuse to participate in therapy, often are school avoidant, and frequently have limited social contacts.

North Shore Child and Family Guidance Center – Coordinated Children's Service Initiative (CCSI)  
480 Old Westbury Road Roslyn Heights, NY 11577  
**516-626-1971**

Population Served: children and adolescents up to age 21 with a Serious Emotional Disturbance (SED) diagnosis with current multi-system involved (e.g. family court, Individual Education Program, juvenile justice, Person in Need of Supervision (PINS), Child Protective Services, etc.) This program provides care coordination which facilitates service delivery, including acquiring benefits, helping children/families make and keep appointments and assisting them in arranging needed behavioral health, physical health, and psychiatric rehabilitation services. This program also seeks to find appropriate school placements, vocational training, or employment as well as

linkages to services that prevent or resolve crises and addresses social determinants of health (SDOH) needs. Staff help families learn skills needed to avoid use of emergency rooms and/or inpatient services. They also provide psychoeducation on resources available and how to access them, enabling children and families to move toward self-sufficiency and self-advocacy.

### **Children's Health Home Care Management:**

**Population Served:** Individuals up to age 21 who have active Medicaid that have been diagnosed with a serious emotional disturbance (SED), complex trauma, HIV/AIDS or two chronic health conditions (i.e., asthma, diabetes, heart disease, high blood pressure, substance abuse, or obesity).

Care Management works with the child/family and providers of services to identify service needs, developing an overall rehabilitation goal, and writing service plans with the child/family that include strategies and objectives to address their identified needs. Care management facilitates service delivery, including acquiring benefits, helping child/families make and keep appointments and assisting child/family in arranging needed behavioral health, physical health and psychiatric rehabilitation services and finding appropriate school placement, vocational training or employment. Services also provide linkage to services that prevent or resolve crises to prevent unnecessary use of emergency rooms and/or inpatient services, and assuring crisis intervention services 24 hours per day, 7 days/week.

### **Lead Health Homes Serving Children**

Collaborative for Children and Families  
332-228-1268

Northwell Health Home  
516-287-6046

Skyward Health  
1-888-980-8410

### **Home and Community Based Services (HCBS)**

**Population Served:** Children and adolescents up to age 21 with active Medicaid who are eligible for Health Home Care Management services and are at risk of hospitalization or out of home placement may be eligible for HCBS services.

HCBS provides a system of care that accounts for the strengths, preferences, and needs of the individual, as well as the desired outcome. The array of services helps children remain in their community and avoid higher levels of care and out-of-home placements. HCBS for children include the following: caregiver/family supports and services, community self-advocacy training and supports, respite (planned and crisis), prevocational services, supported employment, day/community habilitation, palliative care, environmental/vehicle modifications, adaptive and assistive equipment.

## **Residential Services**

### **Community Residences (CR):**

Community Residences are 8-bed residential programs for children that provide an intensive therapeutic environment and restorative services including but not limited to behavior management, counseling services, independent living skills, daily living skills, socialization skills, medication management, health services and family support services. The goal of the program is to teach the youth necessary skills to be able to successfully return home with their families and communities. Program staffing provides for 24-hour awake supervision.

Deer Park- SCO Family of Services - Shining Point CR

**631-243-0305**

13-17

Dix Hills- Well Life Network - Dix Hills CR

**631-683-4396**

13-17

Lakeview- Family and Children's Association (FCA) - Lakeview House CR

**516-678-5991**

13-17

Merrick- MercyFirst - Merrick House CR

**516-868-2050**

9-14

Setauket- WellLife Network -Setauket CR

**631-751-0197**

13-17

### **Residential Treatment Facility (RTF):**

Residential Treatment Facilities provide fully integrated mental health treatment and special education services under the direction of a psychiatrist, in a well-supervised residential setting. RTFs can serve youngsters between 5 and 21 years of age. Most youngsters are served for an extended stay between 6 months and 2 years. Access to an RTF is through the Authorization Review Process under the guidance of the Office of Mental Health.

Dix Hills- SCO Family of Services – Madonna Heights RTF

**631-213-0300**

12-17 (Female)

Please note, Madonna Heights RTF is the only RTF available in the Long Island region. To view additional RTF locations, please visit: <https://omh.ny.gov/omhweb/childservice/docs/residential-treatment-facility-map.pdf>

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## **OMH Youth Assertive Community Treatment (ACT) Services**

Youth ACT teams deliver intensive, highly coordinated, individualized services and skilled therapeutic interventions through an integrated, multidisciplinary team approach. Youth ACT services are delivered in the home or other community-based settings. The purpose of Youth ACT is to support children with complex mental health needs and their families so that they may remain in their homes and communities, achieve success in their educational, vocational or employment endeavors and foster positive relationships among friends and family.

Population Served: Children and adolescents ages 10 to 21, who are diagnosed with a Serious Emotional Disturbance (SED) who have continuous high service needs that are not being met in more traditional service settings. The children are at risk of institutional level of care, require intensive interventions to adequately support the child and family's complex needs, to avoid high end services or facilitate and support a successful transition back to community.

All referrals for Youth ACT services must be made through the Nassau County Department of Human Services Office of Mental Health, Chemical Dependency and Developmental Disabilities Services:

Nassau County Adult SPOA –Nassau County Department of Human Services Office of Mental Health, Chemical Dependency and Developmental Disabilities Services

60 Charles Lindbergh Boulevard, Suite 200 Uniondale, NY 11553

**516-227-7057**

## Youth ACT Program

Central Nassau Guidance and Counseling Services  
516-822-6111

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# Children and Family Treatment and Support Services (CFTSS)

Population Served: Children and Youth (under age 21) who are covered by Medicaid and have mental health and/or substance use needs may be eligible for Children and Family Treatment and Support Services. These services meet the individual needs of children/youth and their families/caregivers in their home and community. They can help identify mental health and/or substance use needs early, provide support in the home and community, prevent the need for emergency room visits, hospital stays, or out of home placements.

### **Services Include:**

#### Other Licensed Practitioner

Provides evaluation/assessment, treatment planning, psychotherapy, and crisis intervention in non-traditional settings, including home, community, and other site-based setting when appropriate.

#### Crisis Intervention

Mobile services provided to youth who are identified as experiencing acute psychological/emotional change which results in an increase in personal distress and exceeds the ability of those involved to effectively resolve it. Face-to-face interventions and face-to-face or in person follow up.

#### Community Psychiatric Supports and Treatment

Designed to provide community-based services to children and families who may have difficulty engaging in formal office settings. Includes intensive intervention (individual and family counseling, behavior management support), crisis avoidance and crisis management, education about treatment options based on needs, strengths-based service planning and support for physical health and safety.

#### Psychosocial Rehabilitation

Hands on, task-oriented activities focused on rehabilitative needs of the youth which are usually provided in the community, including the home. Includes interventions to work on personal and



community competence, social and interpersonal skills, daily living skills, and community integration.

#### Family Peer Support Services

Provides a structured, strength-based relationship between a Family Peer Advocate (FPA) and the parent/family member/caregiver for the benefit of the child/youth. Includes engagement, bridging and transition support, self-advocacy, self-efficacy, and empowerment; parent skill development, developing community connections and natural supports.

#### Youth Peer Support and Training

Engagement, support, community connection, and skill building from a credentialed Youth Peer Advocate professional, who has experience(s) in the service system.

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## **Mental Health Adult Housing – Single Point of Access (SPA) Housing**

Single Point of Access (SPA) is committed to providing housing to Nassau County residents with serious behavioral health issues regardless of race, creed or color, to promote recovery through a strength-based support system. The SPA strives to reduce stigma and provide opportunities for recovery and is responsive to individual recipient wishes and needs to reduce hospitalization and homelessness.

Population Served: Eligibility for SPA housing is based on meeting the criteria for Serious Mental Illness (SMI) as defined by the New York State OMH. The County residence is demonstrated by current address. For non-residence, a meaningful connection to the county of interest will be considered.

Single Point of Access Housing Unit  
191 Sweet Hollow Road Old Bethpage, NY 11804

**631-231-3562**

**Fax: 516-667-2856**

<http://www.spahousingli.org>

**There are four general levels of housing that can be applied for based on needs:**

Supervised Community Residence – CR

These programs are supervised 24 hours per day. These residences typically house 8 – 15 individuals in one large house. Food is provided. Residents are offered all restorative services, generally with an emphasis on Daily Living Skills such as cooking, cleaning, personal hygiene, food shopping and money management. Medication is supervised as needed. There is also a Young Adult CR specifically available for individuals aged 18-30.

SRO Community Residence (CR-SRO)

This level offers individuals their own bedrooms usually in a large building with up to 50 residents. Staff supervision is present 24 hours per day. It is recommended that residents prepare their own meals. A meal plan may be available for purchase depending on location. Restorative services are available.

Apartment Treatment – ATP

These programs typically receive staff visits several times each week, depending on level of need. There are generally 2 – 3 residents per house or apartment. Residents are expected to have good daily living skills and be able to hold their own medication. Food is not provided. Instead, residents receive an allowance, which is used to purchase food and cleaning supplies. Applicants should have some ability to manage their own medications.

Supportive Housing – SHP

Supportive Housing programs vary. Programs may offer shared apartments, houses for three individual adults, or families. Individuals residing in Supportive Housing pay 30% of their monthly income toward their rent. The rest of their rent is subsidized. Residents of these programs live independently and may receive visits 1- 4 times monthly. Supportive Housing is considered long term housing.

**The agencies providing SPA housing are located across the County and offer different levels of care:**

Central Nassau Guidance & Counseling Services  
516-822-6111

CEC Health Care  
516-622-8888 ext. 3

Circulo De La Hispanidad  
516-431-1135

Family and Children Association (FCA)  
516-285-1151

Family Residences & Essential Enterprises (FREE)  
516-870-1600

Federation of Organizations  
631- 669-5355

Hands Across Long Island (HALI)  
631-234-1925

Hispanic Counseling Center  
516-538-2613

Mental Health Association of Nassau County  
516-489-2322

Mercy Haven, Inc.  
631-277-8300

Mercy Medical Center  
506 Stewart Avenue Garden City, NY 11530  
(631) 474-4120

Options for Community Living  
631-361-9021

Project REAL - Residential Experience in Adult Living  
516- 223-9570

Phoenix House of Long Island  
631-306-5700

South Shore Association for Independent Living (SAIL)  
516-855-1800

State Operated Community Residence (SOCR) - Brentwood  
631-952-9018

State Operated Community Residence (SOCR) – Brentwood  
631-342-0126

State Operated Community Residence (SOCR) – West Hempstead  
516-489-9607

State Operated Community Residence (SOCR) – North Merrick  
516-223-9526

State Operated Community Residence (SOCR) – Oceanside  
516-536-0554

State Operated Community Residence (SOCR) – Lindenhurst  
631-225-0476

State Operated Community Residence (SOCR) – Transitional SOCR South  
516-761-3101

Transitional Services/NY for Long Island (TSLI)  
631-231-4705

Transitional Services for New York (TSI)  
718-746-6647

Well Life Network  
718-559-0516

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## **Mobile Residential Support Team**

Population Served: Individuals diagnosed with mental illness who are living in SPA Supportive Housing and require additional support to maintain their housing, and/or avoid the use of high-cost emergency services.

The goal of The Mobile Residential Support Team (MRST) is to improve quality of life and to promote the independence of recipients assigned to the team. The team also provides support in the community to ensure recipients can remain safely housed at the current level of care. Services provided by the team include crisis intervention, peer support, and monitoring of medical conditions to help decrease psychiatric/medical ER visits and/or hospitalizations. The MRS team also assists recipients by coordinating care between providers, connecting recipients to beneficial resources in the community, and addressing any issues that may prevent recipients from maintaining stable housing.

Central Nassau Guidance & Counseling Services  
516-822-6111

CEC Health Care  
516-622-8888 ext. 3

Family Residences & Essential Enterprises (FREE)  
516-870-1600

Federation of Organizations  
631-669-5355

South Shore Association for Independent Living (SAIL)  
516-855-1800

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## **OMH Family Care Residential Program**

Family Care is a residential program sponsored by OMH for people diagnosed with serious mental illness. The program places individuals with people certified to deliver residential care in their own homes. Family Care providers receive training, support, and financial reimbursement for their services. Residents develop meaningful relationships and become productive and active members of their communities. The Family Care Team matches persons who are willing to share their home and community with individuals who want guidance, support, and the companionship of a family environment.

Long Island Family Care Pilgrim Psychiatric Center  
998 Crooked Hill Road West Brentwood, NY 11717  
**631-761-3500**

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## **Forensic Services**

The Department of Human Services provides mental health evaluations and court testimony on individuals appearing before the County, District, or Supreme Court. In addition, the Department provides consultation services on behalf of individuals in Family Court.

Nassau County Department of Human Services Office of Mental Health, Chemical Dependency  
and Developmental Disabilities Services  
60 Charles Lindbergh Boulevard, Suite 200 Uniondale, NY 11553  
**516-227-7057**

If individuals are eligible for ACT services and they have forensic background or history, they may be appropriate for the **Forensic Assertive Community Treatment (FACT) Team**. The FACT programs have a focus on providing the forensic population with targeted interventions, support services and advocacy to reduce recidivism by stabilizing their psychiatric disorder and addressing their social determinants of health needs.

### **Adult FACT Program Name**

Central Nassau Guidance & Counseling Services  
**516-822-6111**

Forensic Housing is available through the Single Point of Access (SPA) Housing. The Forensic Housing program provides housing and support in the community to adults in Nassau County diagnosed with a serious mental illness (SMI) that have had legal involvement because of untreated mental illness. The goal of the program is to provide stable housing and as well as staff support to assist recipients with managing their mental/physical health to improve quality of life and to decrease future legal involvement. Enhanced staff support also serves to assist recipients with navigating the guidelines of any legal mandates, improve treatment adherence, and to improve daily living skills, and provide coordination of care. Applications must be submitted through the Single Point of Access Housing Unit.

Single Point of Access Housing Unit  
191 Sweet Hollow Road Old Bethpage, NY 11804  
**631-231-3562**  
**Fax: 516-667-2856**  
<http://www.spahousingli.org>

### **Forensic Mobile Residential Support Team (MRST)**

Family Residences & Essential Enterprises (FREE)  
**516-870-1600**

Population Served: Individuals with a forensic background living in OMH Scattered Site Supportive Housing throughout Nassau County.

FREE Forensic MRST (Mobile Residential Support Team) is committed to supporting individuals diagnosed with a mental illness and returning to the community from incarceration, or incarceration and subsequent psychiatric hospitalization, with both their transition into, as well as continued success, in the community with intensive support services.

### **Jail Diversion Program**

Central Nassau Guidance & Counseling Services  
55 West Ames Court Suite 100 Plainview, NY 11803  
**516-822-6111**

Population Served: Nassau County Phoenix Jail Diversion Program recipients.

This program focuses on providing support to individuals who have pled guilty to a criminal offence in Nassau County and are being processed through the Phoenix Jail Diversion program. Care coordination services include but are not limited to linking clients to needed treatment and community resources, monitoring compliance with court ordered services including medication evaluation and monitoring compliance with mental health or substance abuse treatment, housing support, assistance in vocational areas, managing daily activities and appropriate socialization. Supportive treatment services include psychosocial and risk assessments; short term and transitional treatment; and advocacy.

### **Nassau County Mental Health Court Care Coordination Program**

Central Nassau Guidance & Counseling Services  
55 West Ames Court Suite 100 Plainview, NY 11803  
**516-822-6111**

Population Served: Nassau County Mental Health Court recipients.

This program focuses on care coordination activities for individuals diagnosed with a mental health disorder and who has pled guilty to a criminal offence in Nassau County. Care coordination services include but are not limited to linking clients to needed treatment and community resources, monitoring compliance with court ordered services including medication evaluation and monitoring compliance with mental health or substance abuse treatment, housing support, assistance in vocational areas, managing daily activities and appropriate socialization.

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## **Community Mental Health Promotion and Support (COMHPS)**

COMHPS teams provide emotional support/counseling, wellness activities, and screenings and referral when needed, to licensed mental health professionals.

Charles Evans Center  
857 South Oyster Bay Road Bethpage, NY 11714  
**516-622-8888**

Hispanic Counseling Center  
344 Fulton Avenue Hempstead, NY 11550  
**516-538-2613**

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## **Respite Services – Youth**

Respite services provide relief to the family from caregiving responsibilities, allow situations to stabilize, and prevent hospitalizations and/or longer-term placements out of the home. Services are designed to enhance the capacity of families to care for their child by promoting positive functioning that assists the child in living successfully in their home and community. The separation of adolescents from their families, affords their caregivers to engage in self-care activities and/or time to address other priorities. This temporary pause from the demands of caregiving can help reduce overall family stress and enables families to better meet the needs of their child.

Family and Children’s Association (FCA) – Family Center Respite  
377 Oak Street, Garden City, NY 11530  
**516-485-5976**

Population Served: Families in Nassau County who have a child between 5 and 18 years of age with a Serious Emotional Disturbance (SED) diagnosis.

Respite is offered on a weekly basis through a formal enrollment process. Families can receive up to three hours of respite each week for 26 weeks. Respite is provided on an individual basis in the home and/or community dependent upon the family's needs and preferences. Depending on the age and the needs of the child, forms of skill building may be incorporated into the services such as working on prevocational skills, applying for jobs, money management and socialization.

Hispanic Counseling Center – Respite Services  
344 Fulton Avenue Hempstead, NY 11550  
**516-538-2613**

Population Served: Children and adolescents ages 6 to 21, with behavioral health concerns.

The program’s mission is to provide comprehensive services for parent and their children or adolescents who have been diagnosed with severe behavioral issues or mental health concerns. The program provides support for children and respite for the parents while teaching them needed skills. The program provides structured, on-site group activities, tutoring, socialization, and recreational activities, and off-site leisure activities during non-school hours.



North Shore Child and Family Guidance Center – Respite Services  
480 Old Westbury Road Roslyn Heights, NY 11577  
**516-626-1971**

Population Served: Youth ages 12 through 17 with a mental health diagnosis.

Respite is a program designed to build upon children's and adolescent's strengths to increase positive interaction with peers and the community; to minimize self-imposed isolation, expand coping skills, and to strengthen problem solving skills in the community through peer interactions and clinical support. This program provides rehabilitative services designed to increase social skills and re-integrate the youth into the community. In addition, children are exposed to new experiences and new people to help alleviate symptoms of social anxiety.

North Shore Child and Family Guidance Center – Wilderness Program  
480 Old Westbury Road Roslyn Heights, NY 11577  
**516-626-1971**

Population Served: Adolescents ages 12 through 18 who have a Serious Emotional Disturbance (SED).

The Wilderness program offers full-day Saturday Respite Services of outdoor wilderness activities for serious emotionally disturbed (SED) adolescents. The program holds non-competitive but challenging and success-oriented wilderness adventures for group members, in a new, unique environment, where all members begin on an equal footing, without the history and stigma of failure associated with poor performances at school and in social settings.

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## **OMH Family Support Programs**

Family Support programs offer support and education for individuals who have family members who have a mental health condition.

Family and Children's Association (FCA) – Family Center Respite  
377 Oak Street, Garden City, NY 11530  
**516-485-5976**

Population Served: Families in Nassau County who have a child between the ages of 5 and 18 years of age with or at risk of developing a mental health disorder.

The program provides an array of formal and informal services to support and empower families with the goal of reducing stress and enhancing their ability to care for their child. Services are provided by Family Peer Advocates (FPAs) who are uniquely qualified based on their personal parenting experience. Family Peer Advocates offer individualized support and advocacy, educational advocacy, parent support groups, evidence-based parenting courses, parent, child and family workshops, family engagement events and a family advisory committee. Group

activities create opportunities to broaden experiences, augment knowledge, develop and implement parenting skills, and increase social networking.

**Hispanic Counseling Center – Respite Services**

344 Fulton Avenue Hempstead, NY 11550

**516-538-2613**

Population Served: The program provides services to families in Nassau County with children ages 6 through 21 with behavioral health concerns. This program has a specialty working with Spanish speaking families.

The program offers family support, assist families in navigating the system linking them to necessary services while providing workshops and courses on parenting that are matched to each of their needs. Family Peer Advocates (FPAs) work to provide support services for families with youth that are experiencing emotional, behavioral, and mental health challenges, opportunities for families to connect to and support one another, parenting skills and educational workshops, and advocacy and limited case management.

**Long Island Families Together**

21 Greene Avenue, Suite 101 Amityville, NY 11701

**631-264-543**

Population Served: Caregivers of children ages 5 through 21, who are raising a child with a social, emotional, or behavioral diagnosis.

LIFT acts as a warm line, answering phone calls and email queries from families and professionals throughout Nassau and Suffolk County where they connect families to services and help them navigate the system. They organize annual events that connect family and youth navigating the children’s behavioral health system with policymakers and decisionmakers. They educate the community through a monthly newsletter and periodic parent education webinars.

**Mental Health Association of Nassau County - Adult Family Support**

16 Main Street Hempstead, NY 11550

**516-489-2322**

Population Served: Caregivers of individuals with mental health challenges, substance use disorders or developmental disabilities.

The goal of this program is to assist family members and caregivers who have a loved one currently facing mental health challenges, substance abuse disorder, developmental disability, or co-occurring disorder with improving their understanding of illness, resources, systems of care and related programs and services. The program includes weekly family support groups and incorporates evidenced based practices through the provision of psychoeducation, guidance, referrals to community resources and advocacy to assist support group members in getting the help they requested.

National Alliance on Mental Illness (NAMI)

P.O. Box 176 Carle Place, NY 11514

**516-326-0797**

Population Served: Individuals living with mental health conditions and their loved ones.

The program's goal is to educate and advocate about mental illness, treatment rehabilitation and all other sources available. Services provided in support of objectives are classes, support groups and monthly meetings. The program also provides a help line service for people who experience mental health conditions and their loved ones.

North Shore Child and Family Guidance Center – Family Advocate Program

480 Old Westbury Road Roslyn Heights, NY 11577

**516-626-1971**

Population Served: Families who are raising a child who is experiencing social, emotional, developmental, substance use, and/or behavioral challenges in their home, school placement, or community.

The Family Advocate Program offers an array of services including formal and informal supports provided to families raising a child who is experiencing social, emotional, developmental, substance use and/or behavioral challenges in their home, school placement, or community. The primary objective of the Family Advocate Program is to strengthen natural supports and family networks to help children function in their homes and in the community, as well as make progress in the developmental areas including social, emotional, behavioral, and academic. In addition to individual work, all families are invited and encouraged to attend weekly family peer-support group facilitated by credentialed Family Peer Advocates.

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## **Educational Advocacy**

Long Island Advocacy Center

99 Herricks Road New Hyde Park, NY 11040

**516-248-2222**

Population Served: Families of students with disabilities, including emotional disabilities.

This program provides advice, representation, and training in educational advocacy to families of students with disabilities, including those with emotional disabilities and the mental health professionals who work with them. They aid family members and professionals regarding education regulations and how they can be applied to help students.

# OASAS Family Support

Family and Children’s Association (FCA) – Sherpa Family Support Navigation Program  
1025 Old Country Road, Suite 400 Westbury, NY 11590

**516-592-7385**

Population Served: Individuals ages 16 and up, and families experiencing or at risk for overdose with a focus on opiate use disorder. Sherpa participants also include individuals and family members who are struggling and at risk with other substances as well.

The mission of Sherpa is to reduce overdoses and substance use disorder on Long Island, with a focus on opiates, by providing peer support and service linkage to individuals who are using alcohol and drugs, as well as their families. The program’s goal is to help save lives on Long Island by increasing the number of patients who, either after entering the emergency room as a direct or indirect result of substance use, are linked directly to substance use disorder treatment and/or community supports. In addition, it will help save families by providing them with the tools they need to better cope with a loved one’s addiction as they support his or her recovery.

Central Nassau Guidance and Counseling Services - Starry Night Café  
950 South Oyster Bay Road Hicksville, NY 11801

**516-822-6111**

Population Served: Individuals in recovery who wish to be gainfully employed.

The Starry Night Café is a consumer operated affirmative business that specializes in catering to creative talents of persons with disabilities. The program provides structure and supervised activities in a safe, stimulating, and supportive environment. The starry Night Café offers numerous opportunities for people to use their talent, social skills, and creativity. The program provides staff members an opportunity to train and work in a competitive employment setting by operating various functions of the café.

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## Social Programs for Adults

Central Nassau Guidance and Counseling Services – Drop-In Center  
950 South Oyster Bay Road Hicksville, NY 11801

**516-822-6111**

Population Served: Adults that reside in Nassau County that are diagnosed with serious mental illnesses and other psychiatric disabilities.

This center provides its participants with a safe, nurturing, and structured program four times per week, designed to offer clients the opportunity to meet others, participate in recreational activities, become knowledgeable of other resources in the community, and have a meal. The work of this Drop-In Center is geared toward enabling the participants to enhance their

interpersonal relationships, increase their opportunities for socialization, and create stability and independence within their personal lives. Additionally, there is a transportation program that aims to provide transportation for participants of the Drop-In Center.

Mercy Medical Center – Drop-In Center  
506 Stewart Avenue Garden City, NY 11530  
**516-705-3400**

Population Served: Individuals 18 years and older living in Nassau County with a primary diagnosis of mental illness, who are functionally impaired.

The program's operation is a five day a week program of planned social and recreational activities. The program includes a breakfast and lunch provided, social and recreational experiences, consumer choice via discussion and planning of upcoming activities, and community exploration and integration activities.

Mercy Medical Center – Specialized Opportunities for Achieving Recovery (SOAR)  
506 Stewart Avenue Garden City, NY 11530  
**516-705-3400**

Population Served: Individuals 55 years and older living in Nassau County with a primary diagnosis of mental illness, who are functionally impaired.

The SOAR program includes planned social and recreational activities in a safe environment. They have varied sessions and speakers of interest to the program's participants. Program includes social and recreational experiences, including weekly 'socials,' holiday events, consumer choice via discussion and planning of upcoming activities, health, and wellness activities to maintain the level of functioning within the community, community integration to increase utilization of community resources independent of staff.

New Horizon Counseling Center - The Meeting Place Clubhouse, Drop-In Program  
50 W. Hawthorne Avenue Valley Stream, NY 11580  
**516-569-6600**

Population Served: Adults, age 18 and older, who are diagnosed with a Serious Mental Illness.

The Drop-In program's focus is to provide individuals who are currently undecided about vocational goals and/or need to focus on socialization goals prior to employment an emotionally safe, supportive, and friendly environment in which members can interact with one another. Members are provided with structured groups and recreational activities that are in line with their needs, goals, and paths of recovery, in a safe and inviting setting available every weekday and two Saturdays each month. Members can transition to the pre-Vocational program once their focus becomes their vocational goals. Additionally, there is a transportation program that aims to provide transportation for participants of the Drop-In Center.

# Peer Support Services

Mental Health Association of Nassau County – Compeer

16 Main Street Hempstead, NY 11550

**516- 489-2322**

Population Served: Nassau County adults and children in recovery with mental illness, developmental disabilities, and co-occurring diagnoses.

Compeer (Companion/Peer) matches volunteers and adults recovering from mental illness in a one-to-one supportive friendship relationship. This also helps to lessen the stigma of mental illness.

Mental Health Association of Nassau County – Consumer Link

16 Main Street Hempstead, NY 11550

**516- 489-2322**

Population Served: Adults, age 18 and older, with mental illness.

This program utilizes peer services to provide self-help, skill training, and advocacy groups to promote recovery, independency, empowerment, and increased self-direction and self-esteem. The program provides advocacy and dedication to work for positive change in the mental health system and for the rights of individuals diagnosed with psychiatric illnesses. Additionally, there is a transportation program that aims to provide transportation for participants of the Consumer Link Program.

Mental Health Association of Nassau County – PFC Dwyer Project/Vet2Vet

16 Main Street Hempstead, NY 11550

**516-489-2322**

Population Served: Veterans, regardless of discharge service.

The Nassau County “Vet2Vet” Program provides peer support utilizing the national Vet2Vet model of peer support founded by Vietnam Veteran Moe Armstrong. Primarily, Vet2Vet services are provided in small “Peer Networking Groups”. These will be small groups (4 – 8 veterans) lead by 2 veteran peer facilitators. Vet2Vet services may also be provided individually, and/or by phone.

Oceanside Counseling Center – Peer Program

71 Homecrest Court Oceanside, NY 11572

**516-766-6283**

Population Served: Individuals who are deemed to have a substance use disorder, and who are determined to be able to achieve or maintain abstinence and recovery goals with the application of outpatient services; or be a significant other who manifests psychological, behavioral, and/or emotional effects arising from another individual's chemical abuse or dependence.

Peer specialists can work as an adjunct to clinical treatment, adding extra support when necessary. Such services can include assisting with concrete needs, linking clients to self-help groups, linkage to treatment/referrals, and additional support.

Thrive Recovery Community and Outreach Center  
1025 Old Country Road Suite 400 Westbury, NY 11590  
**516-765-7600**

Population Served: Individuals who struggle with substance use.

THRIVE's goal is to help individuals and families find, maintain, and strengthen their recovery through peer-based support, navigation assistance and referral services; provide interactive educational programs that promote wellness, economic prosperity and civic engagement; and maintain a safe, welcoming haven for substance-free recreational and social activities. The center provides recovery coaching with peers as well as peer support groups and workshops.

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## Vocational Programs

Abilities, Inc. - Integrated Supported Employment  
201 IU Willets Road Albertson, NY 11507  
**516-465-1400**

Population Served: Adults with various mental health and/or developmental disabilities, who have demonstrated the potential for success in the workforce and are motivated to be employed. The goal of this program is to assist and support adults with varied psychiatric or developmental disabilities to utilize their strengths and transferable skills to reach their maximum vocational potential and obtain competitive and integrated employment. The services may include pre-employment coaching including job development, travel training, on-site job coaching, and off-site intervention including advocacy and assistance with services other than employment but related to employment, i.e. transportation.

Family and Children's Association (FCA) - Family Treatment and Recovery Center  
180 S. Broadway Hicksville, NY 11801  
**516-935-6858**

Population Served: Adults and adolescents (ages 13 and up) who are experiencing negative consequences associated with substance involvement, are diagnosed with a substance use disorder, or are the Significant Other(s) of an individual with a substance use issue.

The program's objective is to empower individuals and families by assisting them in acquiring the knowledge, life skills and supports that will help them in overcoming obstacles to achieve and maintain a lifestyle of recovery. Services provided include individual vocational and educational sessions, financial education and planning, budgeting, skills development such as resume writing and job interview skills.

Mercy Medical Center - Vocational Rehabilitation  
95 Pine Street Freeport, NY 11520  
**516-546-7070**

526 Greengrove Avenue Uniondale, NY 11553  
**516-546-7070**

Population Served: Individuals who are residing in Mercy Hall and Recovery House that have verbalized stabilization to begin slowly pursuing work-readiness.

This program consists of a Vocational Counselor that is a Certified Rehabilitation Counselor (CRC). The CRC meets with the residents 30 days after their admission to Mercy Hall or Recovery House. CRC provides individual and group counseling to assist the client achieve employment skills and work readiness while balancing a life in recovery. The individual and group counseling sessions focus on interviewing skills, resume writing, work-readiness, life skills, communication skills, and recovery.

New Horizon Counseling Center - The Meeting Place Clubhouse, Assisted Competitive Employment (ACE)

50 W. Hawthorne Avenue Valley Stream, NY 11580  
**516-569-6600**

Population Served: Adults, age 18 and older, who are diagnosed with a Serious Mental Illness.

The Assisted Competitive Employment (ACE) program's overall mission is to aid in the pre-vocational component that are ready to pursue their own vocational goals. The ACE program provides group as well as one-on-one support to assist members during the employment process.

New Horizon Counseling Center - The Meeting Place Clubhouse, Helping Hearts

50 W. Hawthorne Avenue Valley Stream, NY 11580  
**516-569-6600**

Population Served: Adults, age 18 and older, who are diagnosed with a Serious Mental Illness.

The Helping Hearts affirmative business' purpose is to enable the client employees to receive on the job vocational training, develop their skill sets and work ethic through job coaching by Clubhouse staff as well as prepare them for competitive employment opportunities in a transitional workplace environment. Client employees are given the responsibility of interacting face-to-face with their clients, maintaining a work schedule and developing professional relationships.



New Horizon Counseling Center - The Meeting Place Clubhouse, Helping Hearts  
50 W. Hawthorne Avenue Valley Stream, NY 11580  
**516-569-6600**

Population Served: Adults, age 18 and older, who are diagnosed with a Serious Mental Illness.

The purpose of the pre-vocational program is to assist the members in developing the necessary skills and confidence to prepare them for entry into a vocational setting and transition into the Assisted Competitive Employment (ACE) Program. These skills include building self-confidence, improving social interaction, cognition as well as additional employment skills needed for the ACE Program. The overall goal of this process is to assist members in their vocational goals towards entering and/or re-entering the workforce, volunteering, or becoming active and productive members of their community.

Northwell Health - Zucker Hillside Hospital Nassau Day Training  
600 Hempstead Turnpike, Suite 120 West Hempstead NY 11552  
**516-929-2290**

Population Served: Adults, age 18 and older, who have serious and persistent mental illness who may also have comorbid medical issues, substance abuse and homelessness.

The goal of the Nassau Day Training Program is to utilize the psychiatric rehabilitation model to be an employment center to provide vocational services to underserved communities and populations in Nassau County. The overall mission is to increase community integration, and independent functioning in employment in the shortest time possible.

Northwell Health - Zucker Hillside Hospital Nassau Day Training Sign-On Enterprises  
600 Hempstead Turnpike, Suite 120 West Hempstead NY 11552  
**516-929-2290**

Population Served: Adults, age 18 and older, who have serious and persistent mental illness who may also have comorbid medical issues, substance abuse and homelessness.

Sign-On Enterprises is a consumer run business utilizing the psychiatric rehabilitation model that is located within the Nassau Day Training Program. The purpose of this enterprise is to train consumers to have competitively paid work skills and behaviors. For some clients this could involve developing technology skills that would make them employable in the business community. Consumers are trained in all aspects of sign making. The overall arching mission is to increase independent functioning in employment.

The Rehabilitation Institute, Inc. – Integrated Employment Local Assistance  
191 Bethpage-Sweet Hollow Road, Bethpage, NY 11804  
**516-870-1657**

Population Served: Adults, age 18 and older, with a mental health diagnosis living in Nassau County.

This program delivers nutritious meals to individuals with a mental health diagnosis and are in financial need who would otherwise have difficulty providing nutritious meals for themselves.

Meals are also prepared and delivered by individuals with disabilities to enhance their employable skills.

**The Rehabilitation Institute, Inc. – Transformed Business Model**

191 Bethpage-Sweet Hollow Road, Bethpage, NY 11804

**516-870-1657**

Population Served: Individuals with disabilities who must be referred through ACCES-VR.

This program provides vocational training and paid employment opportunities with community-based employment as the desired outcome for everyone. Individuals are provided with work readiness skills in preparation for community-based employment. Job development and job coaching supports are provided to assist individuals to understand and complete their job responsibilities efficiently in a field in which they demonstrate a proclivity for working in.

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## **Legal Assistance**

**Mental Hygiene Legal Service**

600 Old Country Road, Suite 224 Garden City, NY 11530

**516-493-3976**

Population Served: This program is a dedicated legal advocacy program providing a broad range of protective legal services and assistance to mentally disabled persons under the care or jurisdiction of State-operated or licensed facilities.

The Mental Hygiene Legal Service (MHLS) is a New York State agency responsible for representing, advocating and litigating on behalf of individuals receiving services for a mental disability. Program provides legal presentation without charge to patients in a psychiatric facility.

**Nassau Suffolk Law Services Committee, Inc. - Nassau Mental Health Law Project**

One Helen Keller Way, 5th Floor Hempstead, NY 11550

**516-292-8100**

Population Served: Individuals who are seriously and persistently mentally ill individuals who require the services of a lawyer to maintain the stability of their income, their housing, their family or their access to medical care.

The Project provides legal support necessary to enable persons with mental illness to maintain stability and remain in the community.

# Financial Management

Mental Health Association of Nassau County – Financial Management

16 Main Street Hempstead, NY 11550

**516- 489-2322**

Population Served: Adults, age 18 and older, who receive or have applied for benefits through the Social Security Administration

The Financial Management Program offers Representative Payee services for individuals receiving funds from the Social Security Administration or Veteran's Administration who are unable to manage their own finances. Program enrollment is voluntary in most cases and consumers are assisted with budgeting, financial advocacy, and education to assist in increasing their independence to successfully manage their own finances.

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# Deaf Interpretative Services

Central Nassau Guidance and Counseling Services

950 South Oyster Bay Road Hicksville, NY 11801

**516-822-6111**

Population Served: Children, adolescents, and adults of all ages with a mental health diagnosis and are deaf or hard of hearing and need ASL interpretative service.

Central Nassau Guidance and Counseling Services serves as the "lead agency" to coordinate Nassau's county-wide network of mental health services for individuals who are deaf and/or hearing impaired. The goal of this program is to provide access to mental health services for individuals who are deaf and/or hard of hearing, through interpretation services.

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# Training and Education

Education and training opportunities are provided for mental health professionals. In addition, education programs are offered in the community to promote awareness of and to combat the stigma of mental illness.

Nassau County Department of Human Services Office of Mental Health, Chemical Dependency  
and Developmental Disabilities Services

60 Charles Lindbergh Boulevard, Suite 200 Uniondale, NY 11553

**516-227-7057**

Mental Health Association of Nassau County – Education and Training  
16 Main Street Hempstead, NY 11550  
**516- 489-2322**

Mental Health Association of Nassau County – Health Home Training  
16 Main Street Hempstead, NY 11550  
**516- 489-2322**

Population Served: Health Home Care Coordination staff.

The program’s goal is to provide workshops and/or conferences, face-to-face or virtually, to meet the training needs of Nassau County health home staff in supporting their work with clients.

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## **Office for People with Developmental Disabilities (OPWDD)**

The New York State Office for People with Developmental Disabilities (OPWDD) is responsible for coordinating services for New Yorkers with developmental disabilities, including intellectual disabilities, cerebral palsy, Down syndrome, autism spectrum disorders, Prader-Willi syndrome, and other neurological impairments. It provides services directly and through a network of approximately 500 nonprofit service providing agencies, with about 80 percent of services provided by the private nonprofits and 20 percent provided by state-run services.

To initiate services, one should contact OPWDD at:

OPWDD - Central Intake Front Door  
**631-434-6100**

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## **OPWDD Providers**

A-1 Universal Care, Inc.  
255 Executive Drive Suite 309 Plainview, NY 11803  
**516-338-8777**

<https://a1universalcare.org/>

Services Offered: Care Coordination, Community Habilitation, Day Services/Day Habilitation, Employment Services, Family Support Services, In-Home Services, Respite Services, Self-Direction Services.

Adults & Children with Learning & Developmental Disabilities, Inc.  
807 South Oyster Bay Road Bethpage, NY 11714  
**516-822-0028**

<https://www.acld.org/>

Services Offered: Care Coordination, Community Habilitation, Counseling, Day Services/Day Habilitation, Employment Services, Evaluation, Intake and Referral, Family Support Services, Financial Assistance, Health Care, Housing/Individual Support Services, In-Home Services, Residential Services

Abilities, Inc.  
201 IU Willets Road Albertson, NY 11507  
**516-465-1400**

<https://www.viscardicenter.org/>

Services Offered: Day Services/Day Habilitation, Employment Services.

ACDS  
4 Fern Place Plainview, NY, 11803

**516-933-4700**

<https://www.acds.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, Employment Services, Family Support Services, Financial Assistance, In-Home Services, Recreation, Residential Services, Respite Services, Self-Direction Services

AHRC Nassau  
189 Wheatley Road, #4 Brookville, NY 11545  
**516-626-1000**

<https://www.ahrc.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, Employment Services, Family Support Services, Financial Assistance, Health Care, Housing/Individual Support Services, In-Home Services, Recreation, Residential Services, Respite Services, Self-Direction Services.

ANIBIC  
61-35 220th Street Oakland Gardens, NY 11364  
**718-423-9550**

<https://www.anibic.org/>

Services Offered: Day Services/Day Habilitation

Big Brothers Big Sisters of Long Island  
25 Carle Road Westbury, NY 11590  
**516-731-7880**

<https://bbbsli.org/>

Services Offered: Family Support Services, In-Home Services, Respite Services

Braverhood  
1527 60th Street Brooklyn, NY 11219  
**718-336-6073**

<https://www.braverhood.org/>

Services Offered: Community Habilitation, Family Support Services, In-Home Services, Respite Services, Self-Direction Services

Brookville Center for Children's Services  
189 Wheatley Road Brookville, NY 11545  
**516-626-1000**

<https://www.ahrc.org/>

Services Offered: Family Support Services, In-Home Services, Residential Services, Respite Services

Catholic Charities of Long Island  
90 Cherry Lane Hicksville, NY 11801  
**516-733-7000**

<https://www.catholiccharities.cc/>

Services Offered: Community Habilitation, Family Support Services, In-Home Services, Parent Advocacy and Training, Residential Services

The Center for Developmental Disabilities, Inc.  
72 South Woods Road Woodbury, NY 11797  
**516-921-7650**

<https://www.centerfordd.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, Employment Services, Family Support Services, Financial Assistance, Housing/Individual Support Services, In-Home Services, Residential Services, Self-Direction Services

The Center for Family Support  
110 Jericho Turnpike Suite 103 Floral Park, NY 11001  
**516-292-3000**

<https://www.cfsny.org/>

Services Offered: Care Coordination, Community Habilitation, Family Support Services, In-Home Services, Respite Services, Self-Direction Services, Waiver Services

Center for Rapid Recovery  
312 Greenwich Street Hempstead NY 11550  
**516292-6449 ext. 100**

<https://rapidrecovery.org/>

Services Offered: Care Coordination, Community Habilitation, Day Services/Day Habilitation, Employment Services, Family Support Services, In-Home Services, Parent Advocacy and Training, Residential Services, Respite Services, Waiver Services

Cerebral Palsy Association of Nassau County  
380 Washington Avenue Roosevelt, NY 11575  
**516-378-2000**

<https://cpnassau.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, Employment Services, Evaluation, Intake and Referral, Family Support Services, Financial Assistance, Health Care, Housing/Individual Support Services, In-Home Services, Recreation, Residential Services

CFS Self Directed Supports, Inc  
110 Jericho Turnpike, Suite 103 Floral Park, NY 11001  
**516-292-3000**

<https://www.cfsny.org/>

Services Offered: Community Habilitation, Employment Services, Family Support Services, In-Home Services, Respite Services, Self-Direction Services

CN Guidance and Counseling Services  
950 South Oyster Bay Road Hicksville, NY 11801  
**516-822-6111**

<https://centralnassau.org/>

Services Offered: Family Support Services, In-Home Services, Recreation, Respite Services

Community Mainstreaming Association  
1025 Old Country Road Suite 325 Westbury, NY 11590  
**516-683-0710**

Services Offered: Community Habilitation, Day Services/Day Habilitation, Employment Services, Family Support Services, Financial Assistance, Housing/Individual Support Services, In-Home Services, Residential Services, Respite Services, Self-Direction Services

Constructive Partnerships Unlimited  
40 Rector Street 15th Floor New York, NY 10006  
**212-947-5770**

<https://www.cpunlimited.org/>

Services Offered: Residential Services

Developmental Disabilities Institute  
99 Hollywood Drive Smithtown, NY 11787  
**631-366-2950**

<https://www.ddiny.org/>

Services Offered: Day Services/Day Habilitation, Residential Services

East End Disability Associates, Inc.  
107 Roanoke Avenue Riverhead, NY 11901  
**631-369-7345**

<https://www.eed-a.org/>

Services Offered: Community Habilitation, In-Home Services

Eden II School  
15 Beach Street Staten Island, NY 10304  
**718-816-1422**

<https://eden2.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, In-Home Services

Education & Assistance Corporation  
50 Clinton Street Suite 107 Hempstead, NY 11550  
**516-539-0150**

<https://nassauda.org/241/Education-Assistance-Corporation>

Services Offered: Family Support Services, Recreation

EIHAB Human Services  
168-18 South Conduit Avenue Springfield Gardens, NY 11434  
**718-276-6101**

<https://www.eihab.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, In-Home Services

EPIC Long Island  
1500 Hempstead Turnpike East Meadow, NY 11554  
**516-739-7733**

<https://www.epicli.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, Evaluation, Intake and Referral, Family Support Services, Health Care, In-Home Services, Residential Services, Respite Services

Family Residences and Essential Enterprises, Inc. (FREE)  
191 Bethpage-Sweet Hollow Road Old Bethpage, NY 11804  
**516-870-1600**

Services Offered: Crisis Intervention, Day Services/Day Habilitation, Employment Services, Family Care, Family Support Services, Financial Assistance, In-Home Services, Residential Services, Respite Services, Self-Direction Services



Genesis School  
600 Newbridge Road East Meadow, NY 11554  
**516-937-1397**

<https://eden2.org/>

Services Offered: Crisis Intervention, Family Support Services, In-Home Services, Respite Services

Goodwill  
4-21 27th Avenue Astoria, NY 11102  
**718-777-6336**

<https://goodwillnynj.org/>

Services Offered: Day Services/Day Habilitation

Great Neck Senior Citizens Center  
80 Grace Avenue Great Neck, NY 11021  
**516-487-0025**

<https://www.gnsocialcenter.org/>

Services Offered: Family Support Services, Recreation

Hagedorn Little Village School  
750 Hicksville Road Seaford, NY 11783  
**516-520-6000**

<https://littlevillage.org/>

Services Offered: Day Services/Day Habilitation

HAUP, Inc.  
197-17 Hillside Avenue Hollis, NY 11423  
**718-527-3776**

<https://www.haupinc.org/>

Services Offered: Family Support Services

Halo Network of Services  
300 Merrick Road Amityville, NY 11701  
**631-789-7373**

<https://www.halonetworkinc.com/>

Services Offered: Community Habilitation, Employment Services, In-Home Services, Self-Direction Services

Hamaspik Center for Human Services  
4102 14th Avenue Brooklyn, NY 11219  
**718-387- 8400**

<https://www.hamaspikings.org/>

Services Offered: Community Habilitation, In-Home Services, Self-Direction Services

HASC Center  
6701 Bay Parkway 2nd Floor Brooklyn, NY 11204  
**718-686-5900**

<https://hasc.net/>

Services Offered: Family Support Services, In-Home Services, Respite Services

Head Injury Association  
300 Kennedy Drive Hauppauge, NY 11788  
**631-543-2245**

<https://www.headinjuryassoc.org/>

Services Offered: Day Services/Day Habilitation, Residential Services

Helen Keller Services  
1 Helen Keller Way Hempstead, NY 11550  
**516-485-1234**

<https://www.helenkeller.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, Employment Services, Family Support Services, In-Home Services, Residential Services, Respite Services

Helping Hands Behavioral Outreach  
191 Sweet Hollow Road Old Bethpage, NY 11804  
**516-870-7826**

Services Offered: Family Support Services, Recreation

HCS  
1042 38th Street Brooklyn, NY 11219  
**718-854-2747**

<https://www.hcsny.org/>

Services Offered: Community Habilitation, In-Home Services, Respite Services

Humans First  
1 Michael Ave Farmingdale, NY 11735  
**631-321-1101**

<http://www.humanfirst.org/>

Services Offered: Community Habilitation, Crisis Intervention, Employment Services, Family Support Services, Financial Assistance, Housing/Individual Support Services, In-Home Services, Recreation, Respite Services, Waiver Services

Innovative Resources for Independence  
12-40 Francis Lewis Boulevard Queens Village, NY 11429  
**718-805-6696**

<https://iriny.org/>

Services Offered: Care Coordination, Community Habilitation, Crisis Intervention, Day Services/Day Habilitation, Employment Services, Family Support Services, In-Home Services, Respite Services

Iyaho Social Services  
71 North Franklin Hempstead, NY 11550  
**516-280-5930**

<http://iyaho.org/>

Services Offered: Family Support Services, In-Home Services, Respite Services

The Marion & Aaron Gural JCC  
207 Grove Avenue Cedarhurst, NY 11516  
**516-569-6733**

<https://www.guraljcc.org/>

Services Offered: Family Support Services, Financial Assistance

Jewish Union Foundation  
40 Rector Street 4th Floor New York, NY 10006  
**347-523-4590**

<https://jufny.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, Employment Services, Family Support Services, In-Home Services, Respite Services

Job Path  
256 West 38th Street 2nd Floor New York, NY 10018  
**212-944-0564**

<https://www.jobpathnyc.org/>

Services Offered: Employment Services

Kulanu Center for Special Services  
620 Central Avenue Cedarhurst, NY 11516  
**516-569-3083**

<https://kulanukids.org/>

Services Offered: Care Coordination, Community Habilitation, Day Services/Day Habilitation, Employment Services, Family Support Services, In-Home Services, Recreation, Respite Services, Self-Direction Services

Labor & Industry for Education  
112 Spruce Street Cedarhurst, NY 11516  
**516-374-4564**

<https://lifetech.org/>

Services Offered: Family Support Services, Financial Assistance, In-Home Services, Respite Services

Life's WORC  
1501 Franklin Avenue P.O. Box 8165 Garden City, NY, 11530  
**516-741-9000**

<https://lifesworc.org/lifes-worc-hub/>

Services Offered: Care Coordination, Community Habilitation, Day Services/Day Habilitation, Employment Services, Family Support Services, Financial Assistance, Housing/Individual Support Services, In-Home Services, Recreation, Residential Services, Respite Services, Waiver Services

Lifespire  
1 Whitehall Street 9th Floor New York, NY 10004  
**212-741-0100**

<https://www.lifespire.org/>

Services Offered: Day Services/Day Habilitation

Little Flower Children and Family Services of New York  
2450 North Wading River Road Wading River, NY 11792  
**631-929-6200**

<https://www.littleflowerny.org/>

Services Offered: Community Habilitation, Family Care, In-Home Services, Residential Services

Long Island Advocacy Center  
999 Herricks Road New Hyde Park, NY 11040  
**516-248-2222**

<https://theliac.org/>

Services Offered: Care Coordination, Family Support Services, Parent Advocacy and Training

The Long Island Toy Lending Center  
116 Merritts Road Farmingdale, NY 11735  
**516-889-8287**

<https://longislandtoylendingcenter.com/>

Services Offered: Family Support Services, Recreation

Makor  
1556 38th Street Brooklyn, NY 11218  
**718-853-0900**

<https://makornetwork.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, Family Support Services, In-Home Services, Respite Services

Martin de Porres School for Exceptional Children  
621 Elmont Road Elmont, NY 11003  
**516-502-2840**

<https://www.mdp.org/>

Services Offered: Residential Services

Meaningful NY Initiatives for People with Disabilities, Inc.  
81 Willoughby Street Suite 502 Brooklyn, NY 11201  
**631-678-5150**

<https://meaningfulny.org/>

Services Offered: Community Habilitation, Family Support Services, In-Home Services, Respite Services, Self-Direction Services

Mercy Home  
273 Willoughby Avenue Brooklyn, NY 11205  
**718-832-1075**

<https://www.mercyhomeny.org/>

Services Offered: Community Habilitation, In-Home Services, Residential Services

Metropolitan Development Center  
1049 38th Street Brooklyn, NY 11219  
**718-633-3334**

<https://www.metdevcenter.org/>

Services Offered: Community Habilitation, Family Support Services, In-Home Services, Respite Services, Self-Direction Services

Mid-Island Y JCC  
45 Manetto Hill Road Plainview, NY 11803  
**516-822-3535**

<https://mijicc.org/>

Services Offered: Family Support Services, In-Home Services, Respite Services

Mill Neck Services  
40 Frost Mill Road P.O. Box 100 Mill Neck, NY 11765  
**516-922-4100**

<https://www.millneck.org/>

Services Offered: Community Habilitation, Care Coordination, Day Services/Day Habilitation, Employment Services, Family Support Services, Financial Assistance, Housing/Individual Support Services, In-Home Services, Recreation, Respite Services, Self-Direction Services, Waiver Services

Nassau BOCES  
71 Clinton Road P.O. Box 9195 Garden City, NY 11530  
**516-396-2500**

<https://www.nassauboces.org/>

Services Offered: Employment Services

Nassau County Office for the Aging  
60 Charles Lindbergh Boulevard Uniondale, NY 11553  
**516-227-8900**

<https://www.nassaucountyny.gov/1438/Aging>

Services Offered: Day Services/Day Habilitation

New Horizon Counseling Center  
50 Clinton Street, Hempstead, NY 11550  
**718-327-7202**

<https://www.nhcc.us/>

Services Offered: Counseling, Family Support Services

Nicholas Center  
382 Main Street Port Washington, NY 11050  
**516-767-7177**

<https://tncnewyork.org/>

Services Offered: Community Habilitation, Employment Services, In-Home Services

North Hempstead Recreation Program  
1801 Evergreen Avenue New Hyde Park, NY 11040  
**516-869-6311**

<https://www.northhempsteadny.gov/parks>

Services Offered: Family Support Services, Recreation

North Shore Child and Family Guidance Center  
480 Old Westbury Road Roslyn Heights, NY 11577  
**516-626-1971**

<https://northshorechildguidance.org/>

Services Offered: Care Coordination

NYS AHRC New York City Chapter  
83 Maiden Lane New York, NY 10038  
**212-780-2500**

<https://www.ahrcnyc.org/>

Services Offered: Camp, Family Support Services, Recreation

Ohel Children's Home and Family Services  
156 Beach 9th Street 2nd Floor Far Rockaway, NY 11691  
**800-603-6435**

<https://www.ohelfamily.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, Employment Services, Family Support Services, In-Home Services, Parent Advocacy and Training, Residential Services

Ostar Family Services  
2324 West 13th Street Brooklyn, NY 11223  
**718-946-7301**

<https://www.otsar.org/>

Services Offered: Community Habilitation, Family Support Services, In-Home Services, Respite Services

Parent to Parent of NYS  
415 A Oser Avenue Hauppauge, NY 11788  
**631-434-6196**

<https://www.ptopnys.org/>

Services Offered: Evaluation, Intake and Referral, Family Support Services

PCCS  
150 Granite Avenue Staten Island, NY 10303  
**718-370-1088**

<https://pccsny.org/>

Services Offered: Community Habilitation, Family Support Services, In-Home Services, Respite Services, Self-Direction Services

PLUS Group Homes  
1228 Wantagh Avenue Suite 201 Wantagh, NY 11793  
**516-409-9450**

<https://www.plusgrouphomes.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, In-Home Services, Residential Services

QSAC

1403 Broadway Hewlett, NY 11557

**212-244-5560**

<https://www.qsac.com/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, Family Support Services, In-Home Services, Residential Services Respite Services

Rayim

62 Rutledge Street #101 Brooklyn, NY 11249

**718-946-7700**

<http://www.rayim.org/>

Services Offered: Day Services/Day Habilitation, Family Support Services, In-Home Services, Residential Services, Respite Services, Self-Direction Services

TRI Business & Career Center

191 Bethpage-Sweet Hollow Road Old Bethpage, NY 11804

**516-741-2010**

<https://triworks.org/>

Services Offered: Day Services/Day Habilitation, Employment Services

Rewarding Environments for Adult Living Inc.

32 Belmont Boulevard Elmont NY 11003

**917-688-1838**

<https://www.real-nyc.org/>

Services Offered: Community Habilitation, Employment Services, Family Support Services, In-Home Services, Respite Services

Rise Life Services

901 E. Main Street – Suite 508 Riverhead, NY 11901

**631-727-6220**

<https://riseliveservices.org/>

Services Offered: Community Habilitation, In-Home Services, Residential Services

SKIP of New York

318 West 39th Street, 5th Floor New York, NY 10001

**212-268-5999**

<https://www.skipofny.org/>

Services Offered: Community Habilitation, In-Home Services



SCO Family of Services  
1415 Kellum Place - Suite 140 Garden City, NY 11530

**516-671-1253**

<https://sco.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, Family Care, In-Home Services, Residential Services

Shield Institute  
144-61 Roosevelt Avenue Flushing, NY 11354

**718-939-8700**

<https://www.shield.org/>

Services Offered: Day Services/Day Habilitation

Sid Jacobson JCC  
300 Forest Drive East Hills, NY 11548

**516-484-1545**

<https://www.sijcc.org/>

Services Offered: Day Services/Day Habilitation, Employment Services, Family Support Services, In-Home Services, Recreation, Respite Services

Special Care for Families & Children's Services  
1421 East 2nd Street Lower-Level Brooklyn, NY 11230

**718-252-3365**

<http://www.specialcarefcs.com/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, Family Support Services, In-Home Services, Respite Services

Springbrook  
105 Campus Drive Oneonta, NY 13820

**607-286-7171**

<https://springbrookny.org/>

Services Offered: Community Habilitation, In-Home Services

The Special Children's Center  
2221 Ocean Avenue Brooklyn NY 11229

**732-367-0099**

<https://www.thecenternj.org/>

Services Offered: Family Support Services, In-Home Services, Respite Services

Tiegerman  
100 Glen Cove Avenue Glen Cove, NY 11542  
**516-609-2000**

<https://www.tiegerman.org/>

Services Offered: Community Habilitation, Day Services/Day Habilitation, Employment Services, Family Support Services, In-Home Services, Residential Services, Respite Services

Town of Hempstead Anchor Program  
630 Lido Boulevard Lido Beach, NY 11561  
**516-414-6505**

<https://www.campanchor.org/>

Services Offered: Camp, Family Support Services, Recreation

Town of Oyster Bay Recreation  
977 Hicksville Road Massapequa, NY 11758  
**516-797-7945**

<https://oysterbaytown.com/departments/parks/recreation-division-and-activities/>

Services Offered: Family Support Services, Recreation

Tri-County Care  
33-10 Queens Boulevard Suite 302 Long Island City, NY 11101  
**844-504-8400, Opt. 0**

<https://tricountycare.org/>

Services Offered: Care Coordination

Variety Child Learning Center  
47 Humphrey Drive Syosset, NY 11791  
**516-921-7171**

<https://www.varietyclc.org/>

Services Offered: Day Services/Day Habilitation, Family Support Services, In-Home Services, Respite Services

YAI – Young Adult Institute  
220 East 42nd Street 8th Floor New York, NY 10017  
**212-273-6100**

<https://www.yai.org/>

Services Offered: Care Coordination, Day Services/Day Habilitation, Employment Services, Family Support Services, Financial Assistance, Housing/Individual Support Services, In-Home Services, Residential Services, Respite Services, Waiver Services